

Hyun Jin Moon's Family Peace Association: Strengthening Families Introductory Series

Howard Self
May 1, 2023



You are invited to the Family Peace Association **Introductory Series on Strengthening Families!** Come join us in one or all of our FREE in-person sessions related to key topics that affect our everyday lives with an emphasis on individual growth, raising great families, and becoming responsible stewards. Each session will share helpful perspectives, tools, and resources so you and your family can be at your very best! Scroll down for more information or [click here](#) to register.

DATES & TIME

Every Thursday, 7-8:30PM
May 4th to 25th

LOCATION

Pacific Peace Center
6328 180th St SW
Lynnwood, WA 98037

PRICE

Free!

Topics Covered:



- Understanding stress as opportunities for growth
- Family strategies for dealing with stress
- Building resilient couples
- And more!



- Understanding conflict and anger
- Identifying sources of conflict
- Approaches to conflict management
- And more!



- Challenges and issues of parenthood
- Positive parenting techniques
- Recognizing the dynamic and unique relationships in the family
- And more!



- Gender and cultural differences
- Active listening techniques
- Communication skills to strengthen family relationships
- And more!

[Register for a Session Here!](#)

Questions? We would love to hear from you!

Email us at usaevents@family-peace.org

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Family Peace Association

Introductory Series on
STRENGTHENING
FAMILIES

[REGISTER HERE](#)

Come join us in one or all of our free introductory sessions related to key topics that affect our everyday lives with an emphasis on individual growth, raising great families, and becoming responsible stewards. Each session will share helpful perspectives, tools, and resources so you and your family can be at your very best!

ABOUT:

The Family Peace Association brings focus to the profound significance of the family as the cornerstone of a world of peace. By engaging individuals, families and organizations, we seek to build a global movement to inspire, promote, and cultivate God-centered families. We work in partnership with like-minded organizations to provide education and support for individuals and families to build strong, healthy, loving families.

SESSION DATES AND DETAILS

DATE	SESSION	TOPICS COVERED IN THIS SESSION
May 4th	Stress and Work-Family Balance	<ul style="list-style-type: none">• Understanding stress• Stress = Opportunity for Growth!• Family strategies for dealing with stress• Strategies for home management• Building resilient couples and families• Making a difference in our world
May 11th	Conflict Resolution: Building Better Relationships	<ul style="list-style-type: none">• Understanding conflict and anger• Identifying sources of conflict• Approaches and steps to conflict management• Styles of conflict negotiation
May 18th	Parenting and Family Dynamics	<ul style="list-style-type: none">• Understanding stages of child development• Challenges and issues of parenthood• Positive parenting techniques• Effective discipline practices• Recognizing the dynamic and unique relationships in the family

May 25th

**Effective
Communication**

- Gender and cultural differences
- Communication skills to strengthen family relationships
- Active listening techniques

REGISTRATION FORM

Name *

First Name Last Name

Gender *

Select Option

Phone *

Email *

This address will receive a confirmation email

Age Range

- 18-29
- 30-39
- 40-49
- 50-64
- 65+

You are... (Choose all that apply)

- Single
- Single, in a relationship
- Married
- Parent

How did you hear about this program?

- Google
- Facebook
- Instagram
- Flyer
- From a friend
- Other

Which introductory session(s) do you plan to attend? Please choose all that apply: *

- Stress and Work-Family Balance - May 4th
- Conflict Resolution: Building Better Relationships - May 11th
- Parenting and Family Dynamics - May 18th
- Effective Communication - May 25th

Submit

(206) 800-3339 usa@family-peace.org

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Your donation funds programs designed to empower the FAMILY to be the central environment for spiritual nourishment and growth

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