European Second Generation Summer Booklet 2010



Introduction

Dear All,

We are happy to present to you this year's Summer Booklet 2010. As you know the focus and motto of this year was "Indivisual - expressing True Parents style".

As Second Generation we are also confronted to find our way to connect to True Parents' heart. This summer many different activities made us think about how we actually see True Parents, what they mean for us in our life and how we can implement their style in us.

I could experience that this was for many Second Generation a step closer towards True Parents and their own life of faith. I am happy that many Second Generation shared their deep experiences in testimonies with us.

I hope that reading the selection of testimonies and seeing all those great pictures will bring back wonderful memories of the summer and that it will remind you of the steps that brought you closer to True Parents.

Enjoy the booklet and we look forward to seeing you next summer!

Oh ohlduh

Orlande Schenk ESGD Director

Summer Motto 2010

INDIVISUAL expressing True Parents' style

We have reached the 10th year of Cheon II Guk, time is running fast and time is precious. We are blessed to live at the same time as our beloved True Parents on this Earth. That's why it is important to realize the value and the greatness of our True Parents now, more than ever.

"When I look at you, you may be good-looking and bright, but the primary condition is how hard you have worked for God's will. I know clearly what I have gone through, so until I die I won't forget people who shed tears with me along the way, who sympathized with me, and who sincerely did their best to fulfill God's will and to dissolve His sorrow." - True Father



We want to uphold the virtues of a child of God, and lead a righteous life. We can show others that we care about the world, about God, about people around me. That's True Parents' style: and it continues to live on in us. It's our turn to carry this on and make the world a better place. It's our time to be Indivisual for True Parents: every single one of us visually expressing their vision and love for the world.



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5 - 25 June	-	Prayer Condition	
26 June - 9 July	17+	FR Condition	Europe
20 - 29 July	1994 - 1996	Junior WS	Camberg, Germany
2 - 9 Aug	1992 - 1997	Jr. STF Assembly	Madrid, Spain
12 - 20 July	1992 - 1994	Senior WS I	Noorbeek, Netherlands
4 - 13 Aug	1992 - 1994	Senior WS II	Eindhoven, Netherlands
11 - 31 July	16+	21-Day DP WS	Madrid, Spain
19 July - 10 Aug	17+	21-Day MOB	Europe
1-8 Aug	14+	Football WS	Seebenstein, Austria

ESGD HARP **Summer Overview**

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Activities for the Age 12-18 _ _ _ _ _ _ _ _ _ _ _



21 Day Prayer Condition

Details: Dates: 5 - 25 June Everyday Prayer for internal and external success of the Summer activities

We want to start this summer all together by joining a 21 Day prayer condition, in order to prepare internally, as well as support the spiritual protection, safety and success of this year's summer activities.

"You must understand that the importance of prayer and have conviction that the prayer will be answered. Through prayer you can receive power."

(Way of Tradition III pg,183 #2) True Father



Every year we start the summer activities with a prayer Condition. We feel it helps to get into the right spirit for the summer activities and helps us to prepare externally and internally for it. We always encourage the Youth leaders, participants and parents to be part of the prayer condition too.

During the workshop we also have the tradition of staff praying daily for each participant for their protection and for a fruitful workshop.



Details: Place: Camberg, Germany Age: 14 - 16 (1994 - 1996) Date: 20 - 29 July Participants and staff: 89 Workshop Leader: Miwha Hanna

Being the first steps on a European level, this workshop is for the younger HARP members to develop and experience brother-and sisterhood internationally and to learn and practice the values of HARP in order to be positively empowered as a member of ones own

family and as a citizen of the world. We want to provide you with enriching education and give you time to discover your true potential as a child of God.



Kazuyuki S. (UK)

The Junior workshop has been a great experience for me. At the start I felt a bit worried that I would not be a great team leader because I was the youngest and there was quite an age gap. But after spending time with the other team leaders, they made me feel so welcome. And the emotion of fear and sadness went away, and what came over was a sense of happiness and joy. The workshop was great as a whole, I really enjoyed it all, best of all Yute. We worked really well together as a team.

My team... At the start I was a bit nervous (but you always are at the start). But continuously spending more and more time with them, it felt like home, sort of like I had already met them. Each one of them bought their own qualities to the team, I could not ask for a better team. I really connected to each of my team members. They all made a print on my life and heart and I will not forget them and all the things they did, and all the good times we had together.

I'm really proud of the improvements I saw from them, some of them at the start were shy little things, but they opened up and let us in, an experience I will not be forgetting.

My goals for the workshop were to get to know more people and build good friendships, make some laugh, try to learn another language, give my team the most awesome time ever, and get to know myself more. I feel like I have accomplished 90% of them and am still working on the rest. Through these goals I have made people happy and made some new friends. Our team goal was to pick two teams each day and give them something nice, do something for the whole team, and each person individually too. I really felt my team put a lot of effort into this team goal. It not only helped the teams and people, but our team to unite as a team and as individuals. It helped us to get to know more people.

Throughout the workshop we had a lot of talks from people about True Father, prayer, purity and other things. The most important thing I learnt was that having a good, pure and proper relationship with people is a key thing for life. Having friends help you get through the tough times, and I made some friends from this that I never thought I would make. There are some people who I thought I would not like. But here I am, together as friends, and these friendships won't end.

The most challenging thing for me from this workshop was trying to be an example. It was so easy just to be a follower, and hard to be a leader. But at the end I think I got there. The best thing about the workshop was my team. Go team 4! I'll never forget the wonderful time we've had, and I hope for all the best for each and every one of you. I really hope you guys go on to do great things and become great people. Thank you for everything.

Kimberly S

The motto means my own vision and True Parents' vision of how everything should be. I wanted to meet BCs and make new friends with whom I could share wonderful experiences in the hope that we could all have a great time, learn a lot, and grow spiritually. I also tried to do more for others like help cleaning, or give them a hug. I ended up doing the latter a lot but it was nice to able to help even by just giving a hug. I expected that the workshop would be a greater experience if I invested in it to the best of my capabilities and if I tried to do that, then it worked! Every moment of the workshop was great. (Maybe not the waking up so early part). I came to the realisation that God and True Parents suffered so much for our sake and that we can exist and be together like this because of that and I am very grateful for that.

I hope to see you all soon. Lots of love from your sister, Kimberly.







Anonymous

Times are difficult for many people, especially in their teenage years. HDH in the morning and various conditions are important to keep us on the right track. But, in prayer was I really connecting to God? No. In town, neighbourhoods and in school, I forget many important dos and don'ts. The atmosphere is not ideal and I have trouble connecting to God. Throughout the year I have been waiting to go to a workshop where the atmosphere and the mind set can be right. Through the inspiring lectures and healthy lifestyle, I could have my desired scenario in developing my relationship with God. For that I feel grateful for this workshop.

I expected an answer to my prayers before the workshop. But when I listened to Father's speech on the workshop, I felt more opened. He made me realise that seeing spirits and hearing voices weren't the only way to connect to God and understand him. And so, I prayed with this in mind and in fact, I had a realisation. I remembered the quotes by a True Child "Even though we are lacking, we are all that God has" and I felt God's sorrow.

We had very nice people on this workshop, all lively and impatient to get to know each other. My team leader comforted me when I felt guilty for being so imperfect in front of God. It provided me with priceless experiences and a chance to pull myself together, a chance to meet new people, a chance to share, to love, to laugh, to come to realisations, and through the people, a chance to meet God.

	the arrival of the rebels	the kick start	Why a messiah?	the heart of our true father	Whats the vision?	my value.	be true to yourself	what do I want?	Now what?	be indivisual.
	Tue 20th July	Wed 21st July	Thur 22nd July	Fri 23 rd July	Sat 24 th July	Sun 25 th July	Mon 26 th July	Tue 27 th July	Wed 28 th July	Thur 29 th July
6:30		Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning
6:45		Morning sports	Morning sports	Morning sports	Morning sports	Morning sports	Morning sports	Morning sports	Ahn shi II	Morning sports
7:15		HDH & MS	HDH & MS	HDH & MS	HDH & MS	HDH & MS	HDH & MS	HDH & MS	HDH & MS	HDH & MS
0.00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:00		Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	
9:30		Orientation and Intro: Miwha	Messiah	true father		pure lifestyle	sharing about true family and showing videos	Expressing yourself	Final Presentation (ESGD)	Cleaning
11:00 AM					ct		share an	team project		
12:00 PM	Arrivals	Team building activities	team project	team project			sharing boys & girls	experience in the team	 whats your passion 	Reflections
13:00		Lunch	Lunch	Lunch	challenge day	Lunch	Lunch	Lunch	Lunch	
14:30		Team building	national preparation for the performance	girls swimming/ boys afternoon	1/	girls afternoon/	sports & games	water games	family evening preparation	
16:00		activities	break			g			break	
16:30							creative group			Departure
18:30			creative group team meet	team meeting		team meeting	<u> </u>	team meeting	creative group	Departure
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00		Goal setting and	sporte 8 gamos	national	campfire + chants	2 nd Gen, ws parents	yute tournament	21 min prayer	Family Evening	
21:00	registration	prayer (12 min)			of the indivisual	testimonies about faith	with a prize	evening	Farmy Evening	
	Closing prayer	Prayer Evening	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	
23:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	

HARP Junior Schedule 2010





Senior HARP Workshop I

Senior I Details: Place: Noorbeek, Netherlands Age: 16 - 18 (1992 - 1994) Date: 12 - 20 July Participants and staff: 36 Workshop Leader: Daniel Christensen

For the older HARP members, this workshop is a place to gather and share more advanced thoughts and discussions about developing our faith in more practical ways. We want to emphasize the importance of the individual involvement of participants, in both thought and actions, to make this a personally meaningful and impacting workshop for everyone!

Alexander Woli F. (UK)

My goal for this workshop was to understand the parental heart. I wanted to understand the heart of my own parents, True Parents and God. Why do they all have this unconditional love towards their children? Why are they able to love anyone? Why do they always pay the ultimate sacrifice without hesitation to make their children happy? A big goal. A goal I would probably only fully understand when I become a parent myself. However, this workshop was a step forward towards achieving my goal. My team was so amazing, there were people from all over Europe, very different from each other, but this did not stop them uniting with each other. Instead the differences were used to help each other grow and blossom. As team leader I felt like I had to set an example and give guidance to my team, yet I feel that I gained more than I gave. I realised that the key to success is working with other people, the key to a happy life is unity.

Abraham D. (Ivory Coast)

For me, the greatest moment was the challenge day. During this moment I learnt so much about each one on my team. It's really a nice opportunity to get deeper in our relationships by working together as a team, helping those who are in difficulties and trusting in everyone in your team. I think team work is really important because everything you do in a team is better than being alone, and it's quicker, even to bring peace in the world we need to be a team, as a family. It was such a nice experience I had in this workshop.

Najette Ch. (Tunisia)

I think the motto is the key word to all our activities such as HDH through which we learnt, or I learnt, more about True Parents and Jesus, and many many other things! From this workshop I take home all the amazing things I've experienced and all the new things I learnt about True Parents. I also learnt more about teamwork. Just remembering all the things I learnt and all the great experiences I had will change a lot of things in my life such as changing the way I think, being able to volunteer and finding topics to talk about with God.





Michael K. (Austria)

To me the motto is not limited only for the time being at the workshop, but our inner attitude that will find it's place in our life. We have to find our personal reasons for why we live the way we do. I definitely want to practice things I've learnt here also at home. The days were so packed with activities that there was no room for feeling sleepy. I want to read HDH, learn about father's life and develop my own indivisual character with unwavering faith. I will continue by studying the Divine Principle for gaining an inner strength to spread the will of God. I do not want to hide what I am and from what background I come from any more. I shall stand for it and meet encounters with a reinforced conviction so that people around me can be inspired to do so as well.



HARP Senior Schedule | 2010

	the arrival of the rebels	the kick start	Why a messiah?	the heart of our true father	Whats the vision?	my value.	what do I want? be true to yourself.	Now what?	be indivisual.			
	Mon 12th July	Tue 13th July	Wed 14th July	Thu 15th July	Fri 16th July	Sat 17th July	Sun 18th July	Mon 19th July	Tue 20th July			
6:00		Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning			
6:15		Morning sports	Morning sports	Morning sports	Morning sports	dood morning	Morning sports	Morning sports	Morning sports			
6:30		HDH	HDH	HDH	HDH	Ahn Shi II	HDH	HDH	HDH			
7:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast			
		Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning				
9:00	Arrivals	Orientation and Intro: <i>Daniel</i>	Discussion			Pure Lifestyle	Expressing your Belief to Others Daniel	Final Presentation (ESGD)	Cleaning			
		ice breaker games	Messiah Hans Campman	True Father Daniel Christensen			Whats your Passion Daniel	Reflections				
	Anivais					•			Sharing Brothers/ Sisters	Lecture Practice in Teams		
13:00		Lunch	Lunch	Lunch	Challenge Day	Lunch	Lunch	Lunch				
14:30			Boys swimming/	Sports & Games	Sports & Games	Sports & Games		Water Games	Girls swimming/	Family Evening preparation		
16:00		Team building	Girls afternoon	Break	1		Boys afternoon	break				
16:30		activities		Creative Group		Creative Group		Creative Group	Departure			
18:00			Team Meeting				Team Meeting					
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	BBQ				
20:30	welcome, games for the arrivers	guidance from director, setting goals	Love everyone Lisa Janssen	Indoor Games	Campfire	Blessing Testimonies	One presentation from each team	Family Evening				
ca 22:00		prayer – 12min (goals)	Sports & Games				21min candle prayer	Graduation				
	Closing prayer	Prayer Evening	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer				
23:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out				

Senior HARP Workshop II

Details: Place: Eindhoven, Netherlands Age: 16 - 18 (1992 - 1994) Date: 4 - 13 Aug Participants and staff: 53 Workshop Leader: Orlande Schenk





Tony Y. (France)

I am happy with my team. I always try to see everyone as a valuable person. Everyone in the team is just so unique. I think I could make the team members comfortable; I gave them a lot of understanding.

I am just happy to see the team happy. They brought me a lot of joy.

Deborah C. (Italy)

Actually I came to this workshop to get to know TPs better because I don't really feel close to them or feel that I know them.

I actually achieved this goal. I was so impressed by the videos and the lectures given about TP.

Before the workshop, my sister gave a testimony about her workshop in Camberg. She told me that it wasn't as hard as she thought it would be.

So I came with the expectations that it would be similar and that I would listen to some good lecturers about TP. Instead I was confronted with a lot of challenges. And I liked it. I was in Camberg 2 years ago and I remembered that it wasn't so easy for me but I could grow a lot through it.

And in this workshop I grew a lot too. I had to face a challenge everyday!

Starting from missing my family, to the testimony I gave to my team about my spiritual experience and a challenge day where I felt very cold and tired.

But probably God gave me these challenges so I could grow.



Corina P. (UK)

For me the motto is all about expressing yourself in your own individual way, regardless of what others may think. We should be true to our own beliefs, and also express and practice TP's style within our daily life. We should be determined with our goals and not hold back on anything and we should never give up on any dreams, however big they may be.

One great experience for me was standing up and giving the talk about TF (participants had to share an experience in front of everyone). I was so nervous before going up but I managed to relax and almost talk naturally to the audience.

This was a big step for me as I would never usually have been able to do something like that. My last great experience was the 21 minute prayer. I felt so close to God in my heart and it was so easy to just talk to him as if he were a best friend.

	the arrival of the rebels	the kick start	Why a messiah?	the heart of our true father	Whats the vision?	my value.	i am europe	what do I want? be true to yourself.	Now what?	be indivisual.
	Wed 4th Aug	Thur 5th Aug	Fri 6th Aug	Sat 7th Aug	Sun 8 th Aug	Mon 9 th Aug	Tue 10th Aug	Wed 11th Aug	Thur 12th Aug	Fri 13th Aug
6:00		Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning
6:15		Morning sports	Morning sports	Morning sports	Morning sports	Morning sports	Ahn Shi II	Morning sports	Morning sports	Morning sport
6:30		HDH	HDH	HDH	HDH	HDH	HDH	HDH	HDH	HDH
7.45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
7:45		Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	
9:00		Orientation and Introduction: Orlande & Océane				Pure lifestyle	EU Funding Day	Expressing yourself: working in teams	what's your passion?	Cleaning
	Arrivola	Ice Breaker Games	Messiah Hans Campman	True Father Orlande & Oceane		joyce & oceane		Lecture practice	Final Presentation (ESGD)	
	Arrivals					Sharing			Reflections	
3:00		Lunch	Lunch	Lunch	Challenge Day	Lunch	Lunch	Lunch	Lunch	
4:30			EU funding	Sports & Games	, , , , , , , , , , , , , , , , , , ,	Water Games	Sports & Games		Family evening Preparation	
6:00		Team building	break			break	break	Outdoor Fun!	break	
3:30		activities		break			Droporation for			
			Creative Groups	Drouit		Creative Groups	Preparation for National		Creative Groups	Departures
3:00			l Greative Groups	team meeting		Greative Groups	Presentations	team meeting	Cleative Gloups	
9:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
9.00	Dinner	Dinner	Dinner	Difficer	Diffier	Diffier	Dinner	Dinner	Dinner	
):30	Welcome	Guidance from Orlande	Sports & Games	Love Everyone Lisa Janssen	Campfire Evening	Blessing Testimonies	National	Presentations	Family Evening	
22:00		prayer – 12min (goals)		Indoor Games	p	21min Candle Prayer Presentations from each Team	from each Team	Graduation		
	Closing prayer	Praver Evening	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	

HARP Senior II Schedule 2010





Details: Place: Madrid, Spain Age: 12 - 18 (1992 - 1997) Date: 2 - 9 Aug Participants and staff: 35 Workshop Leader: Jonathan Dixon



The Jr. STF Assembly is a different kind of workshop, designed to give you an experience of the True You. This year's focus is on finding the tools for Everyday Greatness. It's about learning to get the most out of life and Jr. STF, by giving you the chance to share

your own Greatness with the rest of the workshop: putting the True You in the Big Picture.

The workshop is based on a system of designing your own schedule, with key aspects such as challenge day shared with the whole workshop.

This workshop is also open for older BCs (17+) who are not part of Jr. STF, to participate as an older brother or sister figure. The schedule is flexible to make room for special activities just for older ones, while there are also many opportunities to work closely with the younger participants.

Cheralyn G. (Germany)

After one year patient waiting, hard investing into tasks and mentally growing through experiences, summer was finally there and it was time to go to the Jr.STF Assembly. This year it took place in the Spanish WS Center "El Manantial del Corazon", from 2nd – 9th August. I guess everyone was very excited about that. Not only because it was in Spain and because we were happy seeing all our brothers and sisters again after a long time, but also because we knew this Assembly is going to be amazing and that many challenges were waiting for us.

This year's motto was "Everyday Greatness – The True You in the Big Picture". I was thinking about that a quite long time, "what exactly could I launch out with it?" I concluded that every single person has their own talents. Whether it's playing an instrument, breakdancing or giving speeches, God gave us an ability for a special reason – we just have to know how to use it. Even if we see it as so small and needless, in God's eyes it's bigger than we may ever imagine.

So I set as goal for this Assembly, to accept my talents and who I am. And I can say it's more difficult than I thought it would be. As I saw all the others playing piano or guitar, singing or talking in public like it's the easiest thing, I was asking myself: what am I? I felt like nothing. I really wanted to be happy with myself but somehow I couldn't. At the end of the WS I didn't reach the goal that I'd set. So at home I talked with my mom and she explained to me that I couldn't reach my goal at the Assembly not because I'm the problem, she said, the problem comes from home. Parents have to accept how their children are and children need to trust in their parents so that they can help each other and to grow in their relationships.

The Assembly is full of challenges – the participants are those who are leading Morning groups, Activities & Sports, etc.. I think, many who lead one were challenging themselves and many also wanted to lead one but maybe they were thinking, "Yea I guess nobody will come to my group and anyhow there are already enough who'll lead one." Also for me it was a challenge to lead one. So I did one with another sister and at the end I felt very happy about that :)

The Highlight of the Assembly was of course the Challenge Day! Our task was to climb up a mountain and to get to a point we were told. Sounds easy, right? ...If you assume that you know



STRASSEMBLY EVERYDAY GREATNESS - The True You in the Big Picture 2010



the way >_< Well, at the end all four teams got lost. Team 1, 3 and 4 made it to the top – but of a completely different mountain. Funnily enough they all found each other and worried then about team 2, while this team, which I was also in, was all the time on the right mountain but apparently didn't know where to go. Of course, in this moment, I guess, everybody was laughing about this in one hand, and in the other hand weren't happy about it, but I think if we didn't get lost, how would we otherwise stick together as a team? Without this it wouldn't have been so Challenging :D So we were much happier by the time we were picked up by the van and finally got to the place. I always love the feeling after a difficult situation when you just feel free because you didn't give up and reached it to the end. Especially when you look back at those moments. And this makes the Assembly so special _N

Thanks to all who made it so amazing!

Jr. STF member, Green Level

"The experience of the Challenge Day[...] has been hard but it may be my most important experience, to be ready to overcome my future obstacles. It is so precious, even if it makes me suffer. I think I needed to experience it in order to change my relationship with my brothers!"



Jr. STF member, Italy

"I feel that for me, spiritually this [workshop] is more deep, 'cos I had more spiritual challenges."

Anon

"Morning with God was really special because I never felt that God was so close as in that time."

German Green-level member "The prayer evening was the most important for me! I had a such a good experience - I hope that when I go home I can keep this attitude and mindset with me!"



Jr.STF Assembly Schedule 2010

07:00 07:20 07:55 08:30	Monday 2 nd	3 rd					Friday			Sunday	Monday		
07:20 07:55				4	th	5 th	6 th	7	th	8 th	9 th		
09:00		N		ke up with music Morning Sports HDH/ MS orning with God Breakfast				Wake up with music Morning Sports HDH/ Morning Service Morning with God					
	Arrival of Participants	Breakfa: Motto lecture			lecture			Habits lecture		Breakfast Habits lecture			
11:15	r aruoipants		Activity Time	sibling	younger time or speaker				Outdoor Challenge	How Jr. STF Works	Activity Time	Symposium (Many parallel Lectures to choose from)	Closing Ceremony
13:30		Lunch and Te		eam meeting			Lunch and Teammeeting						
	Individual Preparation Course	Spor	ts	Activit	y Time	Outdoor Challenge Sleeping outside		Service Project		Activity Time Exhibition of Work	_		
17:00			Core Values	Activity Time					throughout Assembly	Packing,			
18:30		Din	ner						Din	ner	Cleaning, Departure		
Те	Velcome, Ice breakers, eambuilding, Overview, Prayer	Activity Time O		Outdoor	Outdoor Challenge		Dinner at Campfire	Spiritual and lette		Reflection and Evaluation			
21:30				Sleeping	g outside			Refle	ection				
22:30	Dream	n Journey						Dream	Journey				



14 Day FR

Details: Place: Tyrol/ Switzerland Age: 17+ (June 1993 or earlier) Date: 26 June - 9 July (Arrival and Departure Dates - whole day) Participants and staff: 9 FR leaders: STF

According to True Father the main purpose of FR is education. It's a great opportunity to develop and solidify your spiritual life and relationship with God on the front line. By facing challenges you will learn to strengthen your mind-body unity and to mobilize the spiritual world. You will also have a deep bonding

experience with your brothers and sisters through two weeks of adventurous team life in the van. It will be organized and guided by STF.



Rick B. (France)

When I applied for the 14 days FR Condition, I didn't have any idea of what MFT or just even FR could be. I just knew the concepts but that was it.

I was sent with all other participants to an STF team where I really learnt a lot from their commitment and humility... I've never lived public life with a team 24/7 so at the beginning I was struggling a bit about that, but it finally became such an enriching experience! And then we were gone for Switzerland.

We were so lucky to have found a wonderful place for rest, a camping site in Kreuzlingen just close to a huge lake separating Germany, Switzerland and Austria. It was a really nice and peaceful place where we did all our HDH, morning sport and breakfast time. It was certainly the best place to energize before we could begin an intensive "run". We were very well supported by STF members, the beginning was really nice and we could make our first "runs" very smoothly with one STF member to explain and encouraging us to have a good start and so giving us lots of self-confidence.

I'll always remember my first run, my first donation, all the sharing time with my team that I've never had before, and with those people I FR'd to even though I didn't speak a word of German. It was short, but just meeting people was such an amazing experience. During FR it's not easy to realize this. But yea it was in the nice moments we had with our team - like when we went to a swimming pool, or making a barbecue - that I felt the internal benefits of FR and how I understood so much thanks to FR. And even for rejections, it's not like I loved to be rejected, but I just understand how these rejections made me stronger when I just focused on what I had to do. Before this FR condition it was just an idea, and it became a reality.

I'm so grateful for what I learnt, I didn't expect so much for this FR condition, and yet it was such a deep experience.

Rachele A. (Italy)

I heard something about the FR condition a year ago, while I was spending some time on the internet. I was curious, but so afraid because no one from Italy wanted to attend that condition with me, so I said "No, I don't feel ready". Right now I don't know if my decision was good or not, maybe I needed to grow up before challenging myself with FR, who knows. Anyway, time passed by, things happened and I changed a bit, becoming more secure and developing my English. So, when I read "FR Condition" on www.esgd.org around May, I told myself: "I HAVE to do it." And, I swear, it was the best decision I could make, better than everything else. I liked this condition, its organisation, from the Kick-off to the last day, the places where we FR but, especially, the people. We were like a big, united group. I felt like the others were my brothers and sisters, there was such a nice and pure feeling between us. Even if we didn't know and we spoke different languages, we had the same goal in our mind, and this helped us to become closer, day after day. One thing I really appreciated was to share this condition with some STF members. They are used to FR, so they could give us guidance and a possibility to grow. They were older brothers and sisters and I think that they took really good care of us. Also, to share 14 days in a van, in which you don't have a real 'personal time' makes you more open and closer to others. You do everything with your team, so that it becomes part of your life. It's a strange but amazing feeling! Even if there were difficult times, especially during FR, in which nobody wanted to give you anything and you felt like, "What am I doing? Why am I here? I could be at home, going out with some friend or taking time for myself", you could always count on your team, and you could be

some mend or taking time for myseli , you could always count on your team, and you could be sure that they were supporting you, in one way or another, so that your challenges became easier to overcome. I guess this is true unity, I really appreciated it.

During this condition, I understood how much FR can help you to grow up, to make your heart humble and to feel God. FR is a way to make a strong foundation for you, for your life and for your future Blessing. Some days FR can be simply amazing, some other days quite sad but never, never empty because you always receive something, and this is wonderful!

I don't know what else to say...I just can repeat that it was such a nice experience, I enjoyed it in bad and good times and I hope that everyone can experience FR once in their life! Thank you!



21 Day Mobilisation

Details: Place: across Europe Age: 17+ (June 1993 or earlier) Date: 19 July - 10 Aug Participants and staff: 26 Activity Leader: Martin Alexy



The Mob consists of FR, Ocean Challenge and Service projects. This is another great way to practice our values through experiential learning, as well as developing our relationship with God and True Parents.

Note that the Mobilization fulfills the Blessing preparation requirement of a 21-day workshop.



Hannah (UK)

The MOB has been the most challenging but also the most rewarding workshop I've been to. I feel more independent in some way and at least if I have more problems to overcome I will know how to deal with them.

This biggest challenge was FR. It was my first proper FR week so I was really nervous at first. However after a few days I got into FR and when I had finally learnt my line I could start to see the value of FR. It was challenging to keep myself positive all the time without the company of someone else. Rather than just seeing the people as objects to sell the product to, I tried to care for them by smiling and being friendly with the thought of helping them to spend their money for a good purpose. I also had time to pray to God and rather than just praying for myself I prayed that I could use FR to support God's providence. Eventually I started to have higher results and began to enjoy challenging myself as I saw it as a way to grow internally.

When I decided that I was doing FR to help God, it gave me so much more energy than when I was thinking of just myself. I felt really happy as if God was really with me and things like rain and being cold didn't bother me. I learnt that investment is never lost and also that challenges make you a stronger person.

I think the ocean challenge was a great way to end the WS. It was both challenging and relaxing. I think I had the best team and I made some really good friends.

Lisa (Sweden)

My goal for this WS was to try to find my own faith in my own way. Following and believing the church has never been a big problem for me. That's why I want to find my own faith within the church. Find out what I stand for and why. Hearing other people's testimonies, talking a lot with people and hearing their point of view was very valuable.

On the MOB I got to know myself better. You are faced with challenges and struggles everyday and you learn how to deal with them. Going to the MOB is a chance to put your faith into practice.

Through service project and FR I could practice living for the sake of others and could see how it benefits both others and myself. FR was hard, it really was but the good times made up for it. When I look back at it I really got to know my weak and strong points through the FR. Just the fact that I managed to go through it made me stronger.

Going to Denmark after the intense FR was definitely what I needed. We had some relaxing time, which we deserved after all the hard work. Even though I hate fish, I enjoyed fishing a lot! I could find time to pray and reflect. It feels like you are somehow closer to God when you are out there on the ocean. It's so peaceful and beautiful. You could also spend a lot of time with your team. We had such a great time in our team and I really love every single person (now it sounds cheesy, but it's true). We got very close to each other as we got to share about our lives; our struggles and laughed together, worked hard and had fun. This time I got to know people more deeply. The MOB workshop made it all feel more real. I had finally put my faith into practice.

MONDAY TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
19 7	20 7	21 7	22 7	23 7	24 7	25 7
Arrival Orientation	Workshop	Workshop SFP Orientation	Service Project	Service Project	Service Project	Service Project
26 7	27 7	28 7	29 7	30 7	31 7	18
FR preparation WS	Travel day & FR preparation	FR	FR	FR	FR	Reflection & Rela time
	1st FR run					Short FR run
28	38	48	58	68	78	88
FR	FR	FR	Travelling	Ocean Challenge	Ocean Challenge	Ocean Challenge
98	10 8					
Final Workshop in Kobenhavn	Departure				•	

Schedule of the 21 Day Mobilisation



Details: Place: Madrid, Spain Age: 16+ (June 1994 or earlier) Date: 11 - 31 July Participants and staff: 55 Workshop Director: Thea Künzig This workshop offers study of the DP as well as the fundamental principles of some other religions. The goal is to provide deeper insight into religious (or spiritual) life and support participants on their journey. Lectures and sessions will be presented by a variety of top lecturers. Since the WS will take place in Madrid, we

want to take time to study the history of other religions and also visit some of the important historical sights. There will be time for discussions, sports & games.

Note that the 21 DP WS fulfills the Blessing preparation requirement of a 21-day workshop.

Elisabetta V. (Italy)

This workshop was my birthday present and I have to say that I really appreciated it! I went there with a certain attitude and goals in mind, some of them have been achieved and some maybe not but the thing that I really liked is that now, after the workshop, I have so many ideas of how to improve my life of faith, my knowledge and my daily life. Basically, during the lectures I was keeping a page of my notebook totally dedicated to "things I should think about", where I wrote new ideas and like a thousand books to read (nice ideas for HDH). From my perspective this is the most valuable fact about a WS, and what probably parents appreciate the most! In other words, what you bring home from the workshop. It's so beautiful to just go and realize that you actually have so many things to still achieve and get better at. And it's definitely not about getting depressed and thinking "oh gosh...I have too many things to do, it's never enough!" it's about taking responsibility and realizing the beauty behind it. I feel very grateful for these opportunities, and now that I'm back at home again I can see the difference, especially in my relationship with my parents: now it's so much better. I remember during the first day Thea gave us a lecture; she also talked about our parents and how sometimes it gets easy to just live day by day without ever really stopping to talk to them. Her advice was simply from time by time to write a letter reintroducing ourselves to our parents! I was just so amazed, this makes so much sense! It has now become one of my daily goals: inform my parents about my life! We had some very interesting prayer evenings, at first it was quite difficult and I felt distant from God, but trying hard to be honest with my team and share with them what was going on helped me so much! I was really blessed to have that team: so thank you team 4 for being so sympathetic, friendly, patient and kind with me all the time! I think that your experience with the team can influence a workshop so much; it's your family there! The team meetings really helped me and I came to realize that actually everybody had difficulties getting closer to God. All the lectures before the prayers were great; in my room now I have all those papers on my wall - so useful! ;) During the last 40 minute prayers it was so much better. I felt something develop very softly inside of me; it was like a flow of ideas, thoughts and feelings so welcoming and very loving. I'm so glad I didn't give up so easily! When I was little





I used to see things such as morning service as something that just great people do, just those crazy people on STF had to do these kinds of thing. ;) I perfectly remember myself thinking about it, I felt scared and totally inappropriate but I actually did it once during this WS: I led a morning service! You know more and more I'm finding that I love challenging myself, everyday, step by step. As someone once said, "One may walk over the highest mountain one step at a time." This was one of my goals during that WS: trying to get better at challenging myself in small things. This is my personal Jr.STF life style. :) I do believe that STF can make people wonderful and give them incredible insights about faith and life. But I was thinking: actually who said that this should happen just during STF? I'm trying to work on it and am keeping my daily life focused on my growth. I'm just sixteen right, but this doesn't mean I cannot do anything. ;) I really appreciated the fact that we had the chance to grow and reflect about ourselves. We actually had a lot of opportunities: we could perform, we could create our own chances to get better, and we have done so many nice and different activities! We also had the chance to participate in mantra singing, and to be honest sometimes I still find myself singing softly "om tare tuttare ture swahah", it made me become so peaceful. We had very useful guidance during the lectures. I often used the siesta time to sleep because I wanted to be totally awake during lectures, sometimes I would have rather taken time to talk with someone or write in my diary; but I chose to be able to do those things later and really be attentive during those precious lectures. I gained so much from them and from all those great people there. It's been very beautiful, a piece of heaven on earth. I'm very happy to have totally dedicated a month of my year to God. Now I'm much more aware of how to let Him/Her come into my daily life.

Pascal A. (Switzerland)

Siesta's, swimming pool, blue skies and a good portion of lectures with the friendly background sound of peacocks every once and a while. About 40 2nd Gen experienced this in the hilly nature near Madrid. On previous workshops I heard a lot of DP lectures and it was easy to think: "DP? I've already heard

\square		Lecturer	Content
Sun	11-Jul	X	Arrivals and orientation
Mo	12-Jul	Armando, Thea and Martin	Intro to WS, Meaning of Spiritual life, Self Intro, goal setting etc
Tue	13-Jul	David Hanna	DP Introduction + DP Principle of Creation part1
Wed	14-Jul	David Hanna	DP Principle of Creation part2 + Fall of the Man
Thur	15-Jul	David Hanna	DP The Messiah, His Advent + Resurrection + internal guidance on Our way back to God, Importance of prayer
		Day off	Visit Segovia city
Sat	17-Jul	Giuseppe Cali	DP Principle of Restoration + Restoration in families (C&A, Noah, Abraham) + Moses and Jesus course
Sun	18-Jul	Giuseppe Cali	DP Restoration in families Moses and Jesus course (another prayer evening)
Mo	19–Jul	Armando Lozano	DP Historical parallels + development of Judaism and its impact on Christianity and Unificationism
Tue	20-Jul	Armando Lozano	DP Preparation for the Messiah 1517–1914 + Consummation of human history
Wed	21–Jul	Day off	Visit Monastery in El Escorial + swimming in the afternoon
Thur	22-Jul	Hans Campman	DP Providential Causes of World Wars. Preparation for the Messiah in Korea. The Course of True Parents
Fri	23-Jul	Hans Campman	The Course of True Parents and Current Providence (another prayer evening)
Sat	24–Jul	Armando Lozano	Inter-religious work + Nature of God from inter-religious perspective
Sun	25-Jul	Interreligious day	Meeting 2nd Gen of other religions + visiting Madrid
Мо	26-Jul	Armando Lozano	Topics of Destiny, Sin and forgiveness, Religion and culture, Messiah and Salvation
Tue	27-Jul	Tim Read	Individual religious life, confession, prayer. UC traditions, Matching and Blessing,
Wed	28-Jul	Tim Read + Rita Zaccareli	Identity of 2nd Gen based on history. 2nd Gen perspective on Purity and Religious life
Thur	29-Jul	Geros Kunkel	2nd Gen Matching & Blessing providence, True Family situation, Current Youth Dep work
Fri	30–Jul	Geros and Thea	GRADUATION & NICE Closing of the WS, team meetings, reflections, BBQ
Sat	31-Jul	X	Departure



it a thousand times!" But then I asked myself; do I really know the DP? I went to the workshop with the motivation of studying the DP in more detail and more deeply than in other workshops. Our parents gave up everything to live a life for God after they heard the DP, so I felt in order to understand our parents we do have to understand the DP. The schedule every day gave me the perfect conditions to fulfill this goal. We had many different, interesting talks from the best lecturers in Europe. Each had a unique way of teaching and all their personal inputs, experiences and guidance gave us a varied perspective of the DP. Besides the lectures we had a great time in the pool, having traditional siestas, playing cards and chatting on the veranda, and of course dancing 'waka-waka'! Other great experiences were visiting the different Spanish cities with their beautiful antique aqueducts, churches, castles and other buildings. It was truly a great experience in one of the most beautiful places in Europe.

Anna I. (Sweden)

I decided to go to the DP workshop a year ago after my sister came back from the same workshop. She came home really inspired and I could see a change in her life of faith. I felt that this workshop would be a great opportunity to learn a lot and to grow. I was really surprised that there were so many at the workshop. The schedule was pretty tough and it was really hard for me to concentrate a lot of the time. The heat was also an issue sometimes. But looking back I feel that the really tough schedule was worth it. We had a week with intense studying and sports and after that week we had a day off when we went to different kinds of places. Thanks to the heat we all got a special Siesta hour every day. We had about 4 or 5 prayer nights. Two of them were a 40 minute prayer which I thought was so good. Especially for me because I have always had a hard time setting myself in a good prayer mood. But in those prayer nights were one of the best prayers I've had in a long time. I'm very happy I went to this workshop because the 21-day workshops are really special. You can't compare these with the other European workshops. Everybody should experience this, it's a workshop you treasure your whole life. Thanks to this workshop I have a better prayer life, and my life of faith is so much deeper now than it was before. I'm still growing but it's so much easier now after this amazing workshop.



м	21	PRAYER		
T	22	CONDTION		
W TH	23 24	CONDITION		
IH F	24 25			
г SA	25 26			
SU	27		14-DAY FR	
м	28		CONDITION	
т	29			
w	30			
τн	1			
F	2			
SA	3			
SU M	4			
T	5 6			
w	7			
тн	8			
F	9			
SA	10	HWH WS		
SU	11		21 DAY	
М	12		DIVINE	
T	13			
W TH	14 15		PRINCIPLE	
F	15 16		WS	
г SA	17			
SU	18			
М	19	21-DAY		
т	20			
N	21	MOBILISATION		
TH	22			
F SA	23			
SA SU	24 25			
M	25 26			
T	20			OCEANE
w	28			CHALLENGE
тн	29			WS
F	30			
SA	31			
SU	1		FOOTBALL	
M	2		WS	JR.STF
T W	3 4			ASSEMBLY
TH	4 5			
F	6			
SA	7			
SU	8			
М	9			
T	10			
W	11			
TH F	12 13			
F SA	13			
SU	15			
M	16		ODP+	
Г	17			
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SA	21			
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M T	23 24			
w	24 25			
	26			
ΓН	27			
TH F				
TH F SA SU	27			
th F Sa <mark>Su</mark> M	27 28 29 30			
TH F SA SU M T	27 28 29 30 31			
TH F SA SU M T W	27 28 29 30 31 1	HWH		
TH F SA SU M T W TH	27 28 29 30 31 1 2			
TH F SA SU M T W TH F SA	27 28 29 30 31 1	HWH VACATION		

5 - 25 June		Prayer Condition	
26 June - 9 July	17+	FR Condition	Europe
10 - 17 July	1991 - 1988	HWH WS - Age WS	Rome, Italy
11 - 31 July	16+	21-Day DP WS	Madrid, Spain
19 July - 10 Aug	17+	21-Day MOB	Europe
1 - 5 Sep	21+	HWH Vacation	Malta
1 - 5 Sep 26 July - 1 Aug	21+ 21+	HWH Vacation Ocean Challenge	Malta Copenhagen, Denmark
26 July - 1 Aug	21+	Ocean Challenge	Copenhagen, Denmark

ESGD SAWS 18+ Summer Overview

Activities for the Age 18+



Details: Place: Rome, Italy Age: 19 - 22 (1991 - 1988) Date: 10 - 17 July Participants and staff: 29 Workshop Leader: Geros Kunkel & Julius Alexy

This is a new workshop especially for the age group 19-22. Growing out of our teens we are confronted with the reality of a busy daily life; combining studies, careers, hobbies and spiritual life. The WS is a tool to connect with each other as elder Second Generation and recharge ourselves.

The schedule is made up of guidance & discussions, sports & games, and time to explore the culture & history of Rome.

Stefanie D.

The WS was really good for me. I think it is important to do WS's for those who are over 18. One of my motivations for attending the WS was to spend time with other BC's and also for my spiritual life. I liked the fact that we were not so many people and could enjoy getting to know a bit of everyone. Nevertheless it was a pity that we didn't have more nationalities in the WS. I really liked the lectures. All lecturers were somehow inspiring for me. I could learn from each of them. Julius, Giuseppe and Geros are three amazing lecturers. What I could understand better through Julius is that as 2nd Gen, we can really make a change in the world by connecting to each other. He told us to be clear and strong and that way God can guide us in our lives. I think it was really good for me to hear that because it is something I learnt on STF last year but back home I kind of forgot that so it was refreshing somehow. I could really remember so many things I learnt on STF. I realised I really have to apply more in my daily life and to be clear and strong. I also liked studying other religions because I never really knew so much about them so it was interesting for me. Father invests so much in interreligious work that it is essential for us to know more about them in order to understand them. My favourite part of the lectures was "The Blessing" because I am really thinking a lot about it. I could somehow find answers to some questions I had. I realised how God works in order to give us the right partner. Back home I want to pray more and do conditions about it. I understood better how important it is to trust because God wants us to be happy so he will give us the best person for us. I also enjoyed the activities and spending time with everyone. The day in Rome and the swimming pool were really nice.



Jeanne P. France

It's the first time for me being in Rome, but not Italy. The environment of the WS is very nice, sunny, and fruity! I had no special expectations of how the WS was going to be. Looking back on the program, it was quite simple and we had various activities. The ones I liked the most were the two 21 min prayer, sightseeing, going swimming, blessing testimonies and Julius' guidance. I would have liked more group activities or ice breaker games perhaps. During free time, Ye-Young and me improvised a photo activity which was really fun. Yep, the WS was quite chilled as you could take ownership of it. There was a program and you were the only one that could decide to

make it good or not, to make it a chance to learn, grow or even feel God, it's all in the attitude you have. The discussions with the team were good as well; we had different points of view and could share them together. I'm not usually a person that asks myself so many questions, but with others remarks on questions, the answers given made my belief stronger. On the 1st 21 min prayer, I really had the will to always want God with me, every day, everywhere! And the 2nd 21 min I really had the desire to trust, or the will to trust God, in whatever situation. I'm really grateful for that and it was needed! I realised as well that I need to do more conditions of faith in order to get closer to God and to have a personal relationship with him. I wasn't expecting to have these realisations; God just guides you or gets to you when you're least expecting it! What I like about God is that he's a surprising being! Hehe. Thanks to the ESGD for organising this WS and giving us the chance to meet and have a good spiritual time.

Anonymous

This WS was refreshing. Lectures were really great. I could understand things more deeply; God and TP are clearer in my mind and in my faith. I got lots of positive spiritual energy. I got a better perspective of seeing life (my faith is reinforced). This WS was useful for the future. I feel my daily life will be easier, I feel stronger. The atmosphere was good, the staff were great. I wished this WS were longer so I could have a deeper reflection and develop my faith in God. It's easier during a WS. It's always good to meet other 2nd gen. It's great to feel close like a family with new people. Somehow we can feel more peaceful in that way because even though we don't know them, we know we can trust each person. That's really supportive for everyday life. The prayer is good. It's good that we do it twice during the WS because there is an evolution on our reflection. It's good that we were treated as adults. All the lectures were useful to me. I received more than I expected. Moreover, we can learn more about the other cultures. Back home I will try to keep a certain spiritual level. My trust in my parents is stronger so I think it will be better.

		Sat 10th July	Sun 11th July	Mon 12th July	Tue 13th July	Wed 14th July	Thu 15th July	Fri 16th July	Sat 17th July
	6:00		Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning
	6:15		Morning sports	Morning sports	Morning sports	Morning sports	Ahn Shi II	Morning sports	Morning sports
	6:30		HDH	HDH	HDH	HDH	HDH	HDH	HDH
	7:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	7.45		Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning	
	9:00	Arrivals	Motto: indivisual Julius		interreligeus stud	interreligous studies	4 realms of heart	what can we do back home?	Cleaning
			how spiritual life can benefit us in our	Messiah Giuseppe Cali		Geros Kunkel, Giuseppe	(blessing preparation)	Discussion	
			Julius		Gidooppo	Geros kunkel	final words		
L			Q & A	Q & A		Q & A	Q & A	Q & A	
	13:00		Lunch	Lunch		Lunch	Lunch	Lunch	
	14:30		team meeting	team meeting	trip to rome dinner in rome	team meeting		reflection	
	15:30]	coffee break	coffee break		coffee break		break	1
	16:00]					swimming pool	final team meeting	
			sports & games	water games		sports & games		prepare for evening	Departure
Γ	18:00	1						program	
	19:00	Dinner	Dinner	Dinner		Dinner	Dinner	Dinner	1
	20:30	- welcome, - orientation	final world cup game	the heart of our true father/ Giuseppe		Guest speaker (inter religous)	blessing testimony	BBQ	
C	ca 22:00			21 min candle prayer	coming back from rome	、 。 ,	21min candle prayer	Goodbye party	
		Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	Closing prayer	
	23:30	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	

Schedule of the Hee Won Hwe Workshop 2010



ODP+

Details: Place: Camberg, Germany Age: 18+ (1992 or earlier) Date: 15 - 31 Aug Participants and staff: 112 Workshop leader: Julius Alexy



Organized by SAWS Europe, this is a chance to experience the core values of Father's teaching. This WS emphasizes the importance of connecting more personally to God, True Parents and True Family. Content also includes the CTA (Completed Testament Age) lecture series. There are adventure days and

regular sports as the part of schedule. A lot of the atmosphere that makes this workshop so successful comes from the energy that participants build in their teams. This WS is especially recommended to all Second Generation in HWH age and senior HARP in the last 2 years of high school.

The ODP+ is now a requirement for all those who wish to join STF.



Harue P. (Austria)

For me, going to this WS was my condition to get ready to start university life from this year. I went there, spiritually well prepared, ready for anything. From the very beginning, I felt like I was entering an atmosphere which was marked by people taking care of one another, showing respect and humility in simple conversations - living in an environment where God is included in every single moment. Of course, daily struggles were part of it. There are only a few places like that, where I'm deeply confronted with my own self and get to realize my limits, which manifest themselves mainly spiritually. Not only that; we had daily reflections and team meetings for sharing – I think what gave me the highest drive was simply the fact that people around me were working so hard on themselves. As I still felt a high incapability of truly expressing love to others, I questioned myself again and again: Why can't I just let go of all selfish thoughts and finally practice true love, limitless and unconditionally ...? It took me some time to accept and realize that growth just takes time and affords a lot of patience. So, I ended up learning how to deal with and love myself as the starting point and foundation for all other relationships.

Of course, all the challenges we went through were intense, but I knew it wasn't just about enduring that certain moment at all, but rather, how I would act if it comes to challenging situations in the outside world - whether I'll be able to be make those 1000 star-jumps spiritually for people who are acting against me as well, or not. The whole schedule was more like a frame wherein I could settle my own identity as 2nd Generation, asking myself WHY I want to be part of the church and what it means for my own life. It all helped me when it came to sign and offer the ODP Pledge, to finally make my personal commitment to God and True Parents to continue their work, expressed in my individual style.What made this WS even more special was that we could welcome

Schedule of the ODP+ Workshop 2010

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Sun 15.08.2010	Mon 16.08.2010	Tue 17.08.2010	Wed 18.08.2010	Thu 19.08.2010	Fri 20.08.10	Sat 21.08.2010	Sun 22.08.2010
	Roll Call	Roll Call	Roll Call	Roll Call	Roll Call	Roll Call	Roll Call
Arrivals	HDH	HDH	HDH	HDH	HDH	HDH	HDH
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cleaning		Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
	Introduction of the		Value of one's life / by Julius Alexy	Fall of Man /	Abrahams Family, Ten Commandments,	ODP /	ODP /
	ODP+ Workshop		Purpose of Education / by Geros Kunkel	by Mr. William Haines	Jesus' Course / by Mr. Rainer Fuchs	by Mr. Rainer Fuchs	by Mr. Rainer Fuchs
	Lunch	CHALLENGE DAY	Lunch	Lunch	Lunch	Lunch	Lunch
	Sports		Sports	Sports	Sports	Sports	Sports
	Welcoming Address /		Excerpts from the Divine Principle (DP):	Restoration, Adams Family,	Original Divine Principle (ODP) /	ODP /	ODP /
	by Julius Alexy		Principle of creation I / by Mr. William Haines	Noahs Family, Abrahams Family / by Mr. William Haines	by Mr. Rainer Fuchs	by Mr. Rainer Fuchs	by Mr. Tim Miller
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Orientation	Introduction of the participants	Testimonies about Principle of Creation II / Challenge Day Mr. William Haines		Prayer Evening Entertainment Evening		Exam	Evening Program
		Team meeting	Team meeting	Team meeting	Team meeting	Team meeting	Team meeting
	Reflection Time	Reflection Time	Reflection Time	Reflection Time	Reflection Time	Reflection Time	Reflection Time
Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out
Mon 23.08.2010	Tue 24.08.2010	Wed 25.08.2010	Thu 26.08.2010	Fri 27.08.2010	Sat 28.08.2010	Sun 29.08.2010	Mon 30.08.2010
Roll Call	Roll Call	Roll Call	Roll Call	Roll Call	3:00 Meditation with Hyung Jin Nim	3:00 Meditation with Hyung Jin Nim	Roll Call
HDH	HDH	HDH	HDH	HDH	5:00 HDH	5:00 HDH	HDH
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cleaning		Cleaning	Cleaning	Cleaning	Cleaning	Departure to Limburg	Cleaning
ODP / by Mr. Timmothy Miller		Internal Guidance (IG) by Mr. Tim Read	IG / by Mr. Tim Read IG / by Dr. Dieter Schmidt	IG / by Patrick Hanna, Yebuny Chandler, Julius Alexy and others	EYD - Educational Programs STF, YSI, DONE	Hyung Jin Nims speech	Graduation & Leaders Pledge
Lunch		Lunch	Lunch	Lunch	Lunch	in Limburg	Lunch
Sports		Sports	Sports	Sports	Sports		Sports
ODP / by Mr. Tim Miller	CHALLENGE DAY	IG / by Mr. Tim Read	IG / by Dr. Dieter Schmidt	IG / by Patrick Hanna, Yebuny Chandler, Julius Alexy and others	EYD - Educational Programs STF, YSI, DONE		Reflection
Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Banquet
Exam		Prayer Evening	Evening Programm	Evening Programm	Evening Programm	Evening Programm	
Team meeting	Team meeting Reflection Time Reflection Time		Team meeting	Team meeting	Team meeting	Team meeting	Entertainment & Reflections
Reflection Time			Reflection Time	Reflection Time	Reflection Time	Reflection Time	
Lights out	Lights out	Lights out Lights out		Lights out Lights out		Lights out	

Hyung Jin Nim and Yeon Ah Nim to Camberg for 2 days. We joined Hyung Jin Nim in his daily morning meditation, and also could attend HDH together with him. Meeting with him was one of the most valuable events in my life, for I got to experience True Family the way they actually are. I could see all the high ideals of inheriting God's love and humility actually embodied in them, which made me realize, that more than some highly delicate theology, our church teachings constitute a way of life- which I hope to embody as well, each new day a bit more.

Anonymous (UK)

I went to ODP+ w/s feeling nervous, I was questioning if I was ready to lead a team. I know the potential of the w/s, and how it has had a great impact on many people's lives, and I hoped I could be the team leader who could really love my team and help them receive what they need. Looking back on the w/s I can definitely see God working through many decisions and in many of the situations to make this an amazing experience.

For me this was a very challenging time, not only the lack of sleep and the physical activities, but being in a position of responsibility. It's hard to know that I'm doing enough for my team and for the w/s. Being faced with my limits I had to challenge myself to have faith that God can work through me and in the different situations. I could see that at times I didn't care for people as much as I should have, and it made me scared that people would finish the w/s not having experienced something that God had prepared, because of me not fulfilling my responsibility. One great piece of advice someone told me was have faith in God, faith in yourself and humbly invest. This is something I could try to practice over these two weeks.

On graduation day we had many testimonies about the w/s, listening to people's different experiences I could start to understand how God could really work through many situations and through many people. I'm very grateful I could go through what I did: although it was hard, I can learn a lot about myself and also gain some confidence in seeing how God can work.





David F. (UK)

Who believes that they have a good, personal relationship with God? Not many, right? When I arrived at the ODP+ ws my goal was to deepen my life of faith. However, what does "deepening your life of faith" really mean? On the 3rd day during reflections I realized that I did not have a personal relationship with God at all. Yes, I believed in God, I never missed Sunday service, woke up for pledge on Sundays BUT it was an impersonal relationship with God. It was a lifestyle I just grew up in. As a 2nd Gen I find it's very difficult to connect to God's Heart and love unless you really actively search for him. Therefore this was going to be my main goal for the workshop: to build and develop a personal relationship with God. I suppose I started off through prayer. The 1st Prayer Night was the turning point of the workshop and my relationship with God. I really wanted to understand how God's heart must have felt when his children, Adam and Eve, were taken away from him. Satan was literally his best friend and he was given the responsibility to look after God's children and help them mature. When I prayed about this, I put myself into God's shoes. I imagined that some day, when I become a parent, one of my best friends will take away my two children, rape them and then murder them. If that ever happened I would cry and cry and cry over and over again. Through this 40 min prayer I just burst out crying, because that's what God must have felt during the fall. It's so sad that Adam and Eve could not be recognized as God's Children any more after the fall. They were basically dead in God's eyes. He has been crying over our heads for ages, and it's about time that we, his children return back to God.

Throughout the ws I came to the realization that this is where 2nd Generation comes in. We are the bridge which has to be built on solid foundations (1st Gen) to connect back to God. This Bridge can be unbreakable or it can crumble to pieces.

We have so much history behind us which has been waiting for this moment: the moment when the Messiah comes back on the Earth. We 2nd Gen can't turn our backs on this. Yes we were born into the church and had no choice in the matter. Sometimes we are persecuted or we may feel "what the hell am I doing here?", or "Is TF really the Messiah?"

However through the challenges faced everyday on ODP+, I recognize that it's not a burden that we're 2nd Gen. It's a BLESSING that we're 2nd Gen. We are the pioneers and we are training ourselves to fight for what is right. And God is worth fighting for. Who cares, if you have a million dollar car, a billion dollar mansion or all the material goods in the world? 2nd Generation has won the real jackpot.

Several times during the ODP+ we tears were brought to my eyes, just because of the fact that God is depending on us. In reality it may feel impossible to overcome the struggles we face in this satanic world. However I learnt that during all the physical and mental challenges we faced during the ws, nothing is impossible. We can all succeed. It just requires sincere effort. I strongly feel that God needs us and that we should never give up our identity.



HWH Vacation

Details:

Age: 21+ (1989 or earlier) Place: Malta Date: 1 - 5 Sep Participants and staff: 15 Activity Leader: Orlande Schenk & Martin Alexy

This is an activity for elder Second Generation (21+), which aims to provide time and a place to meet and share. While we are becoming busy with studies and our career, we see it as very valuable for elder Second Generation to keep a sense of community. The schedule will offer education sessions &

discussions on relevant topics. Besides that, we want to enjoy holidays and explore Malta with its lovely seaside. We will stay in the church center and organize our daily schedule together based on our interests and preferences.

Limi B. (Austria)

As soon as I saw the summer schedule, I couldn't wait for this vacation. Oddly, I almost missed the registration deadline, since it was one of the last of the summer activities and seemed so far away. Finally, the day came, wheels up. Destination: Malta.

After landing, we were warmly welcomed at the airport by Brian Corlett, the national leader and his daughter Althea—who would be our hostess for the vacation. There was a bit of foreshadowing as we boarded the bus for the half-hour ride to Valetta—as everything in Malta is "half an hour away" and we'd spend the next 5 days touring the country on those brightly colored Maltese buses. Arrival day was spent at the beach in St. Julian's—a town popular with tourists and students that come to study English in Malta. Although the beach was crowded, the water was warm and inviting. We returned to Valetta for dinner in an outdoor restaurant in a square, where a band was playing live music, and the final participants arrived to join us. All together we were 12. The band played "Somewhere Over the Rainbow" as we finished our dinner-stuffed with local varieties of pizza and other dishes—and my husband and I danced to the music next to the fountain lit at night. It was the perfect start to a much needed break from everything.

The second morning opened with HDH, breakfast and a first session of planning our sightseeing for the day and introductions. We'd set up our chairs on the roof of the Center-providing us with a breathtaking view of the Three Cities across the deep aquamarine harbor. Martin was responsible for the group and set the informal and open tone for the introductions. People shared honestly and deeply, and before we knew it, the morning was over.





Just before taking off to Golden Bay to spend the afternoon worshiping the glory of nature, Althea made us hobz biz-zejt, a typical summer snack for Maltese—consisting of Maltese bread with olive oil, tuna fish, tomatoes, and olives smeared across the bread. Most of us ate our sandwiches on the bus—a little more than half an hour that time—to the other side of Malta.

Golden Bay was breathtaking.

We swam, snorkled, and sunned until we could take it no more. A small group had taken a paddle boat out to deeper waters for diving and deeper swimming. A few from the Maltese community joined us for the trip, which enriched the experience giving us the chance to make new friends and learn about Malta from a local perspective.

On Day 3 Geros gave an update on current events and a testimony of how he experienced them for our morning session. Then we were off to explore the island once again! Due to unusually cloudy and slightly rainy weather, we took the opportunity for a historical tour of the island and visited Mdina, the old capital city. It is basically a fortress—but the city itself dates back to prehistoric times. Mdina was fortified in medieval times and depending on the ruling religion it was either referred to as Mdina—from the Arabic word medina which means "city" or referred to as Civitas (city in Latin).

Day 4 we were treated to an organized day tour of Gozo-the second largest island in Malta's archipelago. The highlight for me was undoubtedly the Azure Window—a natural bridge that one can hike over and swim under in the swirling current of the Mediterranean Sea. A few of the Maltese members joined us for that trip as well, making our group then 18 people. The tour also included a tasty and cheap second breakfast where we could get to know each other better, seeing Victoria-Gozo's capital, lunching together at a traditional restaurant, and finally swimming in deep waters of the Mediterranean. We enjoyed each other's company thoroughly, and as we returned to Valetta for the evening, some relaxed and some went out to treat themselves to gourmet delicacies at Hiram's new restaurant, Chapter One, in St. Julian's.

I return home fully tanked. Skin is properly brown; I've made a few new friends, while spending a wonderful time with old friends, and I feel spiritually revitalized. It's nice to be taken care of.

I want to thank the ESGD for offering and organizing this vacation, and send a special thank you to the Maltese community, especially to Althea and Naomi, for being gracious and generous hostesses. **Details:** Place: Copenhagen, Denmark Age: 21+ (1989 or earlier) Date: 26 July - 1 Aug Participants and staff: 12 Activity Leader: Daniel Christensen

Ocean Challenge is a workshop where you learn about setting goals, loving creation and never giving up. True Father teaches us how we can grow and get closer to God through fishing and being one with nature. If you are ready for the challenge and the responsibility it brings.

Mike F. (Switzerland)

Attending the Ocean Challenge Workshop sounded like it would be emphasizing the word 'Challenge.' Although there were plenty of opportunities to be challenged, all eleven participants ended with happy and warm feelings and a sense that they had been a part of something none of them will soon forget.

The week started quite light with a pleasant cruise through Copenhagen which was a great time for the participants to get familiar with the boat that everyone would be on for the following week. Despite the plan for there to be two boats, technical troubles forced the use of only one boat. Even though it was a bit crowded, everyone felt like a big team experiencing the ocean and the thrill of fishing all together.

As the week continued, the weather continued to remain warm and sunny despite the original forecast of cold, wet rain. We did eventually experience this weather one day when we were planning to set out in the early morning. No one caught many fish that day, but the crew had the opportunity to visit an old fort island and relax a bit in the afternoon.

By the end of the workshop, everyone had experienced all aspects of fishing (including the operation and understanding of the boat) and could confidently say that they knew how to fish. There was even an opportunity to use and sample the fish with a cooking competition between the two crews. Everyone had a great time, shared many laughs and had a blast being challenged by the Ocean.











Emi Ch. (Denmark)

What I gained the most from this workshop was to see the beauty of nature. The harmony of the sunshine and the waves comforted me, so warm and peaceful.

It's special being out on the ocean: I felt so small. The nature and people, everything has meaning. It's so special and yet very simple.

It was difficult for me to concentrate on my goal, which was to meet God, because I cared too much about external things. I couldn't clear my thoughts. However, when I saw the beauty of the nature, it cleaned my thoughts completely.

I want to thank the staff who prepared all the things and sailed everyday to the ocean.







Details: Place: Seebenstein, Austria Age: 14+ (1996 or earlier) Date: 1 - 8 Aug Participants and staff: 37 Workshop Leader: Urdo Dedours

We believe that Football WS is a great experience for the development of self-discipline, self-control, mind and body unity and team spirit.

Our goal is to give to young players the opportunity not only to develop their Football skills but also their inner character, values and ethics. We also want to

give them a vision of hope for the future of this World and give them the confidence and tools to have a positive impact in their families, schools, workplaces, communities and societies.







Su-yang K.

I went to the football workshop last year and was looking forward to this workshop as soon as it finished. The atmosphere in the workshop is amazing, we are all BCs who come together to play football and have a great time together. When I arrived at the workshop place Urdo asked me if I wanted to be a team leader. I wasn't very sure as this would give me extra responsibility; however I decided to accept it and am so glad I did. Also, when I found out Rafael couldn't come this year, I felt as a team leader I really had to help out a lot more and be a role model to others on the workshop.

Our daily schedule was usually getting up at about 7am and reading some HDH. Then we would have breakfast followed by a short morning service. The morning service was always very inspiring for me and others. There would always be a clear message that we can try to develop in our life. We would then have a 2 hour training session, run by Urdo. The training is always very well structured, to help you develop every part of your game. We would then return for lunch, followed by a small rest before heading off for another 2 hour session. After dinner there was some sort of evening programme, including a movie night, discussions, etc. We also had many other activities including Swimming and playing table tennis, where we could strengthen our friendships and hang out together.

For me the best thing about the football workshop is that it brings together BCs from around the world, some of whom may not be so close to the church and allow them to really bond with others. We play a lot of football and have a lot of training but we also had some amazing internal guidance, which anyone can connect to. Julius Alexy came to give some talks, connecting core values to football so that everyone could easily connect. We also did a service project, this year we cleaned all the windows in the house. Everyone put in a lot of effort because we are really grateful to have such a wonderful place to hold the football workshop and other church activities in Austria. As well as training we had 2 friendly games against local teams. There were about 30 participants so it is not easy to have everyone playing; therefore we also had some reserve games to ESGD Summer Booklet give everyone a chance to play some proper matches. The reserve players really appreciated this, and players who really stood out got a chance in the first team games against the local teams. The first game was against Seebenstein, we won this game 10-1!!! with some outstanding football. The second game was against Scheiblingkirchen. We played the under 17 team, they play at a very high level, we drew 3-3 with them however felt we really deserved a win. On the last day we also had a tournament including ASG (Austrian second Generation), Euro Phoenix and MBU (Mind Body United, UK team). The rain was pouring down all day but this didn't stop us having a great time competing together. The standard of football was very high this year and there were some very close matches. MBU won the tournament by 1 point in the end, but we were all happy to have played together. There was a very obvious improvement in everyone's game by the end of the workshop and also reaching high levels of fitness.

I could write for ages about this workshop, but I think I have already said enough for anyone to realise that it was a great experience. I would really recommend this workshop to anyone who has an interest in football and working together in teams in an amazing atmosphere. Thank you to everyone involved for making this a great experience for me, one that will not be forgotten!!

Urdo D. (France)

The goal of the Football WS is to give all 2nd Gen brothers an opportunity to play sports together in a good spirit and atmosphere. We truly believe that Football WS's are precious experiences for the development of self-discipline, self-control, mind and body unity and team spirit. We wanted that all participants could develop not only their football skills but also their inner character, values and ethics. We also wanted to give them a vision of hope for the future of this world and give them the confidence and tools so that they can have a positive impact on their families, schools, workplaces, communities and societies.

This year's football WS was held from the 1st to the 8th of August. For a few years we have been holding it in Seebenstein because we know the place; we have contacts for the field and for friendly games. We were 29 participants, so 4 teams were created. Our main schedule was football. We had two 2-hour training sessions a day during which participants could develop their football skills. We also had 2 friendly games against local teams where we could put into practice what we had trained for. We could win our first match 10-1 and draw our second match 3-3. For most participants, these 2 friendly games were the highlight of the WS. Other than that, we had different evening programs. First of all, we could receive guidance from Julius which was very inspiring. We could watch the movie « Invictus », have a football guiz between the teams and made a nice prayer evening. For HDH, we could read Hyung Jin Nim's sermons and for morning service we had different guidance; Julius, me or some videos. The WS atmosphere was very good especially because of the investment of the team leaders. I asked them to take more initiative because I was the only staff organizing the schedule. We finally ended the WS with a little tournament between MBU (all the British), ASG (all the German speaking) and Europhoenix (the others). It was very nice and everybody played very well. MBU won this tournament with the last match. We also rewarded the 2 best internal and external (on the field) players who were Jonathan and Sean. I want to thank all the people who helped to make organization easy. And thanks to all the participants who made this WS very special. Next year, we want to continue the adventure and hopefully organize a greater tournament with more participants.





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