

WFWP USA's Leadership of the Heart Seminar Continues to Inspire

Angelika Selle
September 12, 2022



The [Leadership of the Heart](#) seminar is WFWP USA's unique educational, transformational, and interactive seminar for women. It is designed to empower the leader that is within each person and to offer tools to make peace a reality within each person's lives, their families, and their communities. Through discussion, reflection, and meditation, participants explored the importance of spirituality and spiritual practice, loving and caring for oneself in order to live for others with authenticity, becoming emotionally mature through making a shift from fear to faith, and unlocking our ability to lead with compassion and courage.

The most recent Leadership of the Heart seminar took place on August 13, 2022 at the Clifton Memorial Library in Clifton, NJ. Seventeen people gathered, ten new to WFWP. Some heard about the event in the library's event calendar, some responded to an ad we posted in a local newspaper, and some were invited by a friend.



Below are two reflections from the event:

Leadership of Power vs Leadership of Heart

By Marisa Bell

I'm very grateful to have participated at the seminar...One of the things that was impressive was the presence of guests who came because of the location. Many people participate in events at the library, just because they like to learn. Maybe WFWP could consider having more events at public libraries.



The event is very inspiring, with opportunities for self reflection and meditation. We are all leaders, even if we don't think that we are. Our behavior might inspire someone even if don't know that someone has noticed it. We might be role models for younger people, who are watching us. If we are parents, or grandparents, obviously the influence we have on our children is bigger than we might imagine, and the impressions we leave will probably last a lifetime.



Leadership of Power has brought humanity to the mess we have today. So, we really need Leadership of the Heart. And we can never fulfill our potential if we are not connected to The Source. When we know that we matter, we are valuable, we are important and we are loved, it's much easier to lead with love and compassion, to give people a second chance, and to understand that not everyone had good role models, but everyone can learn from bad experiences, and bad choices, and do better in the future, because deep inside we are all good, and we all want Peace and Happiness.



If you have the opportunity to participate in this seminar in the future, please don't hesitate. I highly recommend it. You will be glad you did. I want to thank our WFWP Vice-President, Mrs. Katarina Connery, our presenter. She is a True Leader of the Heart. Also thanks to, chairwoman of Hackensack, Mrs. Cynthia Nakai, and everyone who made this seminar happen and of course, Clifton Memorial Library.

Loving Self before Loving Others
By Lisa Zinis,

Just wanted to drop by to say "Thank You" for your fearless leadership of our "Leadership of the Heart" meeting on Saturday at the Clifton Public Library. I so much appreciated your openness and vulnerability in sharing with us and your enthusiasm about the material presented. It was so good to take a step back from the day to day of life and think about things like loving oneself before loving others, courage, compassion, communication and authenticity. I appreciate your generosity and kindness as you take time away from your family in order to spend the day with us and share a message of hope and love.



Leadership of the Heart



WOMEN'S FEDERATION FOR WORLD PEACE USA



The Leadership of the Heart seminar is a one-day educational and interactive program, designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

How can I make positive change in the world?

In the Leadership of the Heart seminar explore....



Your connection to the divine

Connect to your calling from within and how to contribute your unique gifts and talents to building peace.



A strong sense of self-worth

Plug in to knowing who you are and your intrinsic value as a daughter of the divine and start to heal feelings of low self-worth.



Leading with emotional maturity

Delve into emotional blocks and gain essential tools to overcome fear and build faith.

"This seminar helped me to connect with my inner heart. In the busyness of daily life, it's difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather necessary to be the best person I can be for others and for God."

For more information and to learn how to attend a seminar near you, contact:
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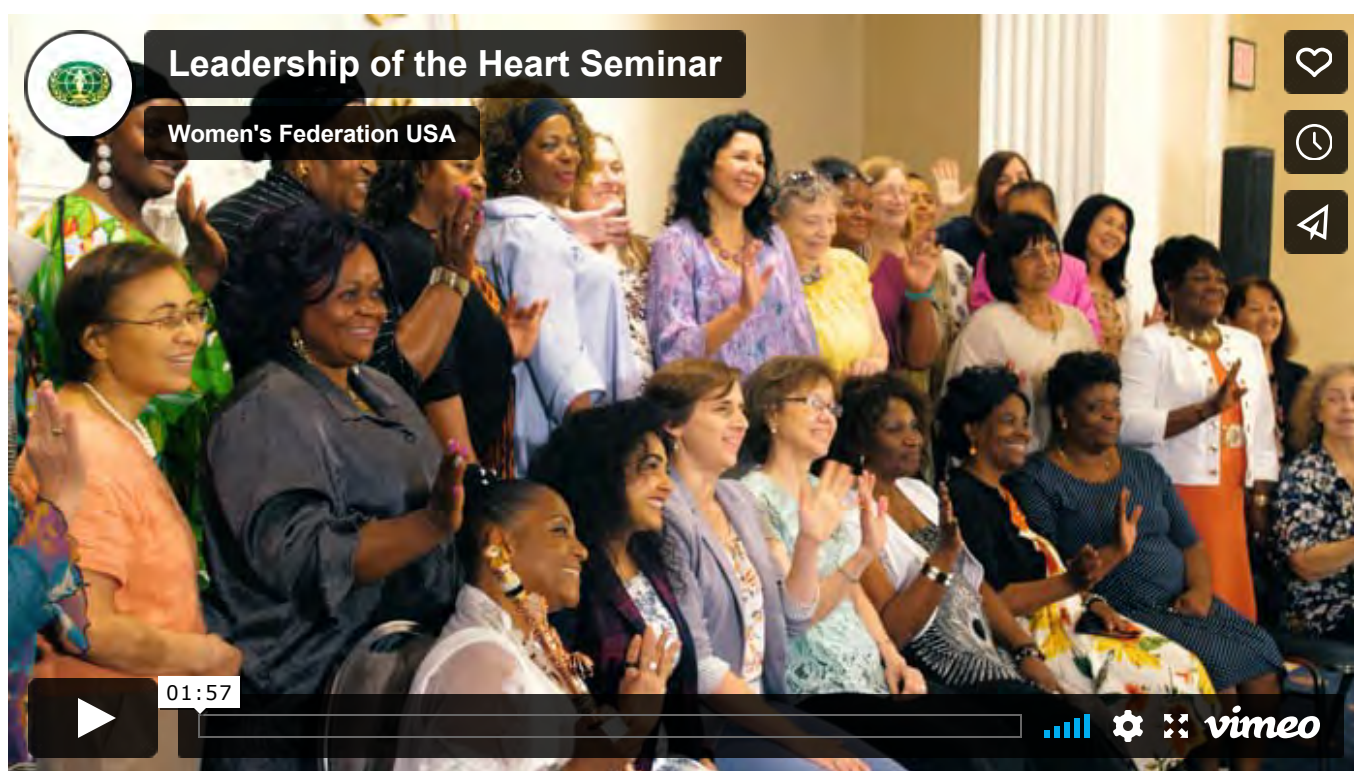
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The Leadership of the Heart (LOH) curriculum is a 3-part seminar series of one-day educational and interactive programs, which are designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

WFWP believes that peace starts with me - how can I make positive change in this world? In my neighborhood? In my family? Within myself? The LOH curriculum is designed to be wholly transformational on all these levels based on the universal philosophy of living for the sake of others and living by the logic of love. Becoming a leader of the heart really starts with knowing and loving oneself from a higher perspective and serving others from a parental or maternal standpoint..

Unique to WFWP is that we also believe there are intrinsic differences in feminine and masculine leadership styles, and that feminine and masculine styles are not meant to compete with each other, but to join strengths for the most effective leadership conducive to peace. We especially wish to bring forward the feminine relational aspect that brings people together and acts as a checks and balance to today's one sided leadership structure. Leaders of the heart will have a combination of both feminine and masculine types of leadership in order to deal with people in the most balanced way, effectively solve problems, and create a harmonious peaceful environment.

We want to share this life-changing material with you so that whoever receives it can succeed in and enhance their endeavors and areas of leadership. Women in particular are already leaders through naturally leading by example and educating their families. This curriculum is great for those who want to discover and hone in on the motherly or feminine style of leadership, which has not yet been explored in mainstream society - until today.



READY TO USE:

Part 1: Discovering the Leader Within

Part I: Discovering the Leader Within focuses on personal leadership - on how the way we think and act as individuals can have a positive impact on creating peace in the world. The introductory questions we address in Discovering the Leader Within are: What does it mean to be a leader and to lead based on heart? How can I become someone who can make peace a reality - right here, right now?

Within Discovering the Leader Within are the introduction and three sessions:

Introduction - discovering the meaning of leading with heart and how it ties to highlighting powerful feminine leadership qualities and balancing both feminine and masculine leadership styles.

Session 1) Spirituality - connecting to the Divine and connecting our passion to a higher purpose.

Session 2) Self Worth/Self Value - knowing who we are, what our value is, and how

to heal low self-worth.

Session 3) Emotional Maturity - exploring emotional blocks and gaining essential tools to build faith and overcome fear.

By the end of each session, participants will feel empowered that they are already leaders of the heart and that they *can* make a positive difference exactly where they are in their homes, workplaces and communities. **(Check out participants’ feedback and past seminars below!)**

IN DEVELOPMENT:

Part II is on **relationships and living a life of love and kindness**. This area has to do with compassion and reaching out to others. Foremost, in whatever we do, we do not want to hurt anyone’s heart in our relationships.

Part III is on **good governance and stewardship**, taking care of the world we live in and making an impact starting from the local level, growing to the global level. This has to do with expanding women’s leadership in society through collaborating with like-minded women and organizations.

Sessions can also be expanded to include local experts who offer advice and tools to further facilitate a transformative experience and help participants continue the renewal process in their daily lives.

The LOH curriculum is adaptable to any audience and presenter style, and it includes meditations, visualizations, group sharings, journal sessions, and more. It is geared towards all age groups, and it is not only for women but also men.

Participant fee: Donations are encouraged to cover program costs.

TESTIMONIALS:

Melissa, Maryland:

This seminar helped me to connect with my inner heart. In the busyness of daily life, it’s difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather necessary to be the best person I can be for others and for God. I’m so grateful I chose to attend!

Anonymous, Bay Area, California

It was my first time to attend this meeting and it was so great to be here. I talked about my family issues right after the meditation and it was really good to have someone to share with. It was my first time to share my thoughts and feelings with someone whom I had just met! I could open my heart to her. It was a really great meeting.

Matthew, Maryland

The seminar was especially relevant to our time, because it dealt with our emotional maturity. It noted how we can overcome our reactions based on just feelings. The presenters used personal examples on how they as mothers and women in leadership model mature responses to difficult situations. It was great to be challenged on our own situations and practice those higher orders of response.

Anonymous, Westchester, New York

I really appreciated this beautiful seminar. I'm going through a difficult time in my inner-self and my relationships with family and friends. The topic really hit the point: self-esteem, and feel my value.

Zena, Virginia

This section of the Leadership of the Heart series on Emotional Maturity was very meaningful to me as it dealt with the issue of fear and trust and how being aware of these emotions can impact our leadership. Angelika Selle, who presented the section on Emotional Maturity, pointed out that fear is the root of so many of our negative emotions. We can work through our fear in different ways - journaling and meditation among some of them - but most importantly we need to become self-aware and to choose to work through our negative emotions. At one point in the seminar, we were encouraged to make affirmations that we could work towards. I found my affirmation to work on the possibility to trust myself to be very empowering for me personally. The seminar really helped me to gain a perspective on my life and to understand what blocks I have to becoming a true leader of the heart and how I can work to overcome them.

Elizabeth, Washington, D.C.

The seminar was inspiring, uplifting and interactive. There were so many areas of the seminar that moved me, such as the meditation component. For a few minutes, I could go deeper within and connect to the divine, higher self and find peace. The presenters gave us the opportunity to understand more about the Leadership of the Heart and our own inner spirituality; that we are already divine beings, the feminine aspect of God.

We [are challenged] to tap into our inner self and identify our own gifts. If we can connect them to a higher purpose, we can change lives. The world needs both feminine and masculine leadership, but not just any kind of leadership. It has to be Leadership of the Heart in order to bring peace in the world.

Anonymous, Westchester, New York

“Through the meditation portion of the seminar, I was able to feel God’s warm heart behind the wall of the gift which I think of myself. Good program, very relaxed and beneficial.”

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1. ATTEND AN UPCOMING SEMINAR:

2. TRAIN TO HOST A SEMINAR

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Last Name

Your Email *

I am interested in joining a training session to host the following seminar(s): *

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- ☐ Cornerstone for Happiness: Marriage and Family Seminar

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