

Develop your perspective on time. 4 week series starting 26th Feb

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We've produced a short video for you to enjoy. Take a minute and treat yourself. If you like it, share it.

Never have enough time? Find that life is pulling you in all different directions?

Here at 43 LG, we are starting a 4 week sermon series full of relatable tips and tools on how to make the most of your time.

Join us each Sunday from **11am – 12.15**

Dates: **26th Feb, 4th, 11th & 18th March**

Venue: **43 Lancaster Gate, W2 3NA** and if you can't make it into London join us on Ustream at: **Family Fireplace Live** (www.ustream.tv/channel/familyfireplacelive)

Why would you want to get good at managing your time? I mean how boring, and dull could you get?
Or...

Would you like to experience **greater freedom** in your life? ...to do all the many, many things that you love to do in your free time.

Would you like a more stress free life? ... to be at **peace**.

Would you like to successfully pursue your dreams and **God given hopes**? ...to be able to fulfil your potential in any given field that you are passionate and talented in (e.g. sport, dance, music, science, business, public life, etc...)



If you want freedom, peace of mind, and fulfilment in your life you *will* learn to get good at being in control of what happens to the 24 hours that you are given each day.

The **first blessing** God gives us in our life is the **freedom to become a mature and fruitful person**. It means to unite our mind and body so that we can come to reflect God's character and live in the direct dominion of His love.

Time management is an expression of mind and body unity. 'I think something and then I do it.' Rather than, I think something, and then I delay it, avoid it, make excuses for why I haven't done it, and then try hard to forget I haven't done it.

i.e. mind and body unity is also the opposite of procrastination

Each week we will explore a different aspect of time management from both a spiritual and practical perspective, and give you the opportunity to practice a different exercise during the week to make the theory a reality for your daily life.

Ephesians 5:15-17

Be very careful, then, how you live— not as unwise but as wise, making the most of every opportunity, because the days are evil (short).

Therefore do not be foolish, but understand what the Lord's will is.