

## Precious Counsel

Elisabeth Seidel

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When we were young and awesome Dietrich and I gave counsel or tips to each other in order to have a better and happy life. I still find some pieces of paper with helpful words!

Here are some of the words of advice from Dietrich, which I always took to heart:

**One: Do the little things that mean a lot**

(One day out of the blue I shine his shoes)

**Two: Talk with a pleasant voice**

(Am I frustrated, irritated, upset? impatient? Which kind of energy am I communicating? Is it better if I can learn to control my emotions and my energy and reflect love, forgiveness, and understanding?)

**Three: Know how to listen**

(Am I here when he needs to talk?)

**Four: Believe in your husband's potential**

(All men need to be encouraged and valued and trusted)

I will add that money did not buy me love, but service to others brought me happiness.

Also, I love this quote from sister Lucia of Fatima: **“The final confrontation between the Lord and Satan will be over family and marriage,”** and my husband's quote **“the best therapy in the world is someone who cares about you!”**

Have a blessed day!

Your friend, Elisabeth Seidel