

## UPF and WFWP Munich, Germany commemorate World Mental Health Day 2019

Robert Bentele  
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*Magda Haugen, the president of WFWP-Germany, is the main speaker.*

Munich, Germany -- To commemorate World Mental Health Day, the Munich branch of UPF-Germany, together with the Women's Federation for World Peace (WFWP), an affiliated organization, held a "worship service with a difference."

The program, which was held on October 13, 2019, in the UPF center in Munich, attracted an audience of about 30 guests and friends.

Magda Haugen, the president of WFWP-Germany, who has professional training as a special-needs teacher and works providing remedial services in a protected-living facility, gave the presentation.

She started by reporting about a recent conference in Berlin of WFWP Middle East on the topic of "Reconciliation," in which the senior vice president of WFWP International, Dr. Sun Jin Moon, played a very active role. Mrs. Haugen recounted Dr. Moon's very personal testimony about experiences with bad luck and crises. Dr. Moon spoke about the special significance that yoga has for her and stressed the importance of inner healing and reconciliation for our personal life!



*Some of the main organizers of a recent WFWP conference in Berlin*

With a picture of our inner child, which contains light and dark elements, the audience divided into discussion groups and tackled this interesting topic on a deeper level, recalling personal experiences.

Carmen Rizzi-Haugen coordinated the program, and Oivind Haugen inspired us to sing along with him Peter Maffey's song *Irgendwo tief in mir bin ich ein Kind geblieben* ("Somewhere deep inside me I am still a child"). A lively discussion about the topic continued over lunch.