

## **Couples Retreat**

## Prague, Czech Republic, May 24 - 27, 2018

By Orlande Schenk

live couples and five staff met for a Blessed Couples Retreat in Czech Republic on May 24th to 27th organized by the ESGD. We kicked off the retreat with a delicious dinner and an unexpectedly exciting round of bowling!

All of the participating couples were Blessed last September which made

this retreat very unique from previous ones.

The mornings involved a variety of talks and discussions ranging from practical advice about healthy communication to spiritual advice about living a life for others as a couple. The afternoons were spent walking in nature, playing sports, and one day exploring Prague. Most of the

staff came as couples which added an extra nice atmosphere to the workshop.

The couples appreciated meeting and getting to know other couples. As well as the chance to reflect deeper about the meaning of the Blessing and what kind of lifestyle and traditions they would like to create in their couple and future family.



