

Blessing 101 –Unit 1 A & B – Investigation of Blessing Principles - LESSON PLAN

Date: 1/6/07	Lesson #: 1 – Sunday School and UPN	Unit: High School
Course: Blessing 101 – Investigation of Blessing Principles		Topic: Presentation on the 3 Great Blessings
Instructor:		
Subject of Lesson: Happiness and the 3 Blessings – Purpose of life is to be happy, How joy is produced, 3 Blessings and Happiness, Why character matters in the Blessing		
Instructional Aids, Material, or Tools Needed:		
References: Appendix G		

Begin this unit with a brief presentation of Appendix G – to give the students a general context and Syllabus for the course so they will know from the outset what to expect.

Lesson Outline:

The 3 Great Blessings

“ God blessed them, saying: “Be fruitful and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that move on the earth.”

- 1st Blessing-** “Be fruitful”; Mature one’s character and heart to become a true Son/ Daughter of God
- 2nd Blessing-** “Multiply”; Enter into a Divine union with your spouse, create a family and be part of God’s whole family of mankind.
- 3rd Blessing-** “ Take Dominion” Enter into a relationship with the creation that is longing for the love of God’s Children, and the world we create will be a Kingdom of peace, abundance and beauty.

The ultimate evolution of every human soul is to reach the place of total enlightenment. This complete fulfillment of purpose can be known as the perfection of the 3 Great Blessings. In them we are given the highest value

of the individual, the power to re-create through love, and the ability to shape the world to our greatest imaginings.

God gives us this blueprint for the sole purpose that we, His children, may share in the very experience and motivation that God felt for His Creation.

God desires that we are His child, His friend, His equal.

To strive in fulfilling the 3 Great Blessings is by far the most valuable use of one's days while here in this fleeting physical life. Let us work together and support each other on this incredible journey to our God consciousness.

7 Roles to a fulfilling Life

The following outline is based upon the positions found within the 3 Great Blessings; two roles per Blessing. The seventh role reflects the reality that we, the people who know the 3 Blessings, are in the position to share this gift with others, and will naturally do so as an extension of our awareness that we are all connected as God's Family.

Role #1

Eternal Child of God

1st Blessing, Internal Character

Intellect: The deepest value of my life can be understood

When I grasp the reality that I am a child of God

I know God Created the universe for the purpose of having children in His Image

I study the wisdom of the ages to understand man's relationship to God

I remain ever conscious of the Parent/Child relationship I have in the living God

What daily practice of affirmation and prayer am I keeping to firmly root the reality of my value and relationship with my Parent God?

What book of wisdom am I reading today?

What groups/organizations do I attend or support that nurture people's belief to be a child of God?

Emotion: The essence of God and His Energy is LOVE.
Therefore, my essence and energy is LOVE.

I keep Love and Peace of mind as my #1 goal through out my day

I am a love finder. I choose always to forgive, accepting forgiveness for myself.

I wish to experience only love, for that is the only thing that is eternal and will last

How do I stay conscious to Love in each moment ?

Do I see my time and energy as a gift of Love that is given freely and returned abundantly?

Do I take time at the end of a day to be grateful for moments of Love and learn from lessons of Love?

Will: **As I grow in truth and Love, I naturally
Grow into the fullness of who I am; the
Unique, eternal character of myself.**

I am responsible for who I am, and how I grow my Character

I am confident in being a unique incarnation of God's character

I return Joy to God and to my fellow man by being myself to the fullest

What do I do today that makes me happy to be myself, and proud of the person I have become?

What can I do to grow my character to become an even greater expression of my unique Divinity?

Do I give others the permission to express their unique selves by not judging but always forgiving?

Role #2

Physical Life; Vehicle for Spiritual Growth

1st Blessing external position

Intellect: **I live my physical life to the fullest**

I live intentionally, knowing my time in the body is limited

I keep awareness of my priorities, and envision my future goals

I schedule my time and fulfill my responsibilities

Emotion: **My surroundings are an extension of myself**

I manage life affairs in an orderly way

I keep a clean and beautiful environment

I treat my possessions with respect and gratitude

Will: **My body is the temple of my soul**

I watch what I put into my body, as it is what I eat.

I strengthen my body with recreation, and avoid stress with pleasurable outlets.

I respect my body with good hygiene, proper manners and respectful dress

Discussion:

- Share opinions about how one can make the best use of time while in this body
- How important is life management skills to living a productive life?
- Is an unhealthy body a reflection of an unhealthy soul?
- Why don't spiritually minded people put more emphasis on great health?
- How is experiencing physical pleasure an intrinsic part of God's Blessing to man?

Role #3

United Couple in the Image of God

2nd Blessing, Dual Characteristics

Intellect: **My spouse and I are a microcosmic image of God**

We align our beliefs on the sacredness of reflecting God's completed nature

We reveal God's duality of which we can only know fully through each other

We contemplate on the magnanimous value of our lives together for eternity

Emotion: **Our Love is the source of Joy and Power**

We are always considerate of how to better support each others growth

We feel great joy to support each others happiness

We experience God's Creation power in our own intimacy

Will: **Our couple is the model of a blissful marriage**

We are an inspiration and vision of God upon this earth

We are the center of love for our family and our tribe

We reach out to other couples to support the sanctity of marriage.

Discussion:

- Share how your couple strengthens the Godhead image of your marriage
- How do you see your couple in eternity?
- What consistent routines do you practice to support each others growth?
- How has Father Moon's guidance about intimacy enhance your love life?
- How does your couple support other couple's relationship?

Role #4

Family; the School of Love

2nd Blessing, Creating Children and Family

Intellect: **God's longing is to be one with all His Children**

We embrace God's hope to have all His children dwell eternally in His Love

We know the reality that all those souls who died now live in the Spiritual world

We know the reality of the fall and the course of history to restore God's family.

Emotion: **We know fully God's Parental Love**

God's parental heart can only be known by loving from the position of a parent

We grow to have a parental heart in all our relationships

We want to protect and nurture the soul of others when we love as a parent

Will: **The Homeland of God begins in our own home**

Our family lives in the realm of heart as God intended in the original Homeland

We invite our relatives and friends into the experience of God's Homeland

We expand God's Homeland on the earth, Family by loving Family

Discussion Questions:

How can we grasp the truth that all mankind are children of the same Parents?

What is our families place between Ancestors and Descendants?

Share why it is important to cultivate a parental heart toward all people

How does you family brings others into the experience of God's Homeland?

Role #5

Vocation

3rd Blessing Co-Creator

Intellect: **I focus my mind on my value adding/wealth**

Creation contribution.

I accept my minds ability to move and expand the Universal Prime Energy.

I empower my life with possibility thinking

I gain knowledge and expertise in the areas of Creation that return joy to me

Emotion: **My time and energy are given with passion to help**

the visions of what I would create are driven by my love for others.

I invest my time and energy, receiving beauty, happiness and blessing in return

Since Love is the essence of all Matter, I manifest from a place of love

Will: **Abundance is the natural results of my Manifestation**

My life's work creates wealth and adds value to all of mankind

Goodness and Blessing multiplies profusely from my work, like fruit on a tree

I have truly become a Creator of goodness and beauty; like Father, like Son

I am manifesting my vocation NOW.

- Serve others in the Financial Concepts area.

Role #6

Child of the Peace Kingdom

3rd Blessing; Lord of the Creation

Intellect: I see God in the Creation, and the Creation sees God in Me

God's symbolic image is in all things, and longs to be a part of the Children

The Principles for living can be observed in the character and form of the creation

The physical universe is the body, as the Spiritual universe is the mind.

Emotion: **All Creation longs to reciprocate Love with me**

As the Lord of Creation, I dominate all things with the heart of True Love

The Creation receives my Love, and returns to me Her Goodness and Beauty

I joyfully partake in the creation that gives abundantly to all

Will: **The Ideal of Peaceful planet is being realized**

We raise up Institutions of goodness while overcoming scarcity and poverty

We take our places as leaders and citizens to the Homeland of God.

We participate in the fullness of Life that God hopes for all His Children

Discussion Questions:

In what setting do I most deeply experience the Character of God ?

How do I experience being a Lord to the Creation?

Share about your last vacation

What can we do to be better stewards of the Creation?

What do you want to do with the Creation before you pass from this world?

Role #7

Messenger of the 3 Great Blessings

Had the Original Ideal of God been fulfilled, The 3 Great Blessings would be realized in all people's lives. But because that did not come to pass, we who are called to this path are also called to build the world where the 3 Great Blessings can at last flourish and reign. That is the meaning of the 7th Role. It is the path of the Matraya Buddha; the final conclusion that true enlightenment will always find

Intellect: The Peace Kingdom begins with me

My life is the embodiment and example of the 3 Great Blessings
Because of the Fall, no one has ever fulfilled the 3 Blessings, until now!
I constantly prospect for prepared people who are longing to find this truth.

Emotion: I am passionate to share the 3 Great Blessings

I communicate the Blessings in a way that move people's original mind
I genuinely desire to empower people on how to live their lives more fully
As I convey God's heart and His Blessing, people change their lives

Will: Leader and Motivator to spread the Blessings to All

I am a Central Figure in the Providence of Restoration
My efforts are duplicated as I work with others to share the Blessings

We are living testimonies to the glory of the 3 Great Blessings; Lead by example

Discussion Questions:

How do I put out to people that I know God's 3 Great Blessings?

What do I communicate through out a day that speaks to peoples original minds?

Share about how you made a difference in someone's life.

Do you see yourself as a leader in the Providence to bring God's Blessings to all?

Family Circle Outreach
Group Discussion Outline

Creating the god within

*7 Roles of Life centered on
The 3 Great Blessings*

Conclude the Presentation with a time for some discussion and feedback/status gathering with the participants.

Assignment:
Notes: