

Blessing 101 – Unit 5A – Investigation of Blessing Principles - LESSON PLAN

Date:	Lesson #: Week 5 – High School – Sunday School	Unit: High School
Course: Blessing 101 – Investigation of Blessing Principles	Topic: The Real Course of the Blessing	
Instructor:		
Subject of Lesson: Matching / The Blessing Preparation and Ceremony / Life as a couple - after the Ceremony / Children and Beyond.		
Instructional Aids, Material, or Tools Needed: Sample of material that can be used Candy for Quiz		
References:		

Lesson Outline:

The Logistics:

The Matching Process

When will you be ready?

Matching Protocol & Requirements

With True Parents

With Physical Parents

Blessing Workshop

The Blessing Ceremony

Forms to fill out and submit

Getting everything Ready

Getting to know your spouse – starts immediately after matching and goes on for eternity!

Look at blessing photos (Both 1st and 2nd gen)

After the Blessing Ceremony – what’s next.

We strongly recommend that you have a period of public mission (pre or post Blessing) in your life. This could include participation in STF, a general program, missionary work, RYS, etc.

You need to establish a strategy for marriage success:

- Putting into practice the lifestyle of True Love – Living for the sake of your spouse and then children.
- Gain the tools needed to work on your spiritual life and on your relationship.
 - Read books (Men are from Mars, Women from Venus, etc)
 - Point system (how men and women tally points)
 - Learn about the types of Love Language
 - Learn how to fight fair (rules of engagement)
 - Speaker Listener
 - If you do the right things, you will succeed, if you do not do the right things you cannot possibly succeed (relational physics)
- You need to support each other's spiritual growth and learn how to and work at developing the relationship.
- This is how the feeling and content of Love really grows and works – Infatuation vs True Love.

Sample of the resources that can be used – Books, DVDs, CDs

Conclude the Presentation with a time for some discussion and feedback/status gathering with the participants.

Assignment:

Notes: