

Appendix D –  
Teachers Manual – High School – Unit 2 – The Fall

The Theme of this particular unit is “The Fall of Man” and the scope is to study this topic from both a traditional approach and also a “real-life” and relevant approach. But first, I would like to have you reflect on the reason for studying this topic at this particular time in our unit on Blessing Preparation.

Certainly you are aware of the importance True Parents and our Church places on chastity. This is especially true for all members of the Second Generation, so much so that committing the act of the fall results in the loss of Second Generation stature. But also, our True Father has clearly illuminated that this is the ideal standard of moral and ethical behavior through setting clear requirements of purity for Second Generations to attend a matching given by the True Parents. It had to be done so there could be no confusion regarding the importance and requirement of chastity and purity in both heart and substance. In light of this requirement, the study of the fall is absolutely relevant in a course to help our 2<sup>nd</sup> Generation prepare for the Blessing.

I would, however, also suggest that there are additional reasons to take up this topic at this time in our study. One key reason would be to introduce the concept of the Fall from the perspective of lineage and to let our Second Generation understand the significance of their lives in relationship in the flow of history towards Heaven and away from Hell. The key ideas here are that the fall caused the introduction of impurity into human and family life, so much so that the current culture is in so many ways an extension of the root and an expression of the degradation of the ideal on a worldwide level. In stark contrast to this, the difficult course of restoration has essentially been the clawing of humanity out of the hole called Hell and the cleansing each person’s lineage by excruciatingly painful steps until the possibility of the Blessing was reached. But the Blessing, though a crucial transition point to be sure, did not automatically result in the completion of the process. It is important for Second Generations to not lose any of the hard won ground, but instead to contribute towards keeping the momentum towards true purity going forward.

An additional insight that needs to be conveyed is that a human being, was created to be governed by laws of morality and ethics and therefore no one can fulfill themselves or their purpose if they ignore or break these laws. And the central point of all moral and ethical morals is the need for purity before marriage and fidelity within a marriage. The Central Point! To best frame the issues involved, I would like to look at the following quote from True Father. I know this is quite long, but it is said so well. This is from the Keynote speech from the 47<sup>th</sup> Children's Day Celebration, 11/21/2006:

“Ladies and gentlemen, it was necessary for Adam and Eve to establish a model, peaceful, ideal family. God, the Absolute Being, created human beings as His children in order to instill in them absolute values on the basis of an absolute standard. Thus, human beings must follow the way of that absolute standard in keeping with the demands of the heavenly path. This means we must follow our destined life course in order to attend God, the Absolute Being, as our Parent. In other words, for people to perfect themselves in resemblance of God and obtain the stature of people of character who can be called sons and daughters of the absolute Being, they must follow the path based on the absolute standard determined by Heaven. The essence of this path is the standard of absolute sexual morality.

The first stage is maintaining absolute sexual morality-in other words a standard of absolute sexual purity-prior to getting married.

After we are born, we go through a process of growth. We pass through infancy and childhood in a very safe and secure environment under our parents' love and protection. We then enter the time of adolescence, which signals the start of a new

and dynamic life as we forge relationships on a totally new level with those around us, as well as with all things of creation. This is the moment when we begin to travel the path to becoming an absolute human being-internally, through the perfection of our character, and externally, by reaching adulthood.

Yet, at this time there is an absolute prerequisite that human beings must uphold no matter who they are; that is maintaining their purity. Sexuality purity is based on an absolute model of sexual morality for human beings. God gave it to His children as their destined responsibility and duty, to be carried out in order to fulfill the ideal of creation. This heavenly path is thus the way to perfecting an absolute model of sexual morality.

What was the single word, the one and only commandment God gave to Adam and Eve, the first human ancestors, upon their creation? It was the commandment and blessing to maintain an absolute standard of sexual abstinence until Heaven's approval of their marriage. We find this in the Bible passage that indicates that Adam and Eve would surely die on the day they ate of the fruit of the knowledge of good and evil. If they had refrained from eating and observed Heaven's commandment, they would have perfected their character and, as co-creators, stood with God, the Creator, as His equals. Furthermore, they would have taken dominion over the creation and become the lords of the universe enjoying eternal and ideal happiness.

It was God's blessing that He told them to preserve their purity so that they could be married with His 'Blessing as His true children, become true husband and wife, produce true children and become true parents. This deepens our understanding of this commandment; it was not something separate from absolute sexual morality, which is a principle of God's creation. The profound truth that lay hidden within God's commandment throughout history was this: human beings must inherit and live by a model of sexual morality that is intrinsic to God's ideal for creation in order to perfect their individuality as God's Children, and establish themselves as lords of creation.....Therefore, if, upholding absolute sexual morality, Adam and Eve had achieved individual perfection-the perfection of their character-in accordance with God's will, and entered into conjugal relations through His Blessing, they would have attained complete oneness with Him. God would have dwelt within their union. Also, their children would have been linked to this holy order of love, enjoying a direct rel with God as their Parent. In other words, the marriage of the perfected Adam and Eve, based on their absolute sexual morality would have been God's own marriage. While God is forever God, also Adam and Eve would have become the embodiment of God. They would have become God's body. God would have settled inside their minds and hearts to become the True Parent of humankind in both the spiritual and physical world, on the foundation of absolute sexual morality.”

So from these three angles, it would appear that the study of the topic of the Fall and Sin is indeed pivotal to our being able to fulfill the Three Blessings and accomplish a Godly world. Still, such an overview must be understood to be just that – an overview and an opportunity to grasp God’s perspective and strategy on the matter. But to be effective in implementing that strategy, a specific set of tactics that can carry our Second Generation through all of the real world snares and pitfalls is needed. We intend to give an advanced study on the topic of the fall – both as a lesson into what happens when those laws are not observed and to give our Second Generation tools to help them avoid being derailed because of misuses or mistakes in this area.

### **Danger Signs and How to Protect Ourselves:**

A good place to start is with the two components needed to avoid doing evil – Truth and Faith in that Truth, or Truth + Faith = Ability to overcome the temptation and avoid the Fall (from the Divine Principle, Section 3.2:

“Why did God nurture the faith of Adam and Eve by giving them the commandment, “Do not eat of the fruit”? In their immature state, Adam and Eve could not be directly governed by God through love. Because the power of love is stronger than the power of the Principle, God foresaw that if they ever formed a common base with the Archangel, there was a possibility that they could succumb to the power of deviant, unprincipled love and fall. To prevent this, God gave Adam and Eve the commandment that forbade them from relating with the Archangel in this way. No matter how powerful the unprincipled love of the Archangel might be, had Adam and Eve adhered to God’s commandment, forming a common base with God and engaging in give and take with Him and no other, the power of the Archangel’s unprincipled love would not have affected them and they would never have fallen.”

**Truth:** What truth needs to be understood related to this topic? The first aspect of truth that needs to be grasped is an understanding of the facts and details, process and results of the Fall. You need to know the enemy and their arena of strength and power in order to recognize patterns and behaviors that are rooted

in the realm of the Fall and thus to protect yourself from foolishly repeating or falling prey to those same behaviors. Another way to see it is that we need to understand the language of the enemy so we can figure out what they are doing, kind of like breaking the code so that we are aware of their strategy and tactics. If we plan to do battle with the Devil, we had better have a complete arsenal of weapons – to think otherwise is foolhardy, dangerous and naive. The second aspect of the truth that needs to be studied is to research the principles and behaviors that have proven to be successful in overcoming the realm of the Fall or the aspect of the Principle that deals with restoration and progress towards the ideal. It is far better to inherit this wisdom than to have each person re-invent the wheel and probably make unnecessary mistakes in the process.

It is from this perspective lets do a quick reviewing the basic details of the Fall discovered by True Father and documented in the Divine Principle.

**A. Introduction: Overview of the Fall**

**B. Origin of Sin, including identity of**

- **Tree of Life and Tree of Knowledge of Good and Evil**
- **Serpent**
- **Sin of the Angel and Sin of the First Man and Woman**
- **Fruit of the Knowledge of G/E and the Root of Sin**

**C. Motive and Process of the Fall**

- **Creation of Angels**
- **Spiritual and physical Fall**
- **Force of Love and the Force of the Principle**
- **The Purpose of the Commandment and the Process of Growth**

**D. Results of the Fall**

- **Interaction of Satan (and Evil Spirit World) and Fallen Man**
- **The nature of Good and Evil**
- **Sin and Types of Sin**
- **Fallen Nature and the 4 dimensions of Fallen Nature**

In particular, truth that needs to be understood includes an in-depth knowledge of the actual components and process of the fall so that we do not venture into Satan's arena of power and dominion. Also, if we plan to do battle with the Devil, we had better have a complete arsenal of weapons – to think otherwise is foolhardy and naive. One possible way to approach this is to try to identify key concepts or Truths, that can become the building block to building a strategy to protect ourselves from the Fall. Possibilities are:

The Fall was sexual

The process of the fall was initiated by a spirit being (Satan) and involves two steps

The existence of sin is a state acquired after the original creation and is not humanity's original state

In addition to our original nature, fallen humanity also possess a fallen nature

The Fall is inherited through the lineage – Reversal from this is known as re-birth / The first generation Blessing.

The state of humanity after the Fall is continued through both spiritual and physical influences

The Process of the Fall

The types of Sin

The results of the Fall – the Fallen realm

If you understand the components of the Fall, which is the arena of Satan's Power Base, you might be able to identify the process when it appears in your life. For example, like in the movie - "The Matrix", where the gatekeepers became Mr. Smith when someone from the rebellion attempted to breach or leave the Matrix, when you put yourself into a situation – no matter how innocent it may at first appear, where you begin an exclusive relationship with someone of the opposite sex. When you put yourself into that type of dynamic, you can be sure that the boy you are relating to will begin to act like the Archangel, or the girl like a fallen Eve – this is because they have a base with their fallen lineage and pull that type of spirit world to themselves. This is all the worse because they have no reason to resist that type of influence. And it is extremely powerful. This is the reason why we don't date or put ourselves into a situation where we place the person of the opposite sex into a horizontal relationship with us. This is the reason why the Commandment say that we shouldn't "eat of the fruit, not even touch it". But this goes against all the values that are prevalent in our society. When you reach adolescence, you face a barrage of encouragement to look attractive, fit in by being popular, etc. It is the norm to seek for the second blessing from a horizontal position – after all, who was it that began this pattern or found his spouse – Lucifer, of course.

The correct way is to deal with the wounded self; this process is the Restoration through Indemnity. To Indemnify means to undo the results of an action, to bring something back to its starting point. The wound was caused by an action, to heal the wound an action must be done that undoes the damage from the original action. The healing happens instantaneously. Then we are in a natural, healed state. The key point is to approach this in a proactive manner, instead of a reactive one.

One additional key idea that should be grasped is that the fall caused the introduction of impurity into human and family life, so much so that the current culture is in so many ways an extension of the root and an expression of the degradation of the ideal on a worldwide level. In stark contrast to this, the difficult course of restoration has essentially been the clawing of humanity out of the hole called Hell and the cleansing each person's lineage by excruciatingly painful steps until the possibility of the Blessing was reached. But the Blessing, though a crucial transition point to be sure, did not automatically result in the completion of the process. It is important for Second Generations to not loose any of the hard won ground, but instead to contribute towards keeping the momentum towards true purity going forward. It is also crucial that Second Generation not throw the whole foundation away and end up back in the realm of the Fallen world – both for themselves and for God.

**Faith:** The second part of the formula for protection is that we must bring in the element of faith. For even if you've heard all your life about what you should and shouldn't do, emotions and the force of love is stronger than that knowledge or the Truth. Does it matter to you; do you have faith in those words and more importantly a connection to the author of those words? If you don't, at crucial times you won't have a true compass to guide you. You also won't have the proper protection and weapons to survive an attack. The Chasm between knowing what is right and doing what is right can only be transverse by knowing the guideline, believing in the guidelines and following them. Understand and have faith that the values advocated by a vertical culture are in your best interest. Also, understand and have faith that you really to want to fulfill the 3 Blessings and to do so, you must keep purity and fidelity.

In particular, when we reach physical adulthood, we are constantly being told that we must take responsibility for our lives and our faith. It is, however, a perilous precipice to stand on, especially if we

are full of emotion without the counterbalancing wisdom and arsenal of good conditions – who are we listen to? The other protection, besides avoiding a dangerous situation, is to not follow the pattern of arrogant attachment to “your own ideas” by constantly checking in with God and getting His perspective on the choices being offered. The problem with Adam and Eve was, in their time of confusion, they totally cut themselves off from God – they needed to ask God, ask God, ask God. When you enter into a dangerous situation it will be an extremely gray and confusing environment – Do not cut yourself off from the vertical elements in your life. If YOU ask, God will answer. If you connect to God, and can feel His perspective on this topic, you would never want to cause Him pain. There is so much more going on here than just getting in touch with your individuality. You have been born in the midst of a battlefield and if you think that you are exempt from the war that is raging, you are sorely mistaken and run the risk of being a casualty. You may not see yourself as a target, but make no mistake, to Satan and all evil spirit world, you stand out like a laser beam. Though you did not ask for this position, it is your inheritance. And sticking your head in the sand and pretending that this is not your spiritual reality is not going to alter that reality. You are spiritual royalty, it is your spiritual birthright and it is about time you became aware of this fact. However, this inheritance can be thrown away if you do not protect it and your purity- if you are not part of the solution, you will become part of the problem. The quicker you get it, the quicker you can defend yourself and thus really be able to fulfill your potential – a desire that comes straight from your original mind.

Understand and Have faith that self-benefit/selfishness/self service and love are on opposite sides of the spectrum. A Blessing (and marriage for that matter) is never going to work if it is not based on cherishing the other instead of serving yourself and your needs.

### **Course Objectives:**

- Build on vision developed in Chapter 1.
- Understand the course and motivation of the fall, not just the biblical part.
- Apply lessons of the fall to ones own life.
- Feel and understand the danger of a 2<sup>nd</sup> generation fall to the lineage, destiny and spiritual life.
- Identify personal 'looking for love' moments
- Danger Signs and Protecting Yourself

### **Ideal of Happiness**

- We are meant to live in a world of joy. We go through the four realms of heart, finding happiness as a child, brother/sister, spouse, and parent. In such a world we would receive the love we need from childhood and into the afterlife. We would naturally fulfill both our needs and desires – which is a natural part of our human existence. As a child, this process is usually contained with the dynamic relationship found in the family. As we reach adolescence, this process would expand to include a multitude of exciting experiences in a larger social and natural world context that would teach us and inspire us (based on reflection) and lead us to complete our original self.
- As part of the growing period/realm of indirect dominion, we grow naturally into a zone of free will where God does not directly guide us – called adolescence. He designed us to be guided by our original nature/conscience and his words. An original child was meant to

reflect to on their experiences in the context of their original nature and God's word and by their free will become their ideal self and fully resonate and realize God's presence in their being.

- Originally the sum of your choices would let you create yourself and become a brilliant person (though you might for awhile be stuck in the stage of being a mediocre person or very underdeveloped). Your greatest happiness comes from completely developing and manifesting your unique potential as a person of God (the first Blessing). Each person has a general set of skills from being human but also has a unique set of gifts that they will discover and develop. The passion of the Principle is in this process of “creating” yourself.

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### **Process of the Fall**

- The original process described above would not have included anything, or a realm, apart from the Principle or growth to the ideal. In the original process, when a person fails to use their free-will constructively and positively to manifest their God given potential, they naturally limit their experiences and choices. The process of the Fall was a whole different scenario. This set up a crisis situation – the entry into the picture of a potentially deadly force. However, the way to counter and protect themselves from this attack was also available to Adam and Eve. What we need to study is what should have happened and also how the process went terribly wrong, based on the choices that Adam and Eve made. We study this to avoid repeating the mistakes of the past and also to choose to make the right choices in our lives. We also study this to know how the enemy works and to avoid being victims of his craft.
- The original Adam and Eve didn't choose to pay attention to God's Word and ideal. Other things became more important such as their immediate feelings and appetites. When the force of love came into the picture, they didn't have the relationship with God and therefore they did not truly know who they were destined to be. They followed their feelings, responded to the temptation that resulted in their fall. They made the choice to not follow God's way or correctly fulfill their portion of responsibility.

### **What Happens Today**

- Today, we live in a world where at birth we do not receive true love from our parents, we do not receive fulfilling love from our siblings or spouse, and we do not give true love to our children. This leaves us unsatisfied and unfulfilled because our most basic spiritual needs have not been met.
- Part of the process of the fall is a story of wrong choices (trying to satisfy spiritual hunger or a need for love), that may end up with a single monumental decision, but is preceded by a confluence of small choices that drives us in one direction or another.
- The purpose of free will and Co-Creatorship is that it allows us to make the choices that create happiness. The difference between long-term, complete happiness and the short-term, self-destructive happiness is the direction and motivation of the choice.

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I'll call this the Journey from Pure to Fallen. The most basic need of a person is to love and be loved. That is to say, they must feel loved (respected, understood, appreciated, etc) from

others. When they cannot feel love, there is a chasm, an empty space that must be filled. At some point in our lives, when we recognize this chasm, we strive to fill it. How we respond dictates whether we are starting the journey of the fall or the journey of restoration. It is very easy to start “Looking for love in all the wrong places, looking for love in too many faces. Searching their eyes, looking for traces of what I’m dreaming of” as described in the song by Johnny Lee. Also, usually the ploy starts off far away from the fall – ie: Why can't I just have a friend who is a boy or girl, I can handle it (totally underestimating the power of fallen love), before you know it, like Duck Soup, your cooked.

- The journey of the fall happens when we blindly attempt to fill this void, we grab out for anything that brings us joy. Physical gratification is by and far the easiest way to feel happy, so this is the usually the course the fall takes. The key to remember is that when we are lonely enough we will do anything to make that feeling go away. To use another term, this is how you get your foot in the door. Once you have begun a relationship, then give and take can kick in. Give and take action creates and empowers the cycle that will pull you one way or another. You fill this void with the wrong things. We do this because we want to fill this void, and we will do anything in order to fill this. The problem is that by jumping blindly we pick things that are unhealthy and can cause serious problems in the long run. We seek physical gratification because it is easier to feel.
- There are two ways we deal with the void; run away or resolve it. This void is a rift between what we need and what we have, it can be a violation or a starvation. Either way, it makes us feel uncomfortable, and this discomfort moves us into action. The easiest thing to do is run away, because this takes the least amount of effort. By running away we mean that we mask the void, we mask it behind actions such as drugs, alcohol, masturbation, pornography, and sex. These actions aggravate the rift, as this rift grows the actions that need to be done to cover the rift grow in size. In this way people move from soft to hard drugs.
- At some point we hit a point of no return, where the actions we have done weigh so heavily that it is almost impossible to change. That is, we have formed habits and dependencies that are very difficult to throw off. We call this point of no return “The Fall.”
- Lastly we justify the actions we have done. We 'dig ourselves deeper' because it is easier to keep running from our demons than to face them. We make ourselves feel better by justifying what we have done, and multiplying our actions towards others. We end up following our moods and feelings instead of our conscience, this drives us away from the truth because we are comfortable with where we are.
- We separate ourselves from those that make us confront our bad choices, that is that we no longer feel comfortable around them. The Fear of non-acceptance and misunderstanding also comes into play. We fear that they will not love us, so we leave to a place where this fear cannot reach us, we run away.
- Another component that comes into play is the sense of ownership for any of your actions – but the problem with this is when the ownership feeling is done prior to our having fulfilled our portion of responsibility. Still, we want to believe in ourselves and get quite attached to decisions and actions that “we do”.

- Satan uses this principled progression of seeking love and twisted it to subjugate the world. It is like making fire. Fuel and air by themselves is not enough, there must be a spark. The environment of freedom is necessary, give and take with thoughts creates an environment where a flame can take place and lastly an igniter comes along in the form of our response to a temptation (and believe me, the temptation will always come when the other two elements are present).