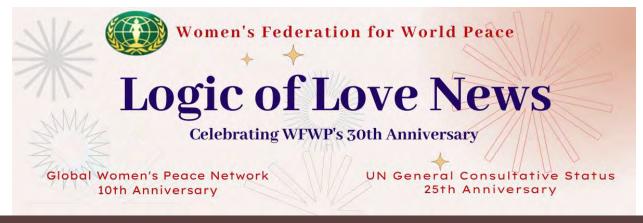
Logic of Love News for June 2022: Uplift - Celebrate - Honor

Angelika Selle June 16, 2022





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President's Corner: UPLIFT—CELEBRATE—HONOR

Dear friends and families, Happy Father's Day to all fathers out there!! And Happy Juneteenth to all Americans, especially the African-American community.

The first June edition of *Logic of Love News* is filled with articles that will inspire and uplift you and give you hope!

I believe, we can all agree, that good news is so very much needed as an antidote to the daily sad and often shocking and upsetting news we are bombarded with through the media. We need rather to direct our minds to uplifting and beautiful words that fill up our hearts and souls. And we need to remind ourselves that GOODNESS still exists and that there is hope for the future!

I invite you to catch the spirit of the article herein on the Korean Demilitarized Zone ("Making the DMZ into a 'Dream-Making' Zone"), the reflection article about "Building Bridges from the Heart," the report on the heart of honoring and uplifting one another ("First Ladies' Appreciation Luncheon"), the article in honor of Juneteenth, UPLIFT, CELEBRATE and HONOR: Remarkable Black Ladies For their Excellent Contributions, and so much more.

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Second Annual First Ladies Appreciation Luncheon, Chandler, Arizona First Global Women Peace Ambassador Award given

First Global Women Peace Ambassador Award given in the U.S. to Hon Christine Ellis

Councilwoman Christine Ellis of Chandler Arizona teamed up with support from the City of Chandler, WFWP Arizona Chairwoman Rhia Luz, <u>Universal</u> <u>Peace Federation</u> and sponsors to host the **2nd Annual First Ladies Luncheon** to give honor to the contributions of women leaders in their communities and the state.

First Lady Lynne Hartke, gave her Keynote Address via video, she gave a powerful message on the impact of her mother's role being the first married teacher in their hometown, her message inspired the audience and following her message, many other awardees spoke of their mother's impact in their lives.

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JUNETEENTH: UPLIFT, CELEBRATE and HONOR Remarkable Black Ladies For their Excellent Contributions

Editor's note: In preparation for Juneteenth, celebrating the end of legal slavery in the United States, we are sharing an event from February 2022. Often overlooked in school history books, the contributions of African American trail blazers needs to be shared far and wide. To learn more about Juneteenth click <u>here.</u>

Our speaker, Dr. Madelene Clark-Alexander, an accomplished African American herself, mesmerized the audience with the stories of those five prestigious African American women, perhaps some not well-known, who were, and one still is, trailblazers in their own special way, as she described them, saying how honored she felt to be able to recognize them. The best moments were perhaps her own sensitive takeaways she punctuated her presentation with.

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Global Women's Peace Network Women's Leadership in Reconciliation & Peacemaking 'DMZ Peace Park: Creating Bridges for a Unified Korea



Making the DMZ a Dream Making Zone

The DMZ runs for about 150 miles (240 km) across the peninsula, from the mouth of the <u>Han River</u> on the west coast to a little south of the North Korean town of Kaesong on the east coast.

At the 4th International Global Women's Peace Network (GWPN) forum under the theme, **Women's Leadership in Reconciliation & Peacemaking** - "DMZ Peace Park: Creating Bridges for a Unified Korea," two speakers from South Korea and two commentators from Japan and Switzerland respectively shared their insight about what it would take to transform the DMZ into a thriving haven for humans and nature while also fostering reconciliation and reunification on the Korean Peninsula. The program took place on June 7, 2022 and drew in the participation of **411 participants from** nine countries around the world...

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Building Bridges From the Heart

From the moment we walked into the breathtakingly beautiful home of Rev. Dave Vieweg and Rev. Tina Brown, we knew that a special experience of the heart was waiting for us.

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An article was presented on this in the last *Logic of Love Newsletter*, but this is a follow-up personal testimony about the same event...

The more that individuals prepare their hearts and understand whom they represent (not only themselves but also maybe the race, religion, or gender of the person being reconciled with) the more meaningful the experience is, not only for those who cross the Bridge but also for the participants...

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Mothers' Wisdom Continues to Inspire

WFWP Canada Hosts 7th Annual Mother-Daughter Webinar

"If every mother in the United States [and throughout the world] could wrap her mind around her true value as a woman and mother, her life would never be the same." <u>Meg Meeker Md, The 10 Habits of Happy Mothers</u>

The webinar began with the **Land Acknowledgement** by WFWP Vice President Eveline Stewart and a Song by Lauren Alaina called <u>"Like my</u> <u>mother does,"</u> followed by a welcoming speech by WFWP Canada President Lilly Tadin.

Lilly remarked that **the role of the mother is as a nurturer representing the heart of God.** She stated that every mother is a product of her upbringing. She mentioned that mothers can only love with the type of love that has been modeled for them. This is why it is so important that good examples of mothers are raised up in society...

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Experiencing and Loving Many Races and Cultures: WFWP and Me

As a member of WFWP since its inception in 1992, I've served in various capacities: state leader, regional coordinator, newsletter editor, and now I represent the local Global Women's Peace Network (GWPN). Over the years, WFWP brought me into contact with a vast array of people from many places and backgrounds with whom lasting friendships have been formed.

Growing up in Texas in the 1950s, I never traveled much. During the days of racial segregation, the other kids in school were pretty much like me: White, middle-class, Christian. It was quite bland, but it was all we knew. Today thanks to WFWP, I have traveled extensively and come to know people of various ethnicities, religions and age groups, whether at local, national or international events...

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Healing with Nature's Secrets

"If you lose your possessions, you have lost little. If you lose your reputation, you have lost a lot. But if you lose your health, you have lost everything."

This Korean saying reminds us of how essential our health is for living a happy life. As Dr. Hak Ja Han Moon explains in her memoir, *Mother of Peace – And God Shall Wipe Away All Tears From Their Eyes*, she witnessed as a child the horrors of war which prompted her to enroll in nursing school with the desire to alleviate suffering. This same feeling of compassion and concern for others motivated two local achievers in Indiana, **Ms. Julia Mueller and Ms. Allison Harris, to become experts in their own particular healing techniques.** Also their own personal painful experiences with physical and emotional distress, propelled their determination to gain the knowledge to heal themselves and those they serve. **They graced the audience with their wisdom about natural ways to achieve and maintain good health via Zoom on March 19, 2022 as part of the "Let's Be Real—Women Wisdom and More" talk series...**

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The Mindful Path—Loving Kindness

Editor's Note: This article was published in <u>Prime Time News's May 2022</u> edition and shared with permission.

Loving Kindness or Metta Meditation is an ultimate form of compassion towards yourself and others. It is a soothing, intentional way to increase emotional strength and promote wellness. "Metta" is associated with benevolence, friendship, positive energy and kindness for you and others.

The light, wonder and warmth of summer is the perfect time to explore the practice of a loving kindness mediation routine. You can try this quiet time of reflection for 5 minutes and try to build up to 20 minutes a day. In this practice you will begin by focusing on your wellbeing. You can then extend positive feelings to your partner, family, community and ultimately to all beings everywhere.

Loving Kindness Meditation...

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Good Bye and Thank You to Johanna Rothstein, WFWP Administrative Assistant

Last month, WFWP USA said goodbye to our lovely Mrs. Johanna Rothstein, WFWP USA Administrative Assistant, who decided to move on to focus on being a full-time mom!

From our hearts to yours:

We would like to thank you, Johanna, from the bottom of our hearts for all you have given, invested and contributed to WFWP USA in your role as the Administrative Assistant for the past four years–four significant years of our development.

You took on this job during a rather turbulent time in our operation, when we

launched our GWPN regionally in all five regions of the U.S. You quietly observed, and learned to weather all kinds of situations well all the while keeping your beautiful gentle spirit and kindness, which made everyone feel comfortable around you!...

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Upcoming WFWP Events: Global and Local

Check out the calendar for exciting upcoming events.

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WE'D LIKE TO HEAR FROM YOU! PLEASE SEND YOUR FEEDBACK, CONTRIBUTIONS & IDEAS TO: <u>wfwp.newsletter@</u> <u>gmail.com</u>



Women's Federation for World Peace USA <u>www,wfwp,us</u>

