



WOMEN'S FEDERATION FOR WORLD PEACE, USA

Logic of Love News for June 2015

Angelika Selle June 26, 2015

PRESIDENT'S CORNER

Dear Friends,

HAPPY FATHER'S DAY TO ALL FATHERS!

On this year's Father's Day, we have a lot to reflect on...

Looking over this June issue, it is filled with important content, as WFWP USA is speaking out from the heart on the recent shootings in South Carolina, challenging ourselves to increase our work for peace and reconciliation.

During this fathers' month we also acknowledge and honor the father and Co-Founder of WFWP, Rev. Dr. Sun Myung Moon, who deeply understood and supported the value and role of women and mothers as peacemakers and peace leaders, together with their husbands. You will find some of his quotes below in the editorial.

Also hear from a young father, our very own WFWP USA webmaster, Michael Hentrich, how his life has been touched by his family and by being on the inside of WFWP.

We congratulate our chairwoman and mother in Minnesota, Jeannette Henry, for completing her Master's Degree in Religious Studies. Don't miss reading her story and her findings on "Women as Peacemakers: A Prerequisite for Sustainable Peace."

WFWP USA is very hopeful despite all the challenges America is facing, because we see true faith, forgiveness, and love of the enemy being practiced in the face of deep pain, as the congregants of Emanuel AME Church in Charleston are doing, and as are other men and women who still believe in and strive for goodness in this country.

Let us join together in faith and action to turn the tide!

Warmly,

Angelika President



Table of Contents

WFWP USA Statement on South Carolina Church Shooting

<u>Women as</u> <u>Peacemakers: A</u> <u>Prerequisite to</u> <u>Sustainable Peace</u>

Honoring Co-Founder and Father Sun Myung Moon

<u>A Husband and Father</u> <u>Speaks</u>

"It's Never Too Late to Change and Get Healthy"

Disability and Dual Diagnoses

<u>Hugging</u>

Eternal Love! Eternal Life!

Dance for Nepal Relief



STATEMENT

WFWP USA Statement on South Carolina Church Shooting



Women, mothers, and daughters of the Women's Federation for World Peace USA would like to express our deepest sorrow and condolences to the families of the victims of the racially charged shooting in Charleston, South Carolina.

It is beyond human comprehension and imagination that a young man would shoot innocent people of faith while in a house of worship. Clearly, there were greater destructive forces at work that overpowered any conscience or scruples the young man might have had. We are outraged that this is happening in our country, and on our watch.



Do you have news from your chapter?

Let us let the world know! Email the editor at wfwp.newsletter@gmail.com

This incident, along with the many other recent racially charged incidents, is like a warning bell to all people of good conscience. We mothers and fathers and young people are called to come together and look out not only for our own children but also for others', so we may help them and guide them in the ways of goodness and love toward others, regardless of their race, creed, or nationality.

We are deeply touched by the congregants of the Emanuel African Methodis t Episcopal Church who responded to the atrocity and the pain with love and forgiveness. This is truly the way to turn the tide in America, and this so much resonates with our Founder's words:

"History is calling for reconciliation, love, service, and sacrifice. Today's problems cannot be solved by the logic of power, but by the logic of love." Dr. Hak Ja Han Moon



City-wide prayer vigil

We are proud of you, Emanuel AME! Be strong and keep on loving!

WFWP USA will increase our efforts for reconciliation, love, and true justice.

Our prayers and hearts are with you!

Angelika Selle President, WFWP USA Vice President, WFWP International

FEATURE

Women Peacemakers: A Pre-Requisite to Sustainable Peace By Mrs. Jeannette Henry, Minnesota



Mrs. Jeannette Henry and husband

Learning is one of my great passions in life. I believe that we continue to learn infinitely as life itself continues and is infinite. In the summer of 1985 I was hospitalized due to some digestive illness. I had already attended a little more than one year of graduate school in religious studies. It was decided then that it was in my best interest to care for my health first and I could wait for another opportunity to complete my studies.

A few years afterward, our family moved to my husband's hometown in Minnesota. Our children were little and needed my full attention; yet I continued to feel confidence that an opportunity to continue my studies would appear when the time was right.

The opportunity actually opened up through online courses that became available through a distance learning program at the Unification Theological

Seminary (UTS). I have finally been able to complete the required courses for the MA in Religious Studies!

This was really fortunate for me. I enjoyed every course I took. They encompassed many areas of learning that helped me develop a deeper understanding of God, the other world religions, world situations, and people that are different from me.

As Chairwoman of the Minnesota Chapter of Women's Federation for World Peace, I took special interest in researching and studying to complete my thesis entitled the "Role of Women in Peacemaking". This was based on an analysis of two case studies of women peacemakers and their unique methods and roles in reconciliation and peacemaking.

The first was Nozizwe Madlala-Routledge in South Africa and the second, Sakena Yakoobi in

Afghanistan. These two brave and resourceful women took their present day circumstances to rise up against the historical as well as the modern day challenges for women to take a big and effective role in peacemaking.

These two women represent different religious faiths, cultures, and races. Their success in their peace work was in setting up their own unique styles, particular to their own



Sakena and Nozizwe

faith and an understanding of their own culture. On this foundation they each were able to implement a very effective approach to their peacemaking work.

Continue reading on our website

EDITORIAL

Honoring Co-Founder and Father Sun Myung Moon A Man Who knew the True Value of Women By Mrs. Katherine Cromwell



In honor of the Co-founder of WFWP International, Rev. Dr. Sun Myung Moon, at the occasion of this 3rd year anniversary of his ascension (Sept. 2, 2015).

In my mind, June is the month of Fathers. It is the month where we honor Fathers and the Father's love. As such, when we think of an organization, for example Women's Federation for World Peace, the founders of this organization can be seen as its parents. They gave birth to the vision and the mission, and gave it its start.

The founders of WFWP, Rev. Dr. Sun Myung Moon and Dr. Hak Ja Han Moon, continuously encouraged women to grow in their understanding of who we are and who we can become, how we can stand proud beside our husbands and in our families, and how we can heal the wounds of our families and communities, nations, and even the world, mainly by embodying the substance of the mother's heart.

Here are some of the late Rev. Dr. Sun Myung Moon's words on the father's perspective of everyday life in the family: "When you say goodbye to one another in the morning as you go to work, do so in joy, and when you meet again in the evening, do so in joy. When you return to your family, gather your family to talk about what happened that day, discuss it together and suggest ways to improve. You have to connect to the entire family through love and through laughter. The family becomes the children's haven of rest when they can say, "Our dad is the best! Our mom is the best! We really like it when you two love each other!' You have to become a couple who can build a family as the base of eternal joy and pride such that your children will not want to go anywhere else."

Continue reading on our website...

FEATURE

A Husband and Father Speaks By Mr. Michael Hentrich

My name is Michael Hentrich, and I am the Web Developer for Women's Federation for World Peace USA. For those of you who don't know me, my wife and I are co-pastors at the Colorado Family Church, located in Denver, Colorado. We have three children, twin boys that are 5 and a

little 3-year-old girl. As I write this, we are preparing to celebrate our ten-year anniversary.

For many of you reading this article, ten years of marriage may not seem like a long time, but for us it has been one heck of a ride. We've gone through many ups and downs and have tried our best to live an adventurous and meaningful life. We make a lot



Michael and family

of mistakes, but we do our best just like everyone else.

Through the years, I'm happy to say that I've developed a real appreciation for my wife and the ways in which she holds our family together. I would like to dedicate this article to her, because I believe that most of the good things that I have in my life are because of her.

Some people say that now is the age of women, and I couldn't agree more. As time has passed and we have progressed through different stages of our lives, I've had the opportunity to witness first-hand the ways in which a woman's motherly heart can be the unifying force in a family and in a community. I personally believe that, at this time in history, we need more of this parental, motherly heart in our societies. We are dealing with many social problems in the world and in our communities. Different people have different opinions on how to deal with them and we oftentimes try to reconcile those differences through dialogue and rationalizing.

Even though I think there is always a place for dialogue, I also believe that many of our social issues and strife are more deeply rooted in the pain and suffering that many people experience in their lives. I think that we all experience that to varying degrees. For myself, I can say that my wife has helped me to heal and is continually encouraging me and helping me to reach my potential as a person. She has done this through being patient with me and loving me unconditionally, at times, even as if I were her own child. Potentially, I feel that through having a patient and loving heart, women have the ability to help people to heal. On a larger level, women can help this world heal.

Read this article on our website

HEALTH TIPS

"It's Never Too Late to Change and Get Healthy" Interview: Mrs. Betsy Orman, Cancer Survivor By Ms. Emily Cornier

Mrs. Betsy Orman's involvement with Women's Federation for World Peace began in 1992. She has helped coordinate programs in North Dakota, Washington DC, Japan, and Connecticut,



where she currently resides with her husband and 23-year-old twins. After returning to college and finishing her master's degree, in 2014 she was diagnosed with Her2 (hormone positive) breast cancer, just as her teaching career was about to begin. I interviewed Mrs. Orman and this is what I found out.

Q: How important was practicing spirituality for you in your time of fighting breast cancer?

My spirituality was like a wheel on a ship which guided me to find the ways I would need to fight this disease. When I met with my doctor at Yale, she insisted I do all sorts of extreme treatments immediately. However, I was more concerned about the quality of my life, not the length. I remembered a quote on my daughter's bedroom mirror that said, "Don't let fear decide your

fate," and that became my modus operandi. I began praying for guidance, my sister organized prayer for me, and many people supported my health journey, financially, spiritually and emotionally.

I started doing lots of research, finding out what all my options were, moving forward as naturally as possible, and then integrating the best practices into my life. We don't get cancer overnight, and we cannot heal from cancer overnight. Because everyone's diagnosis is different, and cancer is caused by many variables, we each have to find out what are the sources of our cancer. Everyone has cancer cells. It is our immune system's inability to fight their growth that causes them to take over. I learned that getting well was not the doctor's responsibility, but my own.

Q: What were some challenges, and how were you able to overcome them?

Cancer is a very scary word. Every day you wonder, "Will I survive this?" So it is critical to really plug into words of faith each day. I listened to testimonies of those who had overcome cancer on YouTube, read books, talked to doctors, found Facebook support, and so on. Jody Osteen's testimony and Suzanne Summers book "Knockout" were instrumental. I visited the Optimum Health Institute in Austin for three weeks of educational training. I found holistic practitioners who I felt comfortable to guide me in my cancer journey.

Read the rest of this interview on our website and share or "like" it

FEATURE

Disability and Dual Diagnoses By Caryn Olsson

As a woman, I approach our son's disability differently than my husband. I am more overprotective and apprehensive while my husband's attitude is freer somehow. This creates a



Patrick and Dad

good balance, which is necessary in having a family member with any kind of disability! Autism is a big challenge due to the fact that it is hard to know what is needed, as many times autistic individuals are nonverbal. This puts a lot of stress in the family since one has to often guess what his or her needs are at any given moment. My husband takes our son with autism, Patrick, out for car rides, walks or to get him a slushy at the store. I feel such joy when I see him with Patrick. It isn't easy for Dads I think, because they are the ones that want to fix everything, and there is nothing about autism you can fix!

I would like to think that we are on the brink of a greater understanding of how to support people with disabilities and their families. In this age of technological advances and knowledge, one would think this population would have better resources. Yet, oddly enough, there is still such a need for therapists and therapies. Why wouldn't

people want to go into a career of helping others by becoming a speech, occupational, or physical therapist? This is my constant headache, and my answer is that there needs to be greater education for the demand in this field.

There is still such a stigma associated with having a disability. Fear, maybe, or some inner horror of possibly catching a disability, which is, of course, quite impossible! Also, there is a prevalent culture that emphasizes physical beauty and physique. This culture puts great expectations on people to think and act in a more materialistic way. All of which is in contrast to what the inner self needs: acceptance and love.

I have found that for any disability, for example, autism, there are many times dual diagnoses as well. For example, my son is autistic, but also has pica, apraxia, and sensory processing disorder. Pica is when someone eats something that he or she is not supposed to eat, like dirt or sand. Apraxia is when it is hard to form words, due to misfiring brain signals. Usually the word will sound garbled. Sensory Processing Disorder is a very complicated one and hard to describe! To put it simply, sounds and people cause a high level of stress. Please look this one up online. For most people, stress is hard enough to manage; however, when you have a sensory disorder, it is magnified.

It has taken me a long time to learn to just breathe and stay in the moment. After all, the purpose of our lives is joy, not stress. So, go eat some chocolate and give your loved ones hugs and let them know how much they are loved. Big hug and kiss to my husband, my better half, who completes me.

Like and Share this article on our website

HEALTH

Hugging Submitted by Mrs. Shirley Chimes, Colorado Hugging is healthy. It helps the body's immune system. It cures depression. It reduces stress. It induces sleep. It's rejuvenating. It has no unpleasant side effects. Hugging is all-natural, organic, naturally sweet and 100 percent wholesome. It contains no pesticides, no preservatives and no artificial ingredients. There are no movable parts, no batteries to wear out, no periodic checkups, no insurance requirements, and no monthly payments. It is inflation-proof, non-fattening, theft-proof, non-taxable, non-polluting, and, of course, fully returnable.



Author Unknown

VIRGINIA

Eternal Love! Eternal Life! By Mrs. Katherine Cromwell

"We are not human beings having a spiritual experience. We are spiritual beings having a human experience." Pierre Teilhard de Chardin

"In the spirit world when you enter the place where the bell of love rings in your heart, the light of your heart will grow. The light will shine brilliantly in all the five colors." Rev. Dr. Sun Myung Moon



In a quiet little town called Woodbridge, Virginia, WFWP Northern Virginia Chapter held an inspiring presentation about the afterlife. It was called "Eternal Love! Eternal Life!" and took place on June 6th. Mrs. Maria Rodrigues gave a thoughtprovoking presentation and spoke about the difference between temporal and eternal love. She explained that temporal love is about meeting our material needs

and eternal love is about meeting intangible, spiritual needs.

She was asked by one of the young lady participants about the joy that comes from temporal love, and why that isn't eternal love. She explained that it is not about only "my feeling good," but it is important to consider will my parents feel good about my behavior. Will my spouse? Will my siblings feel good about what I am doing?

She said that how we live our lives determines whether we will find eternal happiness or not. She asked the audience when we feel the most happiness. Of the answers, the most impressive to me was one man who attended, who said that when he wakes up in the morning and is feeling no energy or desire to get out of bed, "my wife's smile gives me the strength to face the day." It was a breath of fresh air for us women to hear how we can affect our spouse and children by a simple smile! It's great to have men in WFWP working together to bring peace to our nations and world.

Read the rest on our website

NEW JERSEY - Elizabeth

Dance for Nepal Relief By: Mrs. Christine Mourad-Rapada

The Elizabeth, New Jersey Chapter of WFWP, in collaboration with the Junior Chamber International (JCI North Jersey chapter, <u>http://www.jcinorthjersey.org/</u>) or Jaycees, initiated a



Learning new dance moves!

fundraiser event dubbed a "Dance-A-Thon" to help support victims of the recent earthquake in Nepal. It was held at the Elizabeth Family Church in Elizabeth, New Jersey on May 16, 2015.

There were guest dance instructors who taught different styles of dance, and participants to donated \$10

every time they decided to join an instructional dance session. Guest dance instructors taught such styles as Line Dancing, Latin, African, and Free Style. Dance instructors included Mrs. Elena Bahian, who led the Line Dancing, which lasted for an hour, and Ms. Ruth Mendoza who led the Latin Dancing.

Ladies even came from New York to grace the event with their Latin moves and gave generous cash donations. Ms. Ismenia Tejada (in the pink) from Brooklyn, NY was awarded the best dancer of the day.

The registration table was manned by Mrs. Magda Rapada, the Project Development Director of WFWP Elizabeth. The registration fee was a mere \$5 which included 3 raffle tickets that entered them into the drawing for 3 chances to win gift packages.



Participants who came to the event were from many different backgrounds and continents. Asian participants included Filipinos, Japanese, and Thai. There were Africans, Europeans,

Latin Americans, and, of course, Americans. It created a true spectacle of diversity united around a common purpose: to help people in need, the Nepalese. Diverse ethnic foods were served as well to the delight of all who came.

Read the full article on our website and share!

EDITOR'S NOTE

June is the month of Fathers' Day so we have chosen to honor the father's heart in this edition of the Logic of Love News.

Let us know how you like the changes in the newsletter and make sure that you forward it to your friends so they can get to know what WFWP is doing around the U.S.

Send in your articles and photos to empower us all!

Let's continue to pray for the people of Nepal, and offer whatever donations we can <u>through the</u> <u>WFWP website</u>.

