

## True Father: The Unification movement is the movement to spread true love to the whole world

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Anyonghaseyo, dear brothers and sisters!

Here again some inspiration, based on the words of True Father and True Mother:

True Father: "The ideal of unification will be fulfilled when you treat everyone as your Abel." [1]

Who is our "Abel"? It is the person or the people who has/have more heart than us:

True Father: "Think highly of a life armed with heart. Those who have more heart than me are Abels to me." [2]

Abels are those that we feel embraced and loved by, that have a parental heart for us.

When we feel such a love coming from someone, then we feel attracted to that person and would never get the idea to treat that person bad. We would respect and love that person and want to give back, one way or another.

The problem starts when we are not willing or able to treat everyone else like that as well, even people whom we would rather avoid, people whom we do not like or who do not like us, people who do not treat us in nice ways at all.

If we do not make effort to treat such people with the same respect and love, just as we treat "Abels" that love us, then unification cannot emerge. Rather we create conflicts and strive.

Unity can only come about, if we treat everyone with the same loving heart, no matter what. And this not only for a certain time, but unchangingly, unconditionally, without expecting anything in return. To love people like that, means to love them the way God does. It means to love with true love. By doing that we become "Abels" to those people. And not only that, we become central figures in God's providence:

True Father: "Those who love more, invest more, who give more and forget what they have given, will become central figures. This is cosmic law." [3]

If we become one with God's love, that means if we love the way God does, we will unite the whole world:

True Father: "When we become one with God's love, we will be able to practice God's love.

The unification of the world will then be realized..." [4]

To achieve world unification, we need to embody true love and spread it everywhere we go, to everyone we meet, not only to those that are nice to us, but even to the worst people. This must become our way of life:

True Father: "The lofty vision that humanity longs for, of freedom, peace and happiness, is possible only when we achieve harmony and unity within true love. The Unification movement is the movement to spread true love to the whole world." [5]

Developing a heart of unconditional and unchanging love for everyone and spreading that love to the world, is indeed our main mission:

True Mother: "Let us constantly strive to spread true love. Let us sow the seeds of true love throughout our lives." [6]

These seeds will bring incredible fruit and bring the highest value to our life:

True Father: "The success or failure of our lives depends on how much love we pack into those 80 years that are given to us." [7]

Those who try to pack as much love as possible into their life, are the wisest people under the sun.

They will stand strong even in the greatest confusion. Nothing can stand in their way:

True Father: "Even when the entire world is thrown into confusion, if your love does not change, or if you choose the path of loving others for their sake, then you can always be in control of any situation. Nothing can stand in your way. " [8]

All of us are requested to become such people. And all of us have the potential. It is given to us by God.

Love from Bruno

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3. True Family and True Universe centering on True Love: [www.tparents.org/Moon-Talks/SunMyungMoon97/sm970617.htm](http://www.tparents.org/Moon-Talks/SunMyungMoon97/sm970617.htm)

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5. Pyeong Hwa Gyeong, Book 2: 50 years on the providential path to realize God's homeland and the Peace Kingdom. 2004, Korea: [www.tparents.org/Moon-Books/PHG14/PHG14-02.pdf](http://www.tparents.org/Moon-Books/PHG14/PHG14-02.pdf)

6. Blessed Marriage and Eternal life, 1998: [www.tparents.org/Moon-Books/bmael/hh98040a.htm](http://www.tparents.org/Moon-Books/bmael/hh98040a.htm)

7. A Peace Loving Global Citizen, Page 229: [www.tparents.org/Moon-Books/PLGC-SunMyungMoon-091101.pdf](http://www.tparents.org/Moon-Books/PLGC-SunMyungMoon-091101.pdf)

8. What should our families do?: [www.tparents.org/Moon-Talks/sunmyungmoon01/SunMyungMoon-010129.htm](http://www.tparents.org/Moon-Talks/sunmyungmoon01/SunMyungMoon-010129.htm)