

IRFF UK December 2024

Edward Hartley
December 29, 2024

www.irff-uk.org



A year of impact and achievement

Collective efforts have significantly improved many lives, and we couldn't have done it without your support. As we reach the end of 2024, we reflect on a year filled with impactful projects and incredible achievements.

Here's a summary of the life-changing work we've accomplished together:

Ghana TVET (Technical and Vocational Education and Training)



- **Impact:** Our initiative in Ghana has been pivotal in training 5 girls each month, equipping them with skills for economic independence and empowerment. Without these skills, they would remain dependent on others.
- **Cost:** £200 per month (£40 per girl).
- **Future Goal:** We aim to extend this opportunity to more girls, freeing them from dependence.

South Africa SHINE project (basic literacy education)

- **Impact:** In Port Elizabeth (Quebera), £300 per month has enabled 73 children to learn to read, opening a world of learning and possibilities.
- **Cost:** Just over £4 per child per month.
- **Future Goal:** We strive to educate more children, given that 81% of their peers are not at their age-appropriate reading level.



South Africa Slovo Study Group



- **Impact:** This project has supported the training of 5 youths at the secondary school level, paving the way for their economic freedom and empowerment.

- **Cost:** £200 per month (£40 per youth).
- **Future Goal:** As this project concludes in early 2025, we look forward to initiating similar projects to continue this crucial work.

South Africa Soup Kitchen



- **Impact:** Our support has ensured that 500 children and elderly individuals in Port Elizabeth do not go to bed hungry, providing at least one meal a day.
- **Cost:** £200 per month.
- **Future Goal:** We aim to extend this initiative, feeding more people in need.

Uganda Destiny Junior School (primary education)

- **Impact:** With £1,150 per month from IRFF UK, along with self-grown food, we have provided education and meals for 206 pupils at Destiny School in Uganda, delivering high-quality education over seven years.



- **Cost:** £5.60 per child per month.

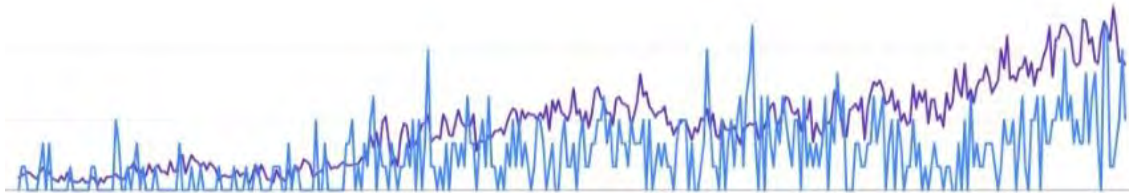
- **Future Goal:** Headteacher Jesca aspires to expand the school to accommodate up to 400 children. Additionally, we have improved infrastructure, including sending £750 for fire extinguishers and £820 for furniture for young children. In November, £8,000 was allocated for biodigester toilets needed for 109 children, replacing the old pit latrine to ensure hygienic and stable facilities.

Period Poverty Projects in 3 Nations:



- **Impact:** Providing menstrual products, education, and facilities to girls has significantly boosted their self-confidence and resulted in a remarkable rise in school attendance and academic performance.
- **Ghana:** Reusable pads and menstrual health training provided to girls, each kit costing £9 and lasting over two years.
- **South Africa:** Disposable pads and menstrual health training offered to girls, each kit costing £1.40 and lasting for two months.
- **Uganda:** The most active country in this initiative, serving 480 girls with disposable pads costing £1.11 per girl for two months, along with menstrual health training and underwear.

We're aiming to get better and BETTER!!



Looking Ahead to 2025

IRFF UK will keep its eyes open for new projects as well as expanding existing ones to empower and encourage even more children to prepare well for adulthood. Will you join us in helping more of them?

Together, we can make 2025 an even greater success.

Thank you for your continued support and generosity. Please hit the donate button to help us begin the new year with a bang.

[Yes, I will donate](#)

[Click here](#) to visit our website to see our other projects.

If you are in the UK, consider sending a bank transfer so every last penny goes to IRFF UK:

International Relief Friendship Foundation

Account number: 96497645

Sort Code: 60-05-29

Every donation counts

Empower a Child's Future: Your donation can provide the education that will transform lives. Join us in making a lasting impact—because every child deserves the chance to learn, grow, and thrive.



Your £3 donation can help provide essential learning materials for a child.



With £7, you can contribute to a child's daily nourishment, ensuring they're ready to learn.



A £10 donation can support a child's education for a week, giving them the chance to succeed.

Choose amount 🔒 ● ○ ○ →

One-time Monthly

You can log in to edit your recurring donation any time [?](#)

Designation
Destiny Junior School ▼

Powered by [Donorbox](#)

Join us in making a difference

Every donation counts

You will directly be improving the lives of those in need around the world. Every donation, no matter how small, can make a significant impact.



Empowering Communities
and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5
4LZ

Period Poverty

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A Charity for Africa

Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

[Click to Donate to Period Poverty](#)



Your donation helps children access quality education and build brighter futures.

[Click to Donate to Education](#)

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Help us build biodigester toilets for Destiny Junior School

Destiny Junior School in Kibiri, Uganda, urgently needs your support to build **biodigester toilets** for their young students. This project is critical to improving health and sanitation for 109 infants aged 3 to 6 years old.

[Click to Donate to Destiny Junior School's biodigester campaign](#)



Supporting African Communities from the UK UK Based Charity for Africa

Our Charity Is Focused on



Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on education and addressing period poverty**. We are breaking the cycle of poverty by ensuring access to education for all and **preventing female dropouts through the provision of menstruation products and education**. Through this communities and youth are empowered and Africans are given the best chance for a brighter future.

[Support Us Today](#)



[Come See What We Do](#)

What Areas Does Our Charity Support In Africa?

[Education](#)

[Period Poverty](#)

[Emergency Relief](#)

Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

[What is Period Poverty?](#) | [Ending Period Poverty](#)



A Small Glimpse At The Difference IRFF UK Has Made How IRFF UK has helped in Africa so far?

[Destiny Junior School](#)

[Jigger Removal](#)

[Home For Children](#)



Kampala, Uganda

Destiny Junior School



IRFF UK built Destiny Junior School in 2009. The children in the local area have thrived ever since!

IRFF UK built **Destiny Junior School** in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



Why Choose IRFF UK?

What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being intermediaries in fund transfers.

We prioritise a comprehensive approach centred on education and empowerment to uplift individuals from poverty.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

How Can You Get Involved?

How Can You Support Our Charities Work In Africa?

Making A Donation

Supporting IRFF UK's mission to make a meaningful impact is easy and impactful. You can contribute to our cause by making a donation, whether it's a one-time gift or a recurring contribution. Your financial support directly funds our projects, from education and poverty alleviation to emergency relief efforts.

Spreading Awareness

Consider spreading awareness about our work by sharing our stories on social media or participating in our fundraising events.

Period Poverty Charity



Volunteering your time and skills is another invaluable way to support our charity for Africa's initiatives. Together, we can make a positive difference in the lives of those in need, fostering sustainable change and empowerment.

What Our Donors Are Saying

Your efforts in the areas of education, health and sustainability are vital in certain countries and truly appreciated. My family will continue to sponsor a child at Destiny Junior School in Uganda, and will endeavour to support other causes that IRFF UK informs us about.

Marshall de Souza
Destiny School Sponsor

The Women's Federation for World Peace, South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.

Dolores Read
Destiny School Sponsor

I have been happy to support projects that IRFF is running in Uganda. In particular, I have donated funds towards the construction of a perimeter wall and a playground at Destiny School. I really appreciate the good work IRFF has been doing over the years to help people/children in Africa.

Joyce Suda
Destiny School Donor



Support IRFF UK With A Donation Today

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Empowering Communities and Changing Lives

Charity Number: 281776

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