### God's Ideal Family and the Kingdom of the Peaceful, Ideal World II

Dr. Chung Sik Yong, May 2 2023

#### **Key Points**

- The main attributes of God's true love are that it is absolute, unique, unchanging and eternal.
- Since the characteristics of true love include the right to participate, the right to inherit, the right of equal position and the right to live together, we can live forever with God if we possess true love.
- However, true love cannot be experienced without the pair system of the subject and the object partner.
- Therefore, the world of true love is a world that cannot be experienced without becoming a couple.
- The beginning point is the unification of body and mind, husband and wife, and siblings.
- Bearing the fruit of true love is our final goal and God's desire.
- It is hard to understand the reason why people who go against God's Will have lived affluent lives, while people who have upheld God's Will have lived in poverty and tribulation.
- It is because human beings have lost their heart towards God.
- Internally, this struggle to restore God's heart continues because of the fall.
- Man's original mind wants to return to God, and Satan is trying to stop this. This ownership battle continues to occur again and again between God and Satan.
- Therefore, the course of history until now has been the course to become possessed by one master.
- We ourselves must go through a process to restore the position in which God can trust us again. That process is indemnity.
- In order to restore through indemnity all the mistakes our ancestors have made in the past, we have to become the ones who can overcome whatever hardships come our way.
- The history of conflict has continued throughout the ages until the present time to fulfill this purpose of restoring God's trust in
- In this battle between good and evil, good people have been sacrificed. Through their sacrifices, the world of goodness has gradually expanded.
- "From the viewpoint of the Creator, we are all descendants of one lineage. Therefore, all people are related to us through lineage. They are not strangers."
- We must learn how to see people like True Parents see them. True Parents look at the person's past, focusing on the background of their ancestors.
- So we must be careful with our eyes, mouth and ears in our daily life. Our eyes should be the eyes of the heart, our ears should listen with the heart, and our mouth should speak the words of the heart.
- The eyes of the heart do not see externally and physically, but rather see the inside.
- Since we are all descendants of Adam and Eve, from the viewpoint of the Creator, we are all descendants of one lineage. Therefore, all people are related to us through lineage. They are not strangers.
- God is the parent of all mankind. If you do not understand this, you do not know Divine Principle. You only know from your head, not from your heart.
- "Which should we save, the body or the mind? Should we save the body and kill the mind? Or should we kill the body and save the mind?"

- "So to make it a little easier to understand, since the body will die anyway, we should think that our body is dead."
- When we eat, we must think that we are eating for the mind, not for the body. We should not eat because our body is hungry, but we should eat to make our heart happy.
- True Father said that if we deny ourselves in the physical body, everyone will taste a miracle.
- If you really deny yourself completely, you will receive unimaginable spiritual strength and energy from God.
- Our body keeps distrusting, trying to assert itself, and trying only for itself.
- What is evil? Only thinking about yourself is evil.
- What is goodness? Goodness is to value others more than yourself.
- Therefore, we must not live according to the physical body.
- 'Let's live with the heart', 'Let's live with love', 'Let's live with attendance', 'Let's live by faith'.

Transcripts from November 3, 2021 to the present, personal notes from November 11, 2020 until November 2, 2021 and slides from August 29, 2021 to the present are available at MD.Hoondok.com as PDF files. ◆ God morning, Good morning, my dear brothers and sisters, clergy and Ambassadors for Peace! I miss all of you!

Today I'd like to talk about "God's Ideal Family and the Kingdom of the Peaceful, Ideal World II, from True Mother's Anthology 2".

<This speech was given by Dr. Hak Ja Han Moon between September 1 and October 14 during a 40-nation Victory and Complete Freedom Rally to Bring Universal Peace to the Fatherland and Hometown speaking tour.>133,134

### God's Ideal Family and the Kingdom of the Peaceful, Ideal World II

When we are bound together in true love, we can be together forever, continually rejoicing in each other's company. The attraction of true love brings all things in the universe to our feet; even God will come to dwell with us. Nothing can compare to the value of true love. It has the power to dissipate the barriers created by fallen human beings, including national boundaries and the barriers of race and even religion. The main attributes of God's true love are that it is absolute, unique, unchanging and eternal, so whoever practices true love will live with God, share His happiness, and enjoy the right to participate as an equal in His work.

Therefore, a life lived for the sake of others, a life of true love, is the absolute prerequisite for entering the kingdom of heaven. Ladies and gentlemen, what kind of place is heaven? In brief, heaven is a world overflowing with God's true love. True love is its axis. True love is everywhere, in the outward expression as well as in the inward thought. Everyone's life is filled with true love from beginning to end. The people of heaven are born

through true love, live in the embrace of true love, and follow the track of true love all the way to the day they pass on into the next world, the spirit world.

The main attributes of God's true love are that it is absolute, unique, unchanging and eternal. And since the characteristics of true love include the right to participate, the right to inherit, the right of equal position and the right to live together, we can live forever with God if we possess true love.

In this way, a life lived for the sake of others, a life of true love, is the absolute prerequisite for entering the kingdom of heaven. However, true love cannot be experienced without the pair system of the subject and the object partner. Therefore, the world of true love is a world that cannot be experienced without becoming a couple.

In brief, heaven is a world overflowing with God's true love. True love is its axis. True love is everywhere, in the outward expression as well as in the inward thought. Everyone's life is filled with true love from beginning to end.

Therefore, we must know that bearing fruit of true love is our final goal and God's desire. Becoming true love children, true love brothers and sisters, true love couples, and true love parents is the wish of heaven and earth, and is also the dream that we human beings hope for.

### **LIVING DIVINE PRINCIPLE: Eschatology 7 Human History is the History of the Providence of**

Restoration 3 – Trends in the History of Conflict



- Third, examining trends in the history of conflict.
- Battles over people, territory and property have continued without interruption, expanding their scope in step with the progress of human society.
- The scale of these struggles has broadened from the family level to the levels of tribe, society, nation and world until today, when the democratic world and the communist world confront each other in a final conflict.
- This final war will primarily be a war of ideologies. Hence, the new truth which can reconcile religion and science will emerge and bring about the unification of the communist and democratic worlds.

#### The Reason Why the History of Conflict Continues

<4-34> People who go against God's Will have lived affluent lives while people who have upheld God's Will have lived in poverty. Such phenomena have occurred throughout the history of human conflict which has continued until today. That's because human beings lost their heart towards God. Therefore, we must go through such a process to restore the position in which God can trust us again. In order to do that we have to be strong enough to overcome all the trials which God has endured for 6,000 years. We must go forward undaunted by the threat of death and stand with determination as representatives of God.

What do you think is the reason people who go against God's Will have lived affluent lives, while people who have upheld God's Will have lived in poverty?

That's because human beings lost their heart towards God. Therefore, we must go through a process to restore the position in which God can trust us again. Through indemnity.

Indemnity is going through the path opposite to what was lost. However, there are many people who do not know that the what indemnity course they have to go through, and they easily blame God, curse their ancestors, and lament their fate.

Therefore, in order to restore through indemnity all the mistakes our ancestors have made in the past, we ourselves have to become the one who can overcome whatever hardships come our way. Without understanding the way of indemnity, we don't understand the reason why our families have to go through such hardships. We need to understand the course of indemnity. Divine Principle very clearly explains the way of indemnity. This is an incredible discovery.

Due to the fall of man, the positions of the subject and the object, that is, the position of the body and mind, have changed. Good and evil, original mind and selfish mind have come into being, and have been in a constant battle between good and evil.

Internally, this struggle continues to restore God's heart because of the fall. It arises because man's original mind wants to return to God, and Satan is trying to stop this.

In this battle between good and evil, good people have been sacrificed. Through their sacrifices, the world of goodness has gradually expanded. In order to stop the history of struggle, you must first take control of your body. The unification of body and mind, husband and wife, and siblings must be achieved first. True Father says we need to overcome our physical

bodies' limitations. Make unity between mind and body. Second, unity between husband and wife. This is the beginning point.

#### History Until Now Has Been the Course to be Possessed by One Master

<5-10> Created beings including ourselves lost their master. Due to the Fall, human beings couldn't be absolutely possessed by God, and couldn't absolutely possess creation and this world either. It means that, until today, even God, who is the absolute being, can't claim that the creation is His own, nor can He confidently dominate them. Therefore, the course of history until now has been the course to become possessed by one master. We must keep in mind that the history of conflict has continued throughout the ages until this time to fulfill this purpose. If we admit that created beings exist, we must admit that one master or the absolute being who created them exists as well. Unless an absolute safe point is settled without anybody's claim in God's dominion, this world can't escape from the history of conflict.

Due to the Fall, human beings couldn't be absolutely possessed by God, and couldn't absolutely possess creation and this world either. Humans, all things, and the other world are owned by Satan. That is why the Bible says that Satan is the ruler of this world.

Therefore, the course of history until now has been the course to become possessed by one master. There were untold sacrifices as this ownership battle continued to come down one after another between God and Satan. We must keep in mind that the history of conflict has continued throughout the ages until this time to fulfill this purpose.

In such a position, we must reflect. Do we really have ownership over God? Is God really our master? And are we the master who owns all things?

Because of the Fall, mankind lost everything, including their parents, children, brothers and sisters, and husband and wife, and also lost God. Individually, they have lost their body, mind, and lost their heart.

In order to restore this, we must give tithes in every aspect as a condition of owning all things, witness as a condition of possessing humans, and restore our hearts as a condition of possessing God. A clear explanation.

#### TODAY'S YOUTH MINISTRY: If You Don't Get Along Heartistically, You Become Strangers

#### Have the Eyes, Ears and Mouth of Your Heart

If you do not get along with your wife, you will become strangers. If you do not get along heartistically with your children, your children will become strangers. This is something we need to think about.

1. We must be careful with our eyes, mouth and ears in our daily life. Our eyes should be the eyes of the heart, our ears should listen with the heart, and our mouth should speak the words of the heart. The eyes of the heart do not see externally and physically, but rather see the inside. For example, when you look at a person, you have to think of the parents who worked hard behind the scenes to raise that person until that person grew old.

And we must think about how hard our ancestors and God worked until we selected that one person and connected him to heaven's providence. So it's important to consider the history and hard work of that person's ancestors. Since we are all descendants of Adam and Eve, from the viewpoint of the Creator, we are all descendants of one lineage. Therefore, all people are related to us through lineage. They are not strangers.

We must learn how to see people like True Parents see them. True Parents look at the person's past, focusing on the background of their ancestors. And they see how much responsibility they are taking in the position they are currently in. Next, they see what position he will stand in the future.

Fallen humans make many mistakes because they do not look at the person's past, present, and future and make judgments based on their present external appearance and preconceived notions.

So we must be careful with our eyes, mouth and ears in our daily life. Our eyes should be the eyes of the heart, our ears should listen with the heart, and our mouth should speak the words of the heart. The eyes of the heart do not see externally and physically, but rather see the inside. Why is there a need to compare anyone? We need to see into that person's past, into their future. We, as human beings cannot do that. In order to see someone, we need to resemble Father. See that person's background. Their connection to his or her ancestors. Father knew, when doing the matching and blessing, each of the ancestor's backgrounds. We cannot know how he did the matching. He could see the person's background.

To judge a person well, you have to think of the parents who worked hard behind the scenes to raise that person until that person grew old. And we must think about how hard our ancestors and God worked until selecting that one person and connecting him to heaven's providence

Since we are all descendants of Adam and Eve, from the viewpoint of the Creator, we are all descendants of one lineage. Therefore, all people are related to us through lineage. They are not strangers.

Black and white, different backgrounds, etc. If we can think that we are children of God, the same children of God, originally coming from God's lineage, then we can see we are brothers and sisters. We are not strangers. So do not care about boundaries. Accept this reality and you can embrace anyone. We need to understand this point and accept this reality. God is the parent of all mankind. If you do not understand this, you do not know Divine Principle, you do not understand Divine Principle, only from your head, not from your heart.

### If You Don't Get Along Heartistically, You Become Strangers

2. When we become one with each other in our hearts, we will all long for each other. When people become one in heart, everyone feels precious. Animals feel happy when they bond with humans, don't they feel like family? So we must be kind to each other. If you don't get along heartistically, you will become a stranger. If you don't get along with each other in your family, you're a stranger. That's why I have to think of all the people I deal with as objects of love and try to be affectionate.

There is no target that we call our enemy. Even if it is difficult to become one with a certain object, you must overcome it with love. The Creator created man and all things to make our hearts happy. And God created us to feel happy when he sees us happy. Therefore, when we look at all things and when we look at people, we must look at them with our hearts.

We humans are all descendants of our fallen ancestors, but we must understand that we all come from one lineage centered on God, and think of each other as brothers and sisters. So, when we become one with each other in heart, we all become people we long for. We truly feel that you are my brother, you are my sister. If we accept the reality, automatically we long for each other. Everyone is so precious. So we must be kind to each other. If we do not get along heartistically, we will become strangers.

When people become one in heart, everyone feels precious. So we must be kind to each other. If you don't get along heartistically, you will become a stranger. In the satanic world, the world of heart is all self-centered.

So, what we need to know clearly is that if we are not affectionate with each other in our family, we are strangers. If you do not have a heartistic relationship with your wife, then you are strangers. If you not have a heartistic relationship with your husband, then you are strangers. If you do not have a heartistic

relationship with your children, your children are strangers.

That's why we have to think of all the people we deal with as objects of love and try to be affectionate. Faith is to eventually bond and have an inseparable, heartistic relationship.

From that perspective, there is no target that we call our enemy. Even if it is difficult to become one with a certain object, you must overcome it with love. This is because we are brothers and sisters centered on God and sharing blood.

If we think of all people as brothers and sisters under one God, our heart is already ready to accept anyone. The attitude of the heart is so important. According to the attitude of our hearts, they become stimulated.

If I had not joined the Unification church, what kind of person would I have become? Because of True Parents' guidance, because of Divine Principle. I truly confess that, when I travel around America and stay here and see each one of our members, I feel that they are so precious to me. True teacher talks to me spiritually about this. Please, you must embrace each one of them, they are my children. I am in spiritual world, I cannot do. True Mother is in Korea; she cannot do it. That's why I send you to America, for True Parents, please do this. Please know each one of the American members. Embrace them, take good care of them, they are so precious to me. This kind of guidance was always given to me. That's why I feel that I really want to spend time with each one of our American brothers and sisters. I really want to hug them and kiss them, spend time together and talk together. I have this kind of mindset. That's why our True Parents' guidance is really amazing. According to the attitude of our heart, they become very stimulated. When you can feel that each one of them is so important, so precious.

When I go out in the morning to the Hudson Riverside to do one-hour exercise, when I look at each person, I feel that they are our members. I see girls and boys and parents and old guys, I feel like they are our members. Each one of them are so precious. When you feel that each one is precious, you do not have preconceptions. You can love each one of them as children of God.

### Between the Body and the Mind, Which Should Be Saved?

3. What does True Parents mean by denying yourself? And what does it mean in the Bible that 'He who wants to die will live'? This means that if we do not use our mind centered on our physical body, our

mind will live. Which should I save, the body or the mind? Should I save the body and kill the mind? Or should we kill the body and save the mind? So to make a little easier to understand, since the body will die anyway, we should think that our body is dead.

We should live our lives only with the heart. So when we eat, we must think that we are eating for the mind, not for the body. We should not eat because our body is hungry, but we should eat to make our heart happy. Aren't we eating to be happy? We do not eat rice to save our sad and painful bodies. What we need is to be healthy, this is the health I need because it is the health of my mind. It is not health because of the body.

What does True Parents mean by denying yourself? And what does it mean in the Bible that 'He who wants to die will live'? This means that we must completely abandon the mind centered on the physical body.

It means that if we do not use our mind centered on the physical body, our mind will surely come to life. That's why when you prepare to die, you completely deny your body, your physical mind, and then finally you can live.

That is why the Bible says 'He who wants to die will live.' It means that if I abandon my physical mind, I will surely live. Conversely, if I save my body, my soul will surely die.

Which should I save, the body or the mind? Should I save the body and abandon the mind? Or should we abandon the body and save the mind? So to make a little easier to understand, since the body will die anyway, we should think that our body is dead.

So when we eat, we must think that we are eating for the mind, not for the body. We should not eat because our body is hungry, but we should eat to make our heart happy.

True Father said that if you deny yourself in the physical body, everyone will taste a miracle. If you really deny yourself completely, ignore your physical mind, centering on spirit everyone can experience a miracle. You will receive unimaginable spiritual strength and energy from God.

The reason why we cannot feel God and have spiritual power is because we limit how much we deny ourselves. Therefore, if we deny our self, we are bound to receive strength and power from the spirit world. If you completely deny your body, your mind will belong to God, you will come to receive incredible strength and power from the spiritual world.

#### It's Goodness When You Value Others More Than Yourself

4. Our bodies must be shed after a certain period of time. Therefore, we must not forget that we are always people of the heart. Therefore, it is our heart that we live with these attitudes: 'Let's live with the heart', 'Let's live with love', 'Let's live with attendance", 'Let's live by faith'. Our body keeps distrusting, trying to assert itself, and trying only for itself. Since all fallen human blood contains the blood of Satan, they only think about themselves. What is evil? Only thinking about yourself is evil.

What is the goodness? It is goodness to value relationships. Husbands value their wives more than themselves, wives value their husbands more than themselves, parents value their children more, and children value their parents more. Goodness is to value others more than yourself. Therefore, relationships are more valuable than me. Doesn't death and suffering come when a relationship is broken?

Our bodies must be shed after a certain period of time. Therefore, we must not forget that we are always people of the heart. Therefore, we must not live according to the physical body. No matter what we eat, no matter what we drink, no matter what we wear, no matter what we think, and no matter what we do, we must not think of the physical body, physical mind.

Therefore, it is our heart that we live with these attitudes: 'Let's live with the heart', 'Let's live with love', 'Let's live with attendance", 'Let's live by faith'.

Our body keeps distrusting, trying to assert itself, and trying only for itself. Since all fallen human blood contains the blood of Satan, they only think about themselves. What is evil? Only thinking about yourself is evil.

What is the goodness? It is goodness when you value relationships. Husbands value their wives more than themselves, wives value their husbands more than themselves, parents value their children more, and children value their parents more. This is goodness.

Goodness is to value others more than yourself. Therefore, relationships are more valuable than me. Doesn't death and suffering come when a relationship is broken?

In this way, we must keep in mind that the truth of the universe was created to live thoroughly for the sake of others. Therefore, according to the truth of this universe, we must live a life wholly for the sake of others.

Today I talked about "It's Goodness When You Value Others More Than Yourself".

### (Living Testimony, Preston Grodner, GPA CIG Missionary in Zambia)

NoTE: This text and the PowerPoint slides from this speech are available as a link at the top of this text. Transcripts from November 3, 2021 to the present, personal notes from November 11, 2020 until November 2, 2021 and slides from August 29, 2021 to the present are available at MD.Hoondok.com as PDF files. Books of the transcripts and notes are available as PDFs at MDBooks.Hoondok.com.

This lightly edited transcript may contain errors and omissions. Indecipherable, inaudible or uncertain words and guesses are tagged with a "(?)" and indecipherable phrases, with an ellipsis "...". First, second and third person pronouns have been left as spoken if the meaning is clear, and other apparently Korean English expressions have been preserved if understandable. Some repeated phrases have been eliminated.

Audio only is available at anchor.morndev.com, spotify.morndev.com & audio.morndev.com. Notes or transcripts of Dr. Yong's Morning Devotion speeches from November 11, 2020 through March 29, 2022 are available as six paperback books at cost at Lulu.com/Shop-search for Dr. Chung Sik Yong -- and as PDF downloads free of charge at MDBooks.Hoondok.com.

# Morning Heart Devotion

The 23<sup>rd</sup> 40 day Jeongseong Condition (39<sup>th</sup> day) 189 day (919]

God's Ideal Family and the Kingdom of the Peaceful, Ideal World II

하나님의 이상가정과 평화이상세계왕국 Ⅱ

May 2, 2023 North America HQ

### God's Ideal Family and the Kingdom of the Peaceful, Ideal World II

<This speech was given by Dr. Hak Ja Han Moon between between September 1 and October 14 during a 40-nation Victory and Complete Freedom Rally to Bring Universal Peace to the Fatherland and Hometown speaking tour.>133,134

When we are bound together in true love, we can be together forever, continually rejoicing in each other's company. The attraction of true love brings all things in the universe to our feet; even God will come to dwell with us. Nothing can compare to the value of true love. It has the power to dissipate the barriers created by fallen human beings, including national boundaries and the barriers of race and even religion. The main attributes of God's true love are that it is absolute, unique, unchanging and eternal, so whoever practices true love will live with God, share His happiness, and enjoy the right to participate as an equal in His work.



Therefore, a life lived for the sake of others, a life of true love, is the absolute prerequisite for entering the kingdom of heaven. Ladies and gentlemen, what kind of place is heaven? In brief, heaven is a world overflowing with God's true love. True love is its axis. True love is everywhere, in the outward expression as well as in the inward thought. Everyone's life is filled with true love from beginning to end. The people of heaven are born through true love, live in the embrace of true love, and follow the track of true love all the way to the day they pass on into the next world, the spirit world.

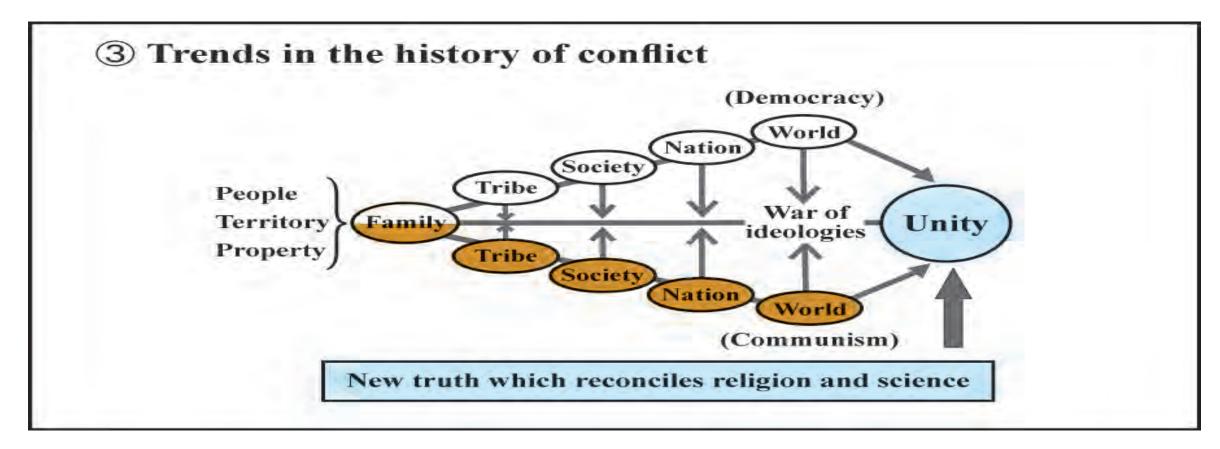


# Living Divine Principle

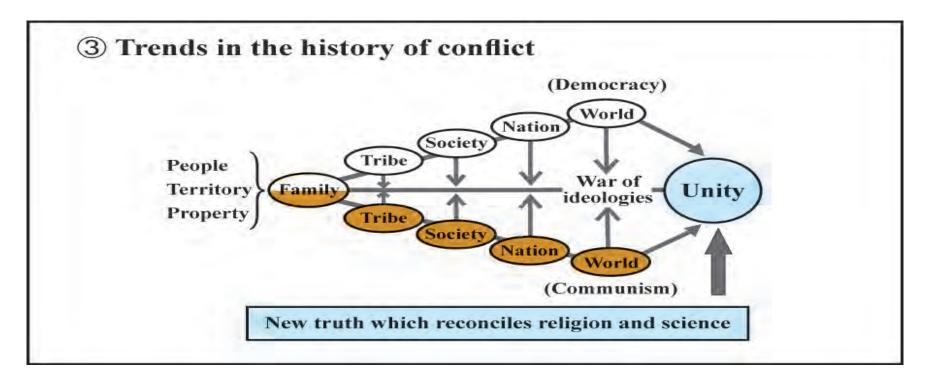
## Eschatology7

# Human History is the History of the Providence of Restoration 3

-Trends in the history of conflict-



- Third, examining trends in the history of conflict,
- Battles over people, territory and property have continued without interruption, expanding their scope in step with the progress of human society.



- The scale of these struggles has broadened from the <u>family</u> level to the levels of <u>tribe</u>, <u>society</u>, <u>nation</u> and <u>world</u> until today, when the <u>democratic</u> world and the <u>communist</u> world confront each other in a final conflict.
- This final war will be primarily a war of ideologies. Hence, the new truth which can reconcile religion and science will emerge and bring about the <u>unification</u> of the communist and democratic worlds.

## The reason why the history of conflict continues

<4-34> People who go against God's Will have lived affluent lives while people who have upheld God's Will have lived in poverty. Such phenomena have occurred throughout the history of human conflict which has continued until today. That's because human beings lost their heart towards God. Therefore, we must go through such a process to restore the position in which God can trust us again. In order to do that we have to be strong enough to overcome all the trials which God has endured for 6,000 years. We must go forward undaunted by the threat of death and stand with determination as representatives of God.



# History until now has been the course to be possessed by one master



<5-10> Created beings including ourselves lost their master. Due to the Fall, human beings couldn't be absolutely possessed by God, and couldn't absolutely possess creation and this world either. It means that, until today, even God, who is the absolute being, can't claim that the creation is His own, nor can He confidently dominate them. Therefore, the course of history until now has been the course to become possessed by one master. We must keep in mind that the history of conflict has continued throughout the ages until this time to fulfill this purpose. If we admit that created beings exist, we must admit that one master or the absolute being who created them exists as well. Unless an absolute safe point is settled without anybody's claim in God's dominion, this world can't escape from the history of conflict.

# Today's Youth Ministry

# If You Don't Get Along Heartistically, You Become Strangers

정들지 않으면 남이 된다

## Have the Eyes, Ears and Mouth of Your Heart

1. We must be careful with our eyes, mouth and ears in our daily life. Our eyes should be the eyes of the heart, our ears should listen with the heart, and our mouth should speak the words of the heart. The eyes of the heart do not see externally and physically, but rather see the inside. For example, when you look at a person, you have to think of the parents who worked hard behind the scenes to raise that person until that person grew old.

And we must think about how hard our ancestors and God worked until we selected that one person and connected him to heaven's providence. So it's important to consider the history and hard work of that person's ancestors. Since we are all descendants of Adam and Eve, from the viewpoint of the Creator, we are all descendants of one lineage. Therefore, all people are related to me through lineage. They are not strangers.

### If You Don't Get Along Heartistically, You Become Strangers

2. When we become one with each other in our hearts, we will all long for each other. When people become one in heart, everyone feels precious. Animals feel happy when they bond with humans, don't they feel like family? So we must be kind to each other. If you don't get along heartistically, you will become a stranger. If you don't get along with each other in your family, you're a stranger. That's why I have to think of all the people I deal with as objects of love and try to be affectionate.

There is no target that we call our enemy. Even if it is difficult to become one with a certain object, you must overcome it with love. The Creator created man and all things to make our hearts happy. And God created us to feel happy when he sees us happy. Therefore, when we look at all things and when we look at people, we must look at them with our hearts.

### Between the Body and the Mind, Which Should be Saved?

3. What does True Parents mean by denying yourself? And what does it mean in the Bible that 'He who wants to die will live'? This means that if we do not use our mind centered on our physical body, our mind will live. Which should I save, the body or the mind? Should I save the body and kill the mind? Or should we kill the body and save the mind? So to make a little easier to understand, since the body will die anyway, we should think that our body is dead.

We should our lives only with the heart. So when we eat, we must think that we are eating for the mind, not for the body. We should not eat because our body is hungry, but we should eat to make our heart happy. Aren't we eating to be happy? We do not eat rice to save our sad and painful bodies. What we need is to be healthy, this is the health I need because it is the health of my mind. It is not health because of the body.

### It's Goodness when you Value Others More than Yourself

4. Our bodies must be shed after a certain period of time. Therefore, we must not forget that we are always people of the heart. Therefore, it is our heart that we live with these attitudes: 'Let's live with the heart', 'Let's live with love', 'Let's live with attendance", 'Let's live by faith'. Our body keeps distrusting, trying to assert itself, and trying only for itself. Since all fallen human blood contains the blood of Satan, they only think about themselves. What is evil? Only thinking about yourself is evil.

What is the goodness? It is goodness to value relationships. Husbands value their wives more than themselves, wives value their husbands more than themselves, parents value their children more, and children value their parents more. Goodness is to value others more than yourself. Therefore, relationships are more valuable than me. Doesn't death and suffering come when a relationship is broken?

# Today's Living Testimony Preston Grodner



GPA CIG Missionary Zambia



