The Key to Motivation

1. <u>Introduction</u>

When you are doing your mission or job, you may ask yourself "Am I doing this because I like it, or because I am obligated or forced to do it?"

2. <u>Fallen man lost motivation</u>

If you are doing what you are doing because of a desire to do it, then the more you do it the more joyful you will be. If you are doing it because of duty, then the more you are asked to do it the more pressured you'll feel, and the more difficult it will become. How to become really motivated is very important, so you can accomplish great things for God.

Through the fall, man lost heart, lost God, and lost the words of God. Man's min became dark, and he did not know how to live. We did not do God's will and lost true action, and accomplished things with no real joy and feeling.

3. <u>How to restore motivation (desire)</u>

Out of these three things – truth, action, and heart – if you have two out of the three the third will come automatically. Motivation or desire comes from our feelings (heart), which is the most difficult of the three to get. If we develop truth and action, then we can have heart, and can be really motivated.

Truth is the easiest one to obtain. This is the reason more religious founders went into a solitary place and searched for the truth. Buddha stayed under the Sender tree for six years to find the truth. Jesus also must have been searching for the resolution to the problems of this world when he was young before his public ministry.

- a. When we understand God's will clearly, and we can visualize a clear goal and vision of success, then already we will get excited and say "Yes, I can do it!" "Yes! We can do it!" Even in the jungle, if you can see the clear way toward the mountain top, you will be really encouraged.
- b. Actualize it.
- c. You will see that you are coming to the victory step by step. You feel joy, you are really motivated.

4. <u>You are the core of the spiritual tornado</u>

When you feel joy, you will get into more spirit. Now that action and heart are there together, new inspiration, ideas and vision will come. More excitement, more joy, and more inspiration will come.

You ca become like a magnet. You are the center of the spiritual tornado. You are the big plus, and many minuses will come around you. Not only from the physical world, but also the spirit world will come to support you.