

FFWPU USA Blessing and Family Ministry: Your Own Stuff Matters

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July 14, 2023



FAMILY FEDERATION

The Newsletter

Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

July 14th, 2023

Hello family. MatchNet Matching prep course. Our Own Stuff Matters. Local Sunday Service livestreams.

what's new?

The MatchNet logo, featuring the word "MatchNet" in a bold, sans-serif font. The text is overlaid on two overlapping circles, one light blue and one light pink, which are partially obscured by the text.

MatchNet

Interested in learning about or how to prepare for the Matching and Blessing?
Check out the MatchNet 7-step program

[Learn More About MatchNet](#)

food for thought



"Your Own Stuff Matters" – In her book *The Conscious Parent*, Dr. Shefali Tsabary says, "Through our children, we get orchestra seats to the complex theatrics of our immaturity, as they evoke powerful emotions in us that can cause us to feel as though we aren't in control—with all the frustrations, insecurity, and angst that accompanies this sensation."

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MatchNet

An intentional, family-driven engagement process.
Being the right person, then finding the right person.

What is MatchNet?

MatchNet is a step-by-step guide for *your* family.

For singles to become an *extraordinarily marriageable* person and find a partner that shares your vision and values for the Blessing. We have a step-by-step process to prepare well for the Blessing based on years of experience.

For parents to build a beautiful partnership with your child on their journey to the Blessing. We have a course that is just for parents about everything you need to know about the Matching Process.

For couples who want to prepare well for the Blessing and start their marriage on the right foot. We have a course that guides you through the step-by-step process of preparing for the Blessing day.

Our team of caring mentors uses decades of experience and research to guide you



through the best possible matching experience.



Join MatchNet

What's Inside?

7-Step Matching Prep Course

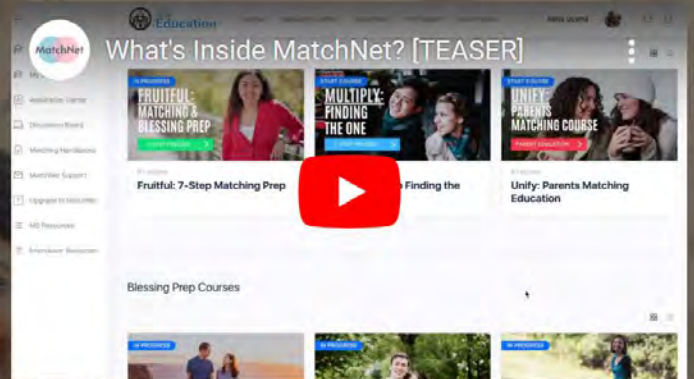
A step-by-step process that stimulates you to grow and become an extraordinarily marriageable person. Includes Levels 1-3 Blessing Education.

7-Step Finding the One Course

A step-by-step process that guides you through every step of the Matching Process.

Parents Matching Education Course

An educational track for parents to learn about the Matching Process and create unity within the parent-child relationship.



Join MatchNet

Programs Designed for You

Wherever you're at—single, searching, or in a relationship—we have content for you.

FRUITFUL



7-STEP MATCHING PREP PROGRAM
Completed in 7 months or less (for all ages)

- Stimulating Videos
- Community Discussion
- Weekly Inspirations

- 1 GET CLEAR ON THE BLESSING**
Step 1 is all about the blessing and understanding what it means to you.
- 2 UNDERSTAND THE MATCHING PROCESS**
Step 2 is all about the Matching Process. By the end of this step, you will have a solid understanding of how the process works and what you can expect.
- 3 LEARN BEST PRACTICES FOR THE MATCHING PROCESS**

MULTIPLY



7-STEP FINDING THE ONE PROGRAM

- Stimulating Videos
- Community Discussion
- Weekly Inspirations

- 1 REVIEW YOUR MATCHING PLAN**
Your Matching Plan will be your compass to navigate the Matching Process together with your team.
- 2 ACTIVATE YOUR TEAM**
Once you've already been through the step of assembling your team in the previous course, the next step is to activate your team. Activate means to let them know that you're ready to start looking.
- 3 CREATE A STELLAR MATCHING PROFILE**
This Step might be a bit intimidating for some of you. We understand! Many couples have found each other through!

Step 4 dives deeper into the best practices regarding preparing for the Blessing.

4 ASSEMBLE YOUR TEAM
Step 4 is all about getting your team together. By the end of this step, you should have a clear idea of who you want on your team and begin communicating with them.

5 CREATE A MATCHING PLAN
Step 5 will guide you through the process of creating your Matching Plan and getting on the same page with your team (family).

6 BECOME A MATCHING CANDIDATE
This is the final step to becoming an outstanding Matching Candidate!

7 READY FOR A MATCHING PROCESS!
Step 7 will help you answer the question, "Am I ready?" Our goal is to help you feel confident to begin looking for a potential Matching partner and receive the Blessing.

Disclaimer: No process is guaranteed to succeed, but following the 7-step process outlined in this program will bring you the closest to seeing success in your Matching Process and Blessing. The more you put into it, the more you will benefit.

one of the Matching websites that our faith community has developed.

4 PROACTIVELY REACH OUT
Reaching out means being proactive about your Matching Process. This step gives detailed instructions and advice about how to find a potential Matching Candidate and connect.

5 INTRODUCTION PHASE
The purpose of the Introduction Phase is to help you decide together if you would like to pursue the relationship and continue to the Communication Phase.

6 COMMUNICATION PHASE
The Communication Phase can be the most exciting and sometimes challenging part of the Matching Process. If you need further support, please reach out to your team or someone for support!

7 COMMIT TO THE BLESSING
This Step is about making a decision to move forward to receive the Blessing. We provide key advice to help you make a decision in a healthy and God-oriented way.

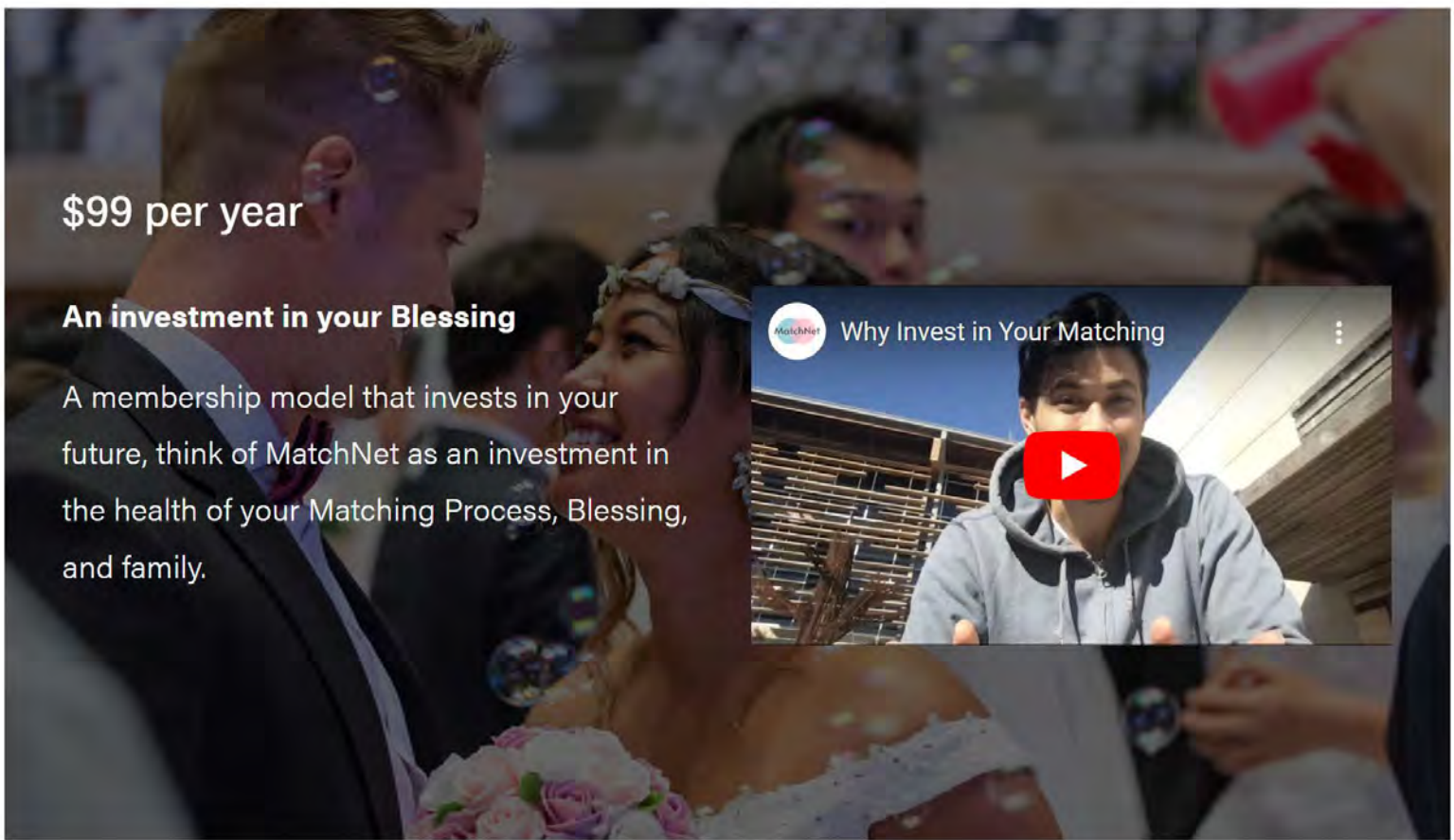
Disclaimer: No process is guaranteed to succeed, but following the 7-step process outlined in this program will bring you the closest to seeing success in your Matching Process and Blessing. The more you put into it, the more you will benefit.

[Start Your Journey](#)

\$99 per year

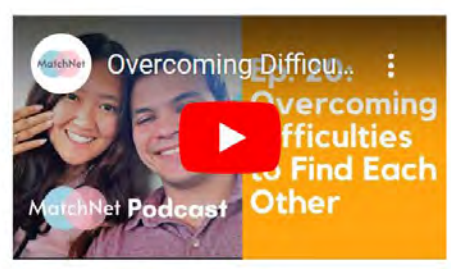
An investment in your Blessing

A membership model that invests in your future, think of MatchNet as an investment in the health of your Matching Process, Blessing, and family.



Why Invest in Your Matching

Here's how MatchNet helped Josh & Rika



MatchNet Podcast

Overcoming Difficulties to Find Each Other

What You Will Gain

By the time you finish the program, you will:

- Have a better understanding of yourself, the Matching Process, and the meaning of the Blessing

- Have more unity and understanding within your family and Matching team
- Know best practices to find and communicate with a potential Matching partner
- Be an upstanding Matching Candidate ready to start a Matching Process

7-Month Timeline

The 7-month timeline is designed to be very easy to complete, and you can feel free to move ahead or take a break.

Even if you're not ready to begin a Matching Process, the focus of MatchNet is education and preparation *before* finding someone.

Here's a teaser...

"Visualizing Your Blessing"



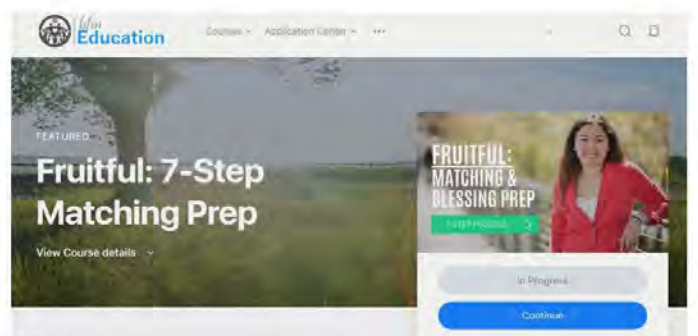
"The Matching Process"



For Singles

Stage 1. Foundation - Become the best version of yourself—an extraordinarily marriageable you—before beginning a relationship.

Stage 2. Connection - Put your best foot forward to connect with a Matching partner who shares your values and vision for the Blessing.

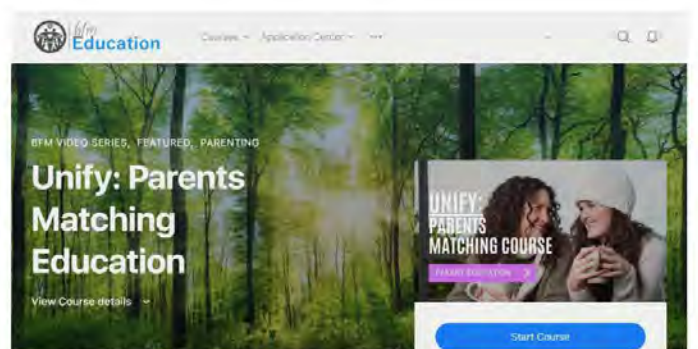


What's inside:

- Blessing Education - create a clear vision for your Blessing and take the steps to get there. Watch video courses that will help you prepare for a relationship and the Blessing.
- Access to the best Matching team around.
- Display your involvement with MatchNet on a Matching Website. Use tried-and-true best practices to connect with a potential matching partner.

For Parents

The *Matching Process* is an intentional family-driven process towards the Blessing. Gain access to practical tools, guidance, and best practices for how to work as a parent-child



team. Parents are encouraged to go through the program together with their child if possible.

We even have a course just for parents!

What's inside:

- Matching Education just for Parents
- Start together - Watch Blessing education courses and create a clear Matching Plan with your child.
- Connect with our team for extra support and questions.

Invest in your Matching & Blessing

\$99/year

MatchNet is an investment in your Matching Process and Blessing. Get support and join the community for 1 year at a discounted price of \$99 for the entire year.

[Get Started Today](#)



FAQ

How long will it take to complete the program?

The program is designed to allow you to go through the content at a comfortable pace.

As a general guideline, you will be able to complete the 7-step program within seven months if you spend just 1 hour per week on the program.

If you're feeling ambitious, you can

Is it for Singles or Parents?

It's for BOTH singles and parents! The educational content of MatchNet is designed for single individuals who are preparing for the Matching Process and Blessing, as well as parents who want to know how to help their child navigate the Matching Process.

We encourage parents and children to go through the content together if possible.

There is even a course that is just for

Is MatchNet available to all nations?

Yes, the educational content is perfect for people of all nations. However, the process to become a qualified Matching Candidate differs depending on your region.

Please check with your regional BFD to confirm your application process.

All course content is currently only

expedite your Matching preparation by spending 30 minutes per day for a few months.

What's the inspiration behind MatchNet?

MatchNet is meant to answer the questions of *Why* and *How* when it comes to the Blessing. Why is the Blessing important to me and how can I prepare? Watch the above video for more about the inspiration.

Why is there a membership fee?

At this time, we decided to prioritize our focus on developing a quality membership program for an affordable price. All of the funds are used to help individuals prepare well for the Blessing and married life through education and community.

All of the content about the Matching Process and how to get Blessed is still available for free and has been for many years.

parents about the Matching Process.

Can a parent and child share an account?

Yes, we encourage parents and their child to go through the education together, if they wish to. Some families choose to take the courses separately and then discuss the content together, which is also perfectly fine.

available in English. Our end goal is to make MatchNet helpful and accessible to every family in the world.

Is it another Matching profile website?


MatchNet is *not* a profile-based social platform like other websites. First, it is an educational platform, then secondly, it is a platform for connection. We work to support the already-existing Matching websites of our faith community.

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BLESSING & FAMILY MINISTRY of FFWPU-USA

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Your Own Stuff Matters

7/11/2023



In her book *The Conscious Parent*, Dr. Shefali Tsabary says, "Through our children, we get orchestra seats to the complex theatrics of our immaturity, as they evoke powerful emotions in us that can cause us to feel as though we aren't in control—with all the frustrations, insecurity, and angst that accompanies this sensation."

Back when I was still working in a classroom, one of my preschool students, Mandy, along with her mom, arrived on Monday morning to find out that she had been switched to the Orange Group for the last week of summer camp. Mandy didn't adapt well to new situations and was a little anxious about the change. Since she had several friends in the Orange Group, I was sure that she would do fine with some time to settle in.

However, the situation quickly escalated because her mother became upset and went to speak with one of the administrators, dragging Mandy with her. In front of her daughter, the mom complained loudly, with a few choice swear words thrown in, about how unfair this was to her daughter, demanding a refund for the week. Clearly, the daughter wasn't the only one getting emotional!

As parents, how often have we done this? We step in to speak for our child, fight their battles, or go to bat when we feel that a teacher or a friend is treating them unfairly. We have the best of intentions and we act out of love, but what kind of message are we really sending? Some experts call this being a "helicopter parent." The parent hovers over their child and rescues them from the hostile world in which they live. To "protect" them, they take on the responsibilities of the child and give them the message that they cannot handle things. Instead, children need to hear this message from us: "I love you and you can do this. I believe in you, and I am here if you need my help."

If we are honest with ourselves, many times the challenges that our child faces trigger feelings within us of fear, anxiety, and being unworthy or inadequate. We may connect with memories of being bullied or misunderstood. Starting from our own self-awareness, we need to stop and ask ourselves, "Am I dealing with my child in a healthy manner, or am I being triggered by something from my own past?"

There is a reason we are getting upset, giving in, or overreacting. Learning about what causes us to react and understanding why some things bother us more than others is an important part of parenting. Getting triggered is when we have an intense physical or emotional reaction to an event or interaction. Often something our child or someone else says or does connects us to a difficult childhood memory. At times, we can work through these challenges on our own, but sometimes we need the support of a friend, coach, or mental health professional, and that's okay.

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Parenting and grandparenting gives us the tremendous opportunity to reparent ourselves!
If you are interested in getting support in this process, visit my website and see the tools that I use in my coaching practice. [Coaching With Myrna](#)

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