

World Mental Health Day

Robin Marsh
September 30, 2015

World Mental Health Day
World Mental Health Day Humanitarian Conference
Date: Sat 10th Oct 2015
Hosted by Universal Peace Federation (UPF) - UK
43 Lancaster Gate, London W2 3NA
Time 10.00 am - 16.00 pm

You are cordially invited to The World Mental Health Day Humanitarian Conference. The Conference will feature a lively discussion on Promoting Dignity in Mental Health, the Presentation of Humanitarian Awards, Book Launch, Music, Networking with Professionals and VIPs, Cutting of Celebration Cake and other interesting programmes. We shall greatly appreciate your participation and support.

10.00 -11.00 am Arrival and Registration

Opening Prayers

11.00-10.10 am Welcome Address: Chief Yemisi Agunbiade Sanusi Former Vice President of the African Region of the World Federation of Mental Health

11.10-11.20 am Opening Remarks by UPF Executives: Margaret Ali / Robin Marsh

11.20-12.20pm Session 1 Promoting Dignity in Mental Health

Chair: Dr Edwin Sawacha MBE, Representative of CANUK

Lead Discussants: Dr Dele Olajide, Consultant Psychiatrist, The Maudsley London

Rev. Nathaniel Oyinloye, Director, Hospital and Prison Action Network

Prince Cassim Adepegba - Community Leader

Mr Wole Ojerionla - Sec, International Psychiatric Nurses Association

Facilitators: Ms Sarah Menzie, Lecturer, EOU and Janet Sebastine

12.20-13.00 Open discussion /presentations from the audience

13.00-13.20-Coffee Break /Refreshment

13.20-14.00- Keynote Address by Special Guest of Honour & Presentation of Humanitarian Awards

14.00 -14.30 Book Launch - 60 Inspirational Tips on Healthy, Happy Long Life

14.30- 14.45-Cutting of the Special Cake

14.45-15.00 Lunch and Networking

Free admission

Registration: Please send your name and mobile number by email to Yemstars@ Yahoo.com to confirm your seat before 5th Oct 2015.

Thank you and God bless,

Chief Mrs Yemisi A. Sanusi,
RMN(UK) CQSW(Manch) MA(Kent)
Ambassador for Peace & President, IDAY-UK, Former Vice President of the African Region of the World Federation of Mental Health

Please find more details below about the Global World Mental Health Day WHO / UN / WFMH. Theme. Dignity and Mental Health

World Mental Health Day, which is supported by the United Nations (UN), is annually held on October 10 to raise public awareness about mental health issues worldwide. This event promotes open discussions on illnesses, as well as investments in prevention and treatment services. Depression, including among young people, is a major mental health problem. World Mental Health Day promotes the awareness of such issues.

What do people do?

World Mental Health Day is observed in more than 100 countries on October 10 through local, regional and national World Mental Health Day commemorative events and programs. Activities include:

Officials signing the World Mental Health Day proclamation.

Public service announcements.

Educational lectures and the distribution of research papers on mental health issues.

Awards to individuals or organizations who made significant contributions in improving mental health issues.

World Mental Health Day is an initiative of the World Federation for Mental Health (WFMH). The World Health Organization (WHO), which is the UN's directing and coordinating authority for health, supports this event. The Mental Health Foundation is another organization that is proactive in promoting World Mental Health Day.

Public life

World Mental Health Day is a global observance and not a public holiday.

Background

Mental disorders affect nearly 12 percent of the world's population – about 450 million or one out of every four people around the world – will experience a mental illness that would benefit from diagnosis and treatment. WHO statistics for 2002 showed that 154 million people globally suffered from depression, which is a form of mental illness. According to WHO, mental health is defined as a state of well-being in which people realize their own potential, can cope with normal life stresses, can work productively, and can contribute to their community.

Mental health services lack human and financial resources in many countries, particularly low and middle income countries. More funding is needed to promote mental health to increase people's awareness of the issue. In response to making mental health a global priority, World Health Day was first celebrated in 1992 as an initiative of the WFMH, which has members and contacts in more than 150 countries. Each year the UN, through WHO, actively participates in promoting this event.

Symbols

The WHO logo or emblem, which was chosen by the first World Health Assembly in 1948, is often associated with the UN's promotional material for World Mental Health Day. The emblem consists of the UN symbol surmounted by a staff with a snake coiling round it. The staff with the snake has long been a symbol of medicine and the medical profession. It originates from the story of Aesculapius who was revered by the ancient Greeks as a god of healing and whose cult involved the use of snakes.

The UN logo is often associated with marketing and promotional material for this event. It features a projection of a world map (less Antarctica) centered on the North Pole, inscribed in a wreath consisting of crossed conventionalized branches of the olive tree. The olive branches symbolize peace and the world map depicts the area of concern to the UN in achieving its main purpose, peace and security. The projection of the map extends to 60 degrees south latitude.