

**FFWPU USA Blessing and Family Ministry: 51+ Connect and 21+ Virtual Retreat Registrations Still Open!**

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September 22, 2023



**FAMILY FEDERATION**

**The Newsletter**

## **Blessing & Family Ministry**

MATCHING | MARRIAGE | PARENTING

September 22, 2023

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**Hello family. 51+ Connect retreat. MatchNet Podcast episode. Join MatchNet. Falling in love with the outdoors. Find a local Sunday service livestream.**

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### *events*

## **51+ Connect Virtual Retreat**



The 51+ Matching Connect is a virtual meeting to create an opportunity for First Gen singles who are at least 51 years old to connect with their peers with the hope

of finding their eternal spouse. This year, First Gen who are at least 46 years old are invited to join. This meeting is free of charge, but requires a registration.

The meeting will take place on **Saturday, October 7, 2023** from 3:00 PM to approximately 8:00 PM EST.

If you have any questions or concerns, feel free to reach out to either Christian Nseka [cNSEKA@unification.org](mailto:cNSEKA@unification.org) or Anne-Marie Mylar [amie2013@gmail.com](mailto:amie2013@gmail.com).

[register here](#)

[more program information](#)

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## 21+ Connect Virtual Retreat Registration



There are still a few spots left for the upcoming 21+ Connect retreat! The retreat will take place on September 29 - October

1, 2023. Save your spot!

[register now](#)

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*listen*

## Why Internal Character Is More Important Than External Achievements (Korea Vlog)



What lens are you using when searching for a potential match—an internal or external lens? In this episode, Benjy reflects on getting Blessed at 18 and prioritizing internal growth before external achievements.

*MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.*

[listen now](#)

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*what's new?*

## Join the MatchNet Program!



**MatchNet is a step-by-step guide for your family.**

For **singles** to become an *extraordinarily marriageable* person and find a partner that shares your vision and values for the Blessing through a step-by-step process to prepare well for the Blessing.

For **parents** to build a beautiful partnership with your child on their journey to the Blessing with a course that is just for parents.

For **couples** who want to prepare well for the Blessing and start their marriage on the right foot with a course that guides you step-by-step through preparing for your Blessing day.

Our team of caring mentors uses decades of experience and research to guide you through the best possible matching experience.

[join matchnet!](#)

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*food for thought*

**Fall in Love with the Outdoors**





Did you know the average North American child now spends about seven hours a day staring at screens and mere minutes engaged in unstructured play outdoors? Yet recent research indicates that experiences in nature are essential for healthy growth. Regular exposure to nature can help relieve stress, depression, and attention deficits. It can reduce bullying, combat obesity, and boost academic scores. Most critical of all, abundant time in natural settings seems to yield long-term benefits in kids' cognitive, emotional, and social development. Of course, spending time outdoors is important for adults as well!

[Read more](#)

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*connect*

## Local Sunday Service Livestreams



*Stay connected by tuning into one of our livestreamed Sunday Services across the nation!*

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# About the Second 51+ Matching Connect

We're excited to have you join us for our second 51+ Matching Connect.

Thank you for registering to join us on Saturday, October 7, 2023.

Please note that the meeting will start at 3:00 PM (Eastern Time), which is:

- 2:00 PM (Central Standard Time)
- 1:00 PM (Mountain Standard Time)
- 12:00 PM (Pacific Standard Time)

Click [here](#) for a time zone reference.

Since we'll be meeting on Zoom, it will be best that you:

1. Look your best. This does not necessarily mean to wear a suit or nice dress, but simply look good. Nice lighting, hair well put together, etc. There might be someone who will see you for the first time.
2. Have reliable internet connection
3. Use a computer or laptop rather than a phone
4. Keep your video on at all times
5. Mute when not speaking
6. Be respectful of others whether in the main room or breakout rooms
7. Very important: Do not share the meeting link with anyone.
8. Login to Zoom at least 10 minutes before the meeting starts to make sure that your camera, speakers, and microphone are working properly.

Below is the tentative schedule.



# Schedule

**Saturday, October 7, 2023**

**Note:** All times are Eastern Time (New York—USA). Click [here](#) for a time zone reference.

- 3:00 PM Letting participants into the meeting
- 3:05 PM Welcome and Opening Prayer
- 3:10 PM Introduction of the program (going over the schedule) —  
*Christian Nseka and Anne-Marie Mylar*
- 3:25 PM Open the floor for any questions in case clarification is needed
- 3:35 PM First breakout session
- 3:45 PM Individual Reflection (or any question)
- 3:50 PM Second breakout session
- 4:00 PM Individual Reflection (or any question)
- 4:05 PM Third breakout session
- 4:15 PM Individual Reflection (or any question)
- 4:20 PM Fourth breakout session
- 4:30 PM Individual Reflection (or any question)
- 4:35 PM Fifth breakout session
- 4:45 PM Individual Reflection (or any question)
- 4:50 PM Sixth breakout session
- 5:00 PM Individual Reflection (or any question)
- #: # PM (There will be as many breakout sessions as needed)*
- #: # PM (The program's length will depend on number of participants)*
- #: # PM Open floor & requests to meet with a specific single once more*
- 8:00 PM End of the program (*Tentative ending time*)





## **A bit more on... One-on-One Conversations**

We acknowledge that the thought of a one-on-one with someone in a Zoom breakout might bring out a mix of emotions. Maybe that's exciting for you, maybe it generates some nervousness, or both.

### **What it looks like:**

- Your discussion group will be divided into pairs (for 10 minutes) providing an opportunity for a short discussion of approximately 5 minutes per person.

### **The purpose:**

- We encourage you to see this not just as a way to find out if someone is "right for you" or not, but to also practice asking good questions and really listening to people.
- This gives you an opportunity to connect more personally to each of the participants.
- It will also help you to find out whether you are right for the person you are having a conversation with.

### **Tips:**

- Be open to meeting new people!
- Ask questions that bring out the best in others.
- Avoid asking questions that put others in an uncomfortable position.
- Ask questions of what you're really curious to know about.