

Volunteering on Martin Luther King Day in Newark, NJ

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This is the second year that my family and I volunteered at the Kinard Family Helping Hands in Newark, New Jersey, and it is both fulfilling and inspiring to see the happy faces of the people who received hot meals and winter clothes. This year is more special because we brought a friend who donated boxes of donuts. She was so excited to be a part of the project and promised to bring more next time. The experience was a testament to the fact that there is genuine joy in giving. As Mother Teresa said, "If we can't feed or clothe a hundred people, then just feed and clothe one."

