



THE SCHOOL OF LOVE

Family HDH Series

*Hoon Dok Hwe session packet for parents and youth to do together
(Recommended age for teens 14+).*

Hello National Family!

This year the National Youth Ministry Team is working on a series of Hoon Duk Hwe (HDH) sessions specifically created for parents and teens to do together. Over the years, we've heard time and again how vital HDH is to our lives and how important it is for families to do HDH together. And we've all likely experienced the challenges that happen when we do try to do HDH as a family; from being sleepy because it was 5AM, to having difficulty finding a time that worked for everyone, to having difficulty generating a meaningful discussion about the HDH reading.

HDH is an extremely meaningful and important part of our spiritual lives, and it becomes even more powerful when it catalyzes meaningful conversation and connection in our family, especially between parents and children. With this in mind, the National Youth Ministry Team would like to offer monthly HDH packets for parents and teens to do together. These HDH were carefully selected, and discussion questions related to the material were prayerfully conceived in order to support sincere, spiritual sharing between parents and children. These sessions were created for parents to do with youth in high school or above.

Each session comes with lighter "warm up" questions for before the HDH, a selected reading from True Parents words, and discussion questions that apply to that reading. Although there is a recommended format for each reading, please feel free to adapt it to your family's needs. These sessions were created with the hope of facilitating meaningful conversations between parents and teens, but it is important to understand that vulnerability can be challenging for us all (especially teenagers). In order to gain the most from these sessions, it is important to let go of any expectations of "instant vulnerability." The parent and child relationship is a process and will have ups and downs as do all of our relationships. Some teens may share deeply, and some may offer one or two word answers. Either way, this time together is a valuable spiritual and practical foundation for the future. The most important thing is to approach this time with sincerity and openness and to understand and celebrate what each person chooses to share

I hope that you and your family find these resources meaningful and valuable!

Sincerely,

Hannah Hunter

Assistant to the National Youth Coordinator

FAMILY DISCUSSION SERIES

March HDH Packet for Parents and Youth

Before implementing this session, please decide as a family how much time you would like to devote to this (30 minutes, 1 hour, 1 hour and 30 minutes, etc.).

I did a run through of this session with my parents. It took our trio roughly 2 hours to complete the whole session. Depending on your family's style this session may take less time, equal time, or more time (gasp!). We have arranged certain check points, so that if need be, this packet can be broken down into four separate, smaller sessions (I recommend this!).

Recommended Format

- **Opening Prayer**
one member of the group gives a representative prayer
- **Warm-Up Questions**
one member of the group reads the question aloud and everyone answers it
- **Reading**
each person reads 1 or 2 paragraphs and passes the book around
- **Discussion Questions**
one person reads the question aloud and everyone has a chance to answer it
- **Closing prayer**

Note: *You may either do the entire reading and then begin the discussion questions (we did this format and because we were all on the more talkative side it took roughly 90 minutes to do it this way) or you can use the checkpoints format.*

The Checkpoint Format: The discussion questions reference specific paragraphs from the reading, once you have finished reading the paragraph simply do the discussion question that applies to it. Then, if you still have time and wish to continue, read until you reach the next checkpoints and do that discussion question. For this reading, the discussion checkpoints are paragraphs 62, 63, 64, 65.

March HDH Reading

*The Providential Person Who Moves Heavenly Fortune
from the Cheon Seong Gyeong (brown edition pages 110-112)*

Warm-Up Questions

- Describe your week in three words (ex. exciting, school, stress)
- Name one thing that is sold in pairs, go in a circle (no repeats of what other people name). Limit is five rounds or until someone can't think of an answer, whichever comes first.
- Share a favorite family memory or a part of your family culture that makes you smile (like the fact that your dad makes terrible jokes, or family board game night, etc.)

Discussion Questions

First Checkpoint: Paragraph 62

- "We are now in the process of fulfilling God's hope, which is our ultimate purpose. As you move forward in that process, you should be able to fulfill the promises you make in faith."

Share an aspect of your life that you feel is part of God's hope for you.

OR

Share one "promises of faith" you've made with God. Why did you make that promise and how has it impacted your life?

- "You should stand boldly even for God, in front of Him and behind Him, at His right side and at His left side, above Him and below Him, acting on His behalf. We must bring God's Will for human beings in heaven and on earth to a conclusion, for only in this way can Jesus' Will be fulfilled and God's Will be fulfilled. It may seem as though we are insignificant individuals, but in submitting to God's Will our value is tremendous."

Share a time when you acted on God's behalf; how were you able to connect with God's heart and did you have any thoughts/realizations afterwards

Second Checkpoint: Paragraph 63

- "You are the ones who have to carry out the final remaining adventurous mission on the level of the universe at the conclusion of six thousand years of history. Since this is a universe level mission, in order to meet it, you must also be on the level of the universe. You must be courageous and filled with inner determination to carry out this mission."

Share one experience from your adventure with God- what was your mission in that moment and how did you prepare for it?

OR

If you are still unsure of what "adventurous universe level mission" God is preparing you for, share a small mission/adventure/moment with God that has helped you grow and how you think it is going to help you to take on bigger things.

Third Checkpoint: Paragraph 64

- "You must attend the Lord in the manner that gives Him the maximum freedom, the greatest glory, and the greatest joy."

Which of these aspects (freedom, glory, joy) resonates with you most? Why? Share one way you've tried to build that quality in your relationship with God (and in your daily life).

- "God is looking for one person whose character reflects His universal love, a person whose character has such value that he can stand in the position of Jesus and stand in the position to represent history. Jesus wants him to then gather people of like nature and recover the nation, the world, and all of heaven and earth. This is God's desire."

Share one aspect of yourself you feel reflects God's character.

Fourth Checkpoint: Paragraph 65

- "We must be able to establish a relationship in which we can abide with Him [God] in His grief. Otherwise, God cannot appear to us as the God of the ideal and cannot appear to us as the Lord of the ideal of Creation. On the way to attend the God of the ideal, our path requires that we fight the evil forces that constantly try to block us."

How would you describe God's character? What is one thing that has blocked you from feeling close to God? How have you overcome this thing?

Thanks for reading, we'll see you next month!