

## Yasunori shares his STF 1 year reflection!

Deborah Cali  
August 12, 2017



Hello, my name is Yasunori. I'm from Korea.

Yes, so let's share my STF 1 year reflection!

Why did I decide to do STF?

Actually I have two reasons. These two reasons are also my goals for this STF year. So the first reason was because I wanted to 'Find Myself!' Hmm.. Wait, what? You're wondering what this means? Okay, I can explain to you (because I'm so kind, haha). This is because before STF I didn't like myself and I always felt unstable. My self-esteem was too low. So I wanted to be able to love and take care of myself. And it was also important for me to find my identity as a Second Gen.

Yes, so my second reason for joining STF was to 'Find My Own Faith!' Before STF, even though I went to Sunday Service and studied Divine Principle, I didn't have my own faith. So I wanted to find my own faith and make that faith much stronger. This is why I decided to come to STF.

Before STF, I always chose the people who I wanted to develop a relationship with. If someone wasn't similar to me, didn't seem to have a common base with me, or could connect so well with me I usually escaped the relationship or tried not to make a relationship with them. So I wasn't a person who was able to love different types of people. Because of this, I usually struggled with other team members.

Second, I thought that I was constantly a bright and positive person but this wasn't true. I didn't want to be aware of a negative aspect of myself or show that to others because I didn't want anyone to hate or judge me.

Third, I thought that I was a very selfish person: how I eat, my lifestyle, and even small things. My purpose was always centered on myself, not others.

Fourth, I could learn how my result in MMBK and the response of the people whom I meet depend on my internal state- my mind and attitude.

Fifth, I didn't think so deeply about making promises to myself. I've had difficulty keeping promises to my commitments and I realized that keeping promises to myself was equal to keeping promises to God.

These are the things that I could feel and gain during my time MMBK (fundraising).

Witnessing in Korça, Albania was the best time of my entire STF year. I can say that I was able to find my own faith during this witnessing period! I could understand True Parents' identity and my identity as a second generation as well. When I study about True Parents' life course and Divine Principle, I can no longer deny that True Parents are the Messiah and the true parents of humankind. It became exciting to read and study Divine Principle. Now I feel that Divine Principle is not just a history book of central figures; Divine Principle is an explanation of how to live and gives an understanding of True Parents and the Bible. I really feel that Divine Principle is alive.

It was my first time setting and doing spiritual conditions in my life, with my own motivation and decision making. I could learn that if we set a condition really sincerely, than spirit world will surely help us! Sometimes my investment won't come back, but I remember True Parents saying that conditions are something we should do every day, but our investment is never wasted and will always go somewhere. And because of this witnessing time, I could also share more freely with others and become a deeper person.

Finally, I want to say something to new coming STF members. Be free and open yourself. Focus on the meaning of your origin. Love and take care of yourself. Find your own faith. Don't place limitations on yourself!