

## Blessing and Family Newsletter: Better Connection and Intimacy for Couples

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**BLESSING & FAMILY MINISTRY**  
FAMILY FEDERATION FOR A HEAVENLY USA

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*"When a man and a woman marry, the love of God resides with them, and they become one through this love."  
- True Parents*

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**SAVE THE DATE!**

### **Energize Couples Retreat in Alabama | June 7-9**

Get away to refresh, recharge, and reconnect at the next Energize Couples Retreat happening in Mobile, Alabama on June 7-9, 2019!

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## The One Thing Any Couple Can Do for Better Connection and Intimacy

If love were enough, all couples would be happy. The simple truth is relationships take work...

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## What to Do About Problems in Marriage

Life is full of problems, big and small, which is why negotiation and solving problems is a huge part of any good marriage. So how can we have a more spiritual and effective approach to problem-solving?...

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## How Mother's Day Began

Although you might think that Mother's Day was initiated by Hallmark, it was not motivated by commercialism but from women's peace groups. The holiday was initiated by Anna Jarvis in honor of her mother who created a committee to establish a "Mother's Friendship Day."...

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Education and awareness are key when raising children in today's culture.  
This small group curriculum was designed for mothers to learn together.

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