

## Testimony from the Midwest Energize Couples' Retreat

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June 23, 2015



*"It was such an amazing experience. I wish every couple could experience this."*

Seventeen husbands and seventeen wives gathered at a beautiful, luxurious retreat in the heart of Ohio's Amish country for the June 19-21 Energize! Couples' Retreat, a project of the Blessed Marriage Project (BMP).

With views of tall trees, rolling hills and little brooks from the window, participants were truly immersed in nature. They stayed at the cozy and pristine Inn at Honey Run for a weekend full of relaxation, fun, education and rediscovery of the beauty of the Holy Marriage Blessing. Couples were able to take time alone for themselves and really connect. There was also time for fun and recreation.



All kinds of couples attended, including newly blessed couples, retired couples, couples in crises and couples just looking for a romantic getaway; there was something for everyone. Presentation from the BMP staff included topics like, “Keys to a Happy Marriage”, “Sex, Health, and Happiness”, “Improving Your Marriage All By Yourself”, and “Romance in Daily Life” among others. There was even an optional dance party! Participants expressed genuine appreciation for the experience and the value they gained for their blessing.

*“I realized that I can really create romance with my wife and enjoy the process,”* remarked one participant.

