

Blessing 1- Unit 1 -Introduction to Blessing Principles - LESSON PLAN

| | | |
|--|---|----------------------------|
| Date: | Lesson #: Week 1 | Unit: Middle School |
| Course: Blessing 1 - Introduction to Blessing Principles | Topic: The Importance of Being Perfect | |
| Instructor: | | |
| Subject of Lesson: Happiness & the 3 Blessings/ Purpose of Life is to be happy/ How joy is produced/ 3 Blessings/ Why Character Matters in the Blessing | | |
| Instructional Aids, Material, or Tools Needed: Candy for Quizes | | |
| References: Appendix G | | |

Begin this unit with a brief presentation of Appendix G – to give the students a general context and Syllabus for the course so they will know from the outset what to expect.

Lesson Outline:

1. Introduction of program
2. Explanation of Candy Quiz
3. Purpose of Life & Relationships
 - a. Happiness is the Purpose of Life
 - 1) True happiness, not transient happiness
 - b. Happiness is generated by relationships
 - c. 3 Blessings teaches us how to have good relationships
4. Importance of Perfection in Relationships
 - a. It is impossible to have good relationships if you are not a good person
 - b. Relational Physics
 - 1) If you do the right things you will succeed
 - 2) If you do not do the right things, you cannot possibly succeed.
5. Candy Quiz

Conclude the Presentation with a time for some discussion and feedback/status gathering with the participants.

Assignment:

Notes: