

LVFC Completes 7th 40-Day Hoon Dok Condition

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On Sunday, The Las Vegas Family Church members completed the 280th day of the morning exercise and Hoon Dok Hae condition beginning every morning at 6:00AM since June 2015. True Mother inspired the members to participate in this condition. Since then, the members have testified to the strong community bond they feel when fulfilling a condition together.

Everyone becomes more healthy through exercise and some people share about how the daily Hoon Dok Hae message inspired them. Visitors from out of state also come to join the local members in the morning exercise and Hoon Dok Hae condition. The visitors often comment that they have not read Hoon Dok Hae in a large group setting for many years and shared that being with the local members inspired them to do a similar condition when they return home.

Following True Mother's direction by continuing this Hoon Dok Hae condition has been a wonderful experience full of many blessings.