

True Father: You must grow every day!

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Photo date and location unknown

Anyonghaseyo, dear brothers and sisters!

Here again some inspiration, based on the words of True Father and True Mother:

True Father: "My topic is experience of heart, mind and blood. How do we experience things deeply? We must be pure and without resistance, always developing a loving mind. The solution is to be loving, and also trying to open your mind to receive love. Unhappiness is not being able to give and receive love, even though you want to." [1]

The key for our happiness is to purify ourselves and to develop a loving heart. The key is to advance in heart and love at any opportunity. The key is to never stagnate in the field of love, but to progress:

True Father: "Stoppage of growth is equivalent to death. Who shall make you grow, who shall nurture you? You yourself will help yourself grow. You must grow every day." [2]

We are able to purify ourselves and liberate our original heart more and more, so that all the limitations of love will disappear; so that we are free to love, instead of staying slaves to fallen nature, which always tries to push us away from developing true love, by giving us wrong thoughts and feelings that are not from God and have nothing to do with true love, nothing to do with God's desire.

Our fallen nature is always resisting the development of a loving heart. If someone offends us or treats us unfair, it tells us to hit back, to resent that person. By doing this we grow in fallen nature, but not in heart. We attract resentful spirits. They push us even more in a wrong direction. And they always help us to justify in front of ourselves what we are doing.

Our fallen nature pushes us into arrogance, jealousy and all kinds of other wrong attitudes and wrong ways of thinking that are not on God's wave length. All this blocks us from purifying ourselves, from becoming people of Godly love, from whose heart the love of God can freely flow.

But we are not obliged to follow fallen nature and evil spirits, staying in the realm of false love and conflict all our life. We have the power to rise above all this and become people in God's image. We have the power to bring our thoughts, feelings, words and actions on the wave length of God, creating true mind body unity. This must be our first priority:

True Father: "We sometimes say that your conscience spansk you, but you must be beyond the level of conscience, at the point where love is your guiding light." [3]

The love of God's quality of love must become our guiding light. We need to advance towards that kind of love all the time. This love is unchanging and unconditional. It embraces everyone, no matter who that may be. It knows no resentment, hatred, envy, arrogance etc.

If someone does wrong to us, we will not see red anymore, but see it as a chance to advance in heart, to become more like God.

As we advance in this direction we can see ourselves grow. The fallen nature which made us struggle with people and with ourselves in the past, will lose power over us. We break free from it and become those people that we are meant to be, free to love everyone the way God does, demonstrating a level of love that the world has not seen yet:

True Father: "The mission of restored man/woman is to demonstrate a higher quality of love than ever existed in the satanic world." [4]

True Mother: "You should show them [the people] what kind of person you are and tell them you became what you are because of True Parents, and encourage them to join you. That is what True Parents meant by starting a true love movement." [5]

Our first and foremost mission is to become people in God's image, through whom the nature of God becomes visible in this world. The faster that happens, and the more of us do it, the faster the world will be restored.

Love from Bruno

1. Life of experience in the realm of heart: www.tparents.org/Moon-Talks/SunMyungMoon81/810315.htm
2. Unification Church National conference: www.tparents.org/Moon-Talks/SunMyungMoon90/901219.htm
3. The sound of the bell of the mind: www.tparents.org/Moon-Talks/SunMyungMoon79/790128.htm
4. The desire of all things: www.tparents.org/Moon-Talks/SunMyungMoon77/770617.htm
5. True Mother, to sec. Gen. 18.12.14 in Las Vegas: www.tparents.org/Moon-Talks/HakJaHanMoon-14/HakJaHan-141218.pdf