

Sun Jin Nim: You don't lose anything if you're hurt but still love and forgive. You gain

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May 1, 2018

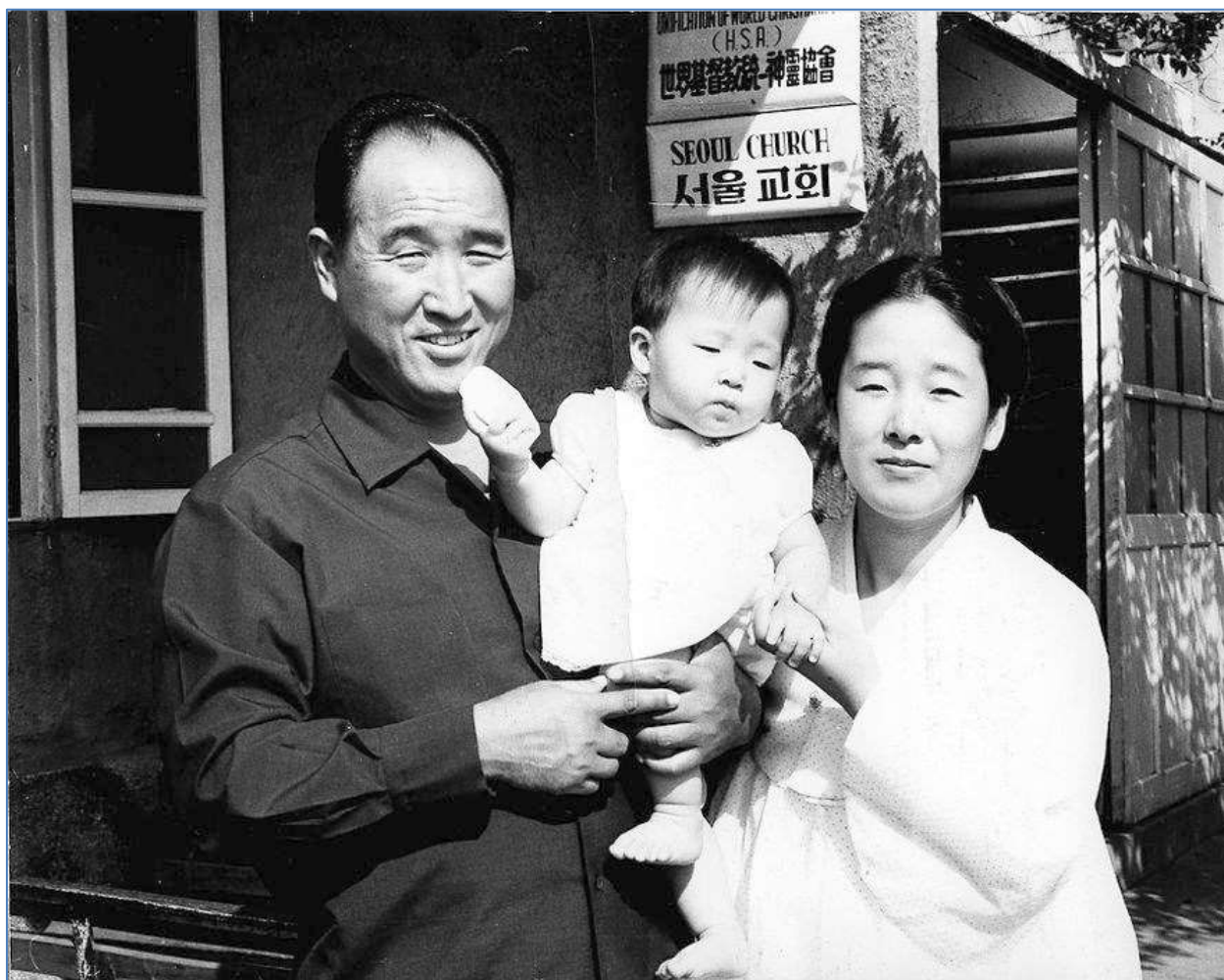


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Anyonghaseyo, dear brothers and sisters!

Here again some inspiration, based on the words of True Father, True Mother and Sun Jin Nim:

True Father: "The true dispensation cannot appear on earth unless an individual, family, tribe and nation can practice the principle of loving their enemy. Until such a nation appears, you cannot talk about the Kingdom of God on earth." [1]

That is why True Parents have devoted and are still devoting their lives for the sake of embracing the "enemy world":

True Father: "Reverend Moon is one man who has been embracing everyone, including good people and evil people, trying to melt all their qualities with the true love of God. No one has thought in that fashion, let alone lived his entire life that way. Without a doubt, all mankind shall come under this one tradition. The True Father and True Mother have committed their lives for the sake of their mission, for embracing the enemy world." [2]

Through unconditional love, love even for the so called enemies, True Parents made and make a big difference:

Sun Jin Nim: "During those racially and nationally tense historical moments, True Parents knew that only when we can unconditionally love our enemies, can a peaceful world begin to emerge. They even risked their lives to unite and embrace leaders of enemy nations in order to bring peace and healing to this world. This is the level of courage and heart that I hope all of you, as leaders, can inherit from our True Parents." [3]

Through true love, love even for the enemies, the Kingdom of God will appear on this earth:

True Mother: "I would like to begin a new era, an era of peace, an era where we share the heart of true love and living for the sake of others, an era of living centering on altruism, where all of humanity can

attend God as our parent. We can establish together a world of peace, equality, unity, and happiness. Together, we can realize the Kingdom of Heaven on Earth." [4]

We all are called to share the heart of true love with all people of the world. And the more we develop such a heart within ourselves, the more we can share that heart. Everyone can do that. Everyone can make this choice, and everyone can practice true love:

Sun Jin Nim: "Many people think, I'm hurt and if I hold on to this hurt, somehow justice can come. It doesn't come. You are just holding on to anger and your heart darkens, your life darkens, but when you love, when you forgive love and unite -- this is what Father teaches and this is why it works -- you let go of whatever someone else did to you. You choose; you choose to love. You choose to invite in forgiveness or unity, and by doing that, you transcend that darkness. You are growing the light in you. You don't lose anything if you're hurt but still love and forgive. You gain.

This is what Father teaches; love your enemy. This is how we save the world. This is how we surpass all divisions." [5]

The more often we choose love instead of resentment and hatred, the more we develop the heart of God in ourselves. We become the lights of the world, more and more. And loving the unlovable will become less and less difficult. It will become our nature. Practicing true love will make us unstoppable:

True Father: "My philosophy is very simple. If you have the attitude to love your enemy, then you can overcome any situation and there is no obstacle that can block you." [6]

It is good to be nice to an unlovable person once in a while. But it is more important to gradually develop the heart and attitude of true love, the life style of true love. Then we will more and more love any kind of person and we will notice that we do not need to force ourselves anymore to do that. It will become natural and even joyful. Then we truly represent God in this world.

And that will make a big difference, in our life and in the life of others. Everyone can do that. It is the destiny of all of us, a glorious destiny. We may not reach that destiny by tomorrow, but even the journey towards that destiny is a glorious and wonderful one.

Love from Bruno

1. God's fatherland: www.tparents.org/Moon-Talks/SunMyungMoon00/SunMyungMoon-000500.htm
2. The restoration of true love, Chapter 11: www.tparents.org/Moon-Books/sm-tl1/TL1-11.htm
3. Sun Jin Nim, 20.8.16, Korea: www.tparents.org/Moon-Talks/SunJinMoon-16/SunJinMoon-160820b.pdf
4. True Mother in Senegal, 19.1.2018: www.tparents.org/Moon-Talks/HakJaHanMoon-18/HakJaHan-180118.pdf
5. Sun Jin Nim. (Excerpts from Sun Jin Moon's Heart to Heart Session in Las Vegas, USA, January 12 – 14, 2018): www.tparents.org/Moon-Talks/SunJinMoon-18/SunJinMoon-180114.pdf
6. Practicing One Simple Principle, "Love Your Enemies": www.tparents.org/Moon-Talks/sunmyungmoon80/SunMyungMoon-800221.htm