

Pain Traveling Through Our Family Line Until Someone Heals It

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A long time ago I had a good medical doctor, Dr. Teubl. By good I mean caring, welcoming, listening well, loving, emphatic, hopeful, with faith in God and prayerful. The moment you entered his office you sensed the good vibes! The good doctor was a family man, he had eight kids so he could understand all characters and personalities as he was being trained at home.

This good doctor said to me that we can overcome in one generation those problems inherited from seven previous generations. So, the remedy he gave me was a Bible verse to repeat every day. Because you see my problem was emotional not physical. I was born

just at the end of World War Two, and my mom who was carrying me lived in anxiety. She had lost the previous child because the midwife happened to be drunk.

I read the following quote online:

Pain travels through family lines until someone is ready to heal it in themselves. By going through the agony of healing you no longer pass the poison chalice onto the generation that follows, it is incredibly important and sacred work.

Doctors often ask about your family history to understand your potential health situation, so we inherit the good and not so good. In today's modern medicine there are so many different modes of healing: plants, herbs, homeopathy, energy healing, family constellation healing, spiritual healing, angels healing, prayer healing etc. Statistics have shown that a person who is prayed for heals faster, a person who goes to church can add seven years to their life.

Letting go of old stuff like toxic emotions, letting go of toxic shows, letting go of trauma, we need to break the chain. In vibrational healing it is possible even to remove stuck spiritual entities from our cells and raise our vibrations and replenish our energy through prayers, choosing good things, reconnecting with nature. Positive grateful thoughts raise our vibrations.

Since my husband was a theologian, we talked often about the sins of our ancestors and how we wished to heal all of them during our lifetime, that all generations to come will be healthy and free!

I like these quotes from Hak Ja Han Moon, Mother of Peace, about healing the pain of our ancestors:

Besides bringing the word of God, during my tours I conducted ceremonies to liberate the spirits of those whose lives had been sacrificed. The True Parents' victory upon the earth has opened the gates of resurrection in the spirit world. The members in Austria, in the spring of 2018, carried out such a ceremony. If you follow the Danube River west from Vienna for about two hours, you come to the village of Mauthausen. Amid its beautiful scenery is a visitors' center in front of a depressing and sinister-looking building. That building with its towering walls of thick, gray brick brings on tears of bitter grief, for during the Second World War it was a concentration camp. There, the Nazis incarcerated Jews and many others. Many of the almost 200,000 people that passed through Mauthausen met miserable deaths. What remains are not relics from 70 years ago. The true pain one feels there is that of the spirit persons who are stuck in that prison, trapped in their resentment. They can resurrect only after the True Parents of healing and hope can console them and alleviate their bitter resentment and sadness. ~ Hak Ja Han Moon, Mother of Peace, 2020, page 219

Holding onto the frame of the Door of No Return, I shed tears, along with the mayor of Gorée and everyone present, as I prayed for Africa to be freed from the pain and resentment caused by slavery. Liberating those who have ascended differs from comforting those who are alive on earth. Both are possible through the earnest prayer of God's only begotten Daughter, who carries the mission to save humanity. Facing the silent, grieving walls of the Slave House, I forever broke the miserable chains of Africa's oppression. ~ Hak Ja Han Moon, Mother of Peace, 2020, page 293

Your friend, Elisabeth Seidel