

Blessing and Family Newsletter: 6 Hours a Week to a Better Relationship

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BLESSING & FAMILY MINISTRY
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*"As you continue to live for the sake of your spouse, your selfish mind disappears completely."
- True Parents*



Early Bird Ends This Sunday! **24+ Connect Retreat Coming to Sunny LA!**

Don't miss out on an awesome extended weekend in the beautiful San Gabriel Mountains north of LA!

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6 Hours a Week to a Better Relationship

All of your relationship problems cannot be solved by reading a book, attending a weekend workshop, or enrolling in couples therapy. With that said, learning what distinguishes happy couples from unhappy ones can change the course of how you and your partner love each other...

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Relationships Are Like Seesaws

In this short clip, marriage expert Michelle Weiner Davis gives a simple example of how we can affect change in our relationships by changing our part of the pattern.

[WATCH VIDEO](#)



Is "Consequence" A Dirty Word?

Positive relationships form the foundation of all effective discipline. The safety and security this provides allows all children to begin seeing the connections between their choices, actions, and resulting consequences. When delivered with love and empathy, logical consequences help provide accountability...

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