

Parent Sharing Group headed up by David and Kendra Stein Starting January 27

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Dear community,

We will be starting an exciting new Parent Sharing group on Sunday, January 27th, 9:30am to 10:15pm, headed up by David and Kendra Stein.

This group is meant for parents to share helpful tips, discuss obstacles and exchange ideas. Each week, there will be a short lesson followed by open dialogue between the group, and each meeting will have a specific focus. Please see the flyer below for the specific outline and schedule.

If you are participating in this group, there will be Free Hot Breakfast for the children and Arts and Crafts provided starting at 9am for anyone arriving early.

The flyer is titled "PARENT SHARING" in large blue letters, with the subtitle "SHARE. LISTEN. LEARN." in red. It features two illustrations: a man on the left with multiple arms holding a phone, laptop, and shopping bag, and a woman on the right with multiple arms holding a laptop, a plant, and other items, sitting in a meditative pose. The date and time "January 27 - March 31 9:30am - 10:15am" are prominently displayed in red. The text describes the group's purpose and lists weekly topics: January 27 - Simplicity Parenting, February 3 - Screen Time, February 10 - Picky Eaters, February 24 - Sibling Rivalry, March 3 - Chores/Allowances, March 10 - Discipline, March 24 - Purity, and March 31 - Vulnerability.

PARENT SHARING
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January 27 - Simplicity Parenting - With too much stuff, too many choices, and too little time, children can become anxious. Discuss how to simplify your life and establish rhythms to raise calmer, happier and more secure kids!

February 3 - Screen Time - With this technology age that we live in, navigating the waters of when and how much screen time can be pretty tricky. Discuss ideas for appropriate boundaries and a healthy place for technology in your family life.

February 10 - Picky Eaters - Gain inspiration from the book "Bringing up Bebe." It's based on the French culture we may learn a few simple ways to turn picky eaters into a more adventurous one.

February 24 - Sibling Rivalry - Every parent dreads the sound of their children fighting. Though it can't be avoided, there are some strategies that can be helpful. Discuss these strategies as well as hear from other parents about their successes/struggles on this topic.

March 3 - Chores/Allowances - Discuss fun and effective ways to get kids to do their chores well and with a good attitude. Discuss the pros and cons to giving kids a weekly allowance and the lessons around earning and spending money.

March 10 - Discipline - As much as we would like to keep our kids in a "happiness bubble" it's actually really important for them to experience conflict. Discuss what it means to be overprotective versus letting children experience natural consequences.

March 24 - Purity - One of the most important talks a parent will have with their children. Discuss appropriate topics for the right age and why it's important for children to have proper knowledge of their own bodies.

March 31 - Vulnerability - It's only a matter of time before children pull back the curtain to reveal that their parents are just human beings and aren't perfect. When a parent can admit they were wrong, it opens the door for a much deeper relationship with their child.