

Rev. Ken Sudo's Special Lectures

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Four Great Realms of Heart

True Father once asked us, “Can you draw your own face on a piece of paper?” It is difficult due to a self-evident truth: if you are one with something you do not recognize it. The only way to see oneself is to use a mirror. Our nature is a reflection of God’s. God, too, cannot see Himself when he is alone; he needs a mirror. God’s mirror is his creation. God’s creation is symbolic in relation to Him, so God needs a perfectly untarnished mirror and that is the human being, through whom he can see Himself 100 per cent. Thus humans are God’s most important object partners.

God Himself has original sung-sang and hyung-sang, which become one and create God’s perfect personality. God’s sung-sang and hyung-sang each have attributes of masculine and feminine, known as original positivity and negativity or original masculinity and femininity. Because God has such a structure, when He creates, there will appear both the masculine and feminine aspects of God, which are perfected through man and woman. God has the ideal of Adam and the ideal of Eve within Himself. The image or logos was eventually substantiated as man (Adam) and woman (Eve). God’s fundamental motivation for creating was to have an object that reflects Himself perfectly; that object can give him the greatest joy.

If you want to create a building, you first need foundations. Only when you see the final creation, can you understand the idea of the architect. The idea of God resides not only in the image of man and woman but also his desire for man and woman after being created: where and how to go to become beings in which God Himself can dwell. Then God and man can become totally one and both can achieve greatest happiness. When Adam was born, he already had the urge to become one with God implanted within him by God. This is the foundation of children’s love.

The purpose of man and the purpose of God are therefore the same. This must be so, otherwise they could not share in each other’s lives. So when man fulfils his purpose, this is the fulfilment of God’s purpose. Then both beings share all their emotions. Therefore, unless man is happy, God cannot be happy. In this way, humans began to grow according to God’s desire for them. They developed through three stages of growth – formation, growth and completion, reaching perfection.

The Textbook of Children’s Love

In the infant and toddler stage, the most important aspect of growth is the development of heart. This is why education of heart is so crucial. How can a young child grow internally? This happens through the receiving of love from a parental figure. But Adam and Eve had no physical parents; they could only be assisted by angels. A baby grows through the nurturing of its mother. But at the same time, a child needs to receive love from its horizontal environment. Through the five senses, children can feel joy and happiness through the stimulation of nature – hearing, smelling, tasting, seeing, feeling. If you lose even one sense, such as taste, you can no longer fully experience the environment. If a sense is distorted, you are miserable. Beside the five physical senses, we have the five spiritual senses, which are infinitely more sensitive than the physical senses. Through education of heart (love) through its parent and by horizontal education through the senses, the heart of a child develops and is cultivated.

Throughout childhood, the development of heart continues, but soon the intellect begins to develop as well, so the child can be schooled parallel to family education. The child then enters the age of adolescence, when the development of will begins to take shape. Especially around the time of puberty, children begin to think deeply about the purpose of life and sometimes experiment with different ways of

living. Parents sadly don't usually have the answer to the question of the purpose of life and may refer the child to his teacher. But the teacher may not know and send the child to the priest. However, even the priest will probably not be able to answer the question of the purpose of life and just tell the juvenile to pray more. If children receive no answers, they may begin to go the wrong way.

Children are destined to become one with God. This is symbolized in the Bible as attaining the "Tree of Life". Can anyone explain what exactly a human being is (various answers from the audience)? Man is the image of God, the child of God. This is the most accurate definition. Then what happens in human beings is the reflection of what happens inside God. When man and woman become one in marriage, their child will be in the image of both its father and its mother. This phenomenon came from God himself in whom masculinity and femininity must have become totally one in order to give birth to new life: the human being.

True Father searched so long for the answer to the question of what is the relationship between God and a human being. Finally God answered that it is the father-son relationship. This definition is not the result of human philosophizing; mankind was searching for the answer to this question for millennia and finally the question was answered by God himself. We are not the children of apes; our original mind knows this very well, even if science does not clearly explain it. A correct understanding of what is a human being is the starting point for understanding the value and purpose of life. Because we do not understand this, the family is in chaos. What is family? Without understanding the Four Great Realms of Heart we cannot answer this question. And without understanding the family, we cannot fulfil the purpose of the Hoon Dok Family Church.

God gives man love and man gives love to God. Through this exchange of love, God and man become completely one. This is the meaning of individual perfection. In such a love relationship, God and man cannot be separated even up to the point of death. True love has to be absolute, unchanging and eternal, otherwise it cannot be true. This is the "Textbook of Children's Love" – the standard which God set up. Adam should have shown the absolute standard of children's love. God planted this seed within man. That seed sprouts, grows and blooms and man becomes one with God.

This is the standard of our love for God, our Parent. If you love your parents that much, you will definitely love those whom your parent loves. This means we will love other people more than our own lives. This is the perfection of brothers and sisters love, the Textbook of Siblings Love.

The Textbook of Siblings Love

The Second Great Realm of Heart is siblings love. If you love your parents, then you love someone whom parents love, namely your brothers and sisters. In order to be one with God, it is not possible through any kind of force, but only through invisible love by which we want to be bound inseparably. We like love because it is a force by which we can be united with someone else. There is no other reason why you like it. Why do you want to bind to someone else? It is because you can find happiness through this experience – and that is the purpose of life. Many philosophers and theologians wanted to find out the purpose of life, but the answer is within each human being. Since we were born, we have been looking for happiness and that happiness satisfies you completely. You would even be ready to drown in the floodwaters of love. Who would disagree with the statement that the purpose of life is happiness? Happiness cannot be attained alone but only in communion with someone else – your love partner. Only a woman can make a man completely happy and only a man can make a woman completely happy.

Adam and Eve gradually realized that they are unique beings on the planet earth and then they recognized that there are some differences between themselves, both mentally and physically. Adam preferred adventure and challenge and the use of physical power in nature while Eve preferred the more pleasant aspects. Gradually Eve began to appreciate Adam's strength and sense of adventure and Adam began to appreciate Eve's pleasantness and sensitivity. Thus they appreciated each other as brother and sister and that love developed into the heart to be ready to give their lives for one another as brother and sister.

The love for siblings is not different from, but an extension of children's love for parents. Siblings love is to love other people in the same way that parents love those people. Siblings love is an extension of children's love. Within brothers and sisters love, children's love is included. The same applies to conjugal love: it is an extension of that brothers and sisters love which contains children's love. Finally, parental love includes all the other three types of love. Thus the Four Great Realms of Heart are like four concentric circles and are deeply connected with each other. Parental love is not as it should be if the other three realms are not successfully attained. Without a good marriage, we cannot give true life to children.

Though they developed in different ways, Adam and Eve finally unite with each other and become one. This demonstrates the principle of origin, division and union action: they started off from one origin like twins in the womb of God. God does have a womb, otherwise a woman, God's creation, could not have a womb. Similarly, God must also have a love organ, otherwise human beings could not have a love organ.

The essence of God's sex education is "Don't eat". We needed this. How can we learn this from nature? In a tulip, when the stamen and pistil are not fully developed, they cannot pollinate. Thus immature beings should not be sexually united. Therefore, the being needs protection. The plant is protected by buds; human protection is mental - the commandment not to eat.

Adam and Eve would have seen the copulation of animals and would have thought that they too might copulate one day. Current sex education has the wrong starting point and so focuses purely on the physical. A young child does not need sex education; most important for that child is education of personality – how to love others. This world in which sex education precedes education of personality, morality and ethics has been turned upside down. Teachers cannot teach ethics because they have no clear understanding about the roles of love and sexuality; this is because they have no clear understanding of what is a human being. If one thinks that humans are extensions of animals, one cannot understand what a human being is. Evolution theory lacks purpose and direction, thus it cannot possibly teach values and ethics. Even though teachers may intuitively feel that ethics are important, they have no clear concept.

Life as a child of God, centering on the original mind and conscience, is the root of education.

Children go through puberty and adolescence and feelings and urges surface toward the opposite sex. Men and women cannot sleep because of their longing for each other. This urge needs to finally settle in marriage.

The Textbook of Conjugal Love – the Third Great Realm of Heart / the Third Love

Personality develops only through the interaction between mind and body. In conjugal love, the two minds become one first; man and woman feel good to be with each other. Then the five physical senses come into play and the bodily senses naturally lead the bodies to become united in the first love experience. There, humans will experience perfect happiness. This is true marriage in the eyes of God. Until then, parents protect their children, and this is the reason God told Adam and Eve not to eat – in order that they can later experience perfect love that cannot be broken by any force. Jesus quoted from Genesis in Mark 10:8: "...A man shall leave his father and mother and become one flesh with his wife; once united, no one can separate them..." In a true marriage, no divorce or infidelity would be thought of even in one's wildest dreams. The confusion of divorce and infidelity arises out of the confusion of immature love. Immature love needs to be guided and protected.

Only through marriage can you become the image of God. A man or woman alone is only 50 per cent of the image of God, only a partial image. Humans cannot perfect themselves as a single human being – they must marry and perfect their love and become inseparably one with God. This is the reason why marriage is important – in order to become the living God, the God with a body. Marriage is therefore absolutely necessary. Humans without marriage can never be complete. There is a trend for people to

stay single and think they can use their bodies as they like, but when a single person goes to the spirit world, that person cannot see God. Therefore, even after entering the spirit world a person would have to marry. In the spirit world, Dr Sang Hun Lee could only see God when he was with his wife.

One day we will enter the spirit world. At the last moment of our lives, we should hold onto each other's love organ and turn to God. If we enter spirit world in that way, it is a way to stay together and see God.

Does the man or woman initiate the conjugal love experience? Man and woman must live together; the minds of the two partners must first be one and then their bodies can follow. Which is subject and which object? In order for the two bodies to become one, the two persons must live together. Who should go to whom? Who is subject and who object? Man is the subject because the woman receives the seed from the husband, thus woman is in the position of receiving. The subject is the centre which should not be moved around, thus the woman generally goes to join the man. As object, woman takes the role of vessel. If a treasure is put into that vessel, it becomes a treasure chest. If trash is put into it, it becomes a trash box. Thus the value of a vessel is determined by what seed is put into it. It is therefore important that the woman receives God's seed, unlike Eve who received Satan's seed. Then the child born will be a child of God. In place of God, a blessed husband gives his seed to the woman as a channel through which God can give his pure seed. This is the meaning of the Blessing and that is how precious the Blessing is. Woman was therefore born to become the wife of God.

A fruit tree bears seed which produces the same kind of tree. The seed comes from Heaven and the Earth receives the seed to raise it to be another tree. For this reason we say "Heavenly Father" and "Mother Earth".

A true couple is the image of God

God has dual characteristics of original masculinity and original femininity as attributes of original sung-sang and original hyung-sang. The purpose of man is to become the living substantial God. In order to become this, man should have the same structure as God himself. Even though a man may be a great person, he is still only half of the manifestation of God. If man becomes one with woman in marriage, the two "halves" of God together form a one hundred per cent manifestation of God Himself, God's perfect image. God would be excited and happy to experience this and this is how God and humans can become one. God would come and embrace such a couple. Through this embrace, our heart would quiver with joy. Therefore, God joins us where we become one as husband and wife. This is the central point of marriage – to enable God's complete love to enter into us.

All our good activities make God happy, but the way to make God completely happy as filial children is to unite as blessed husband and wife and form a true family. Such a family is much more precious than what was accomplished by any saint in history and becomes God's dwelling place. From all of the above, we can understand that Jesus also had to marry.

When God dwells in you, you become the living God, you can become the substantial manifestation of God himself, and people can experience God through you. This is the ideal way of life God intended. When you open your mouth and speak, God will be speaking through you and people will hear the voice of God. And when you love someone, God is working through you and your love is the love of God. Likewise, your deeds will become the deeds of God. Then you can claim that the one who has seen me has seen God, as Jesus declared.

Through True Father's words, we learned that True Parents are the body of God and God is the mind of True Parents. If True Parents are the body, then God and True Parents become the sung-sang and hyung-sang of the same being. When you hear something from True Parents you are therefore hearing the voice of God directly. When we share Hoon Dok Hae, it is not just someone reading a book, but we are hearing the voice of God.

In Jardim in 1998, True Father talked about the significance of Hoon Dok Hae, saying that we are now

attending True Father directly, but a time of separation will come when True Father goes to the spirit world. At that time, how can we continue to attend True Parents? True Father said that to prepare for this, he will leave behind the Word that will last forever. At that time, by attending True Father's words, we will be attending True Parents directly. For this reason, True Father declared the significance of Hoon Dok Hae. The Hoon Dok family should have deep insight; this family is the root of the Hoon Dok Family Church. Father announced this as his will for the future; it is a tradition that will remain forever.

Absolute sex

God's dwelling place is man, the tabernacle of God. This place was invaded by Satan, so God had no place to live, becoming similar to a homeless person, wandering around. In order to invite God home, the Tabernacle was created in the Old Testament Age. The Tabernacle was divided into the Holy Place and the Most Holy Place. At the center of the Holy Place was the Alter, to which anyone could come and make their offerings. The Most Holy Place was not accessible for anyone except the High Priest. Inside the Ark of the Covenant were the two tablets with the Ten Commandments, which symbolized the Coming Messiah. The two tablets symbolize the fact that God's ideal consists of two persons – man and woman. The mission of the High Priest was to come into the Most Holy Place, receive God's Word and bring it to the people. The place where man and woman come together and where only God (represented by the High Priest) can enter is the love organ of man (represented by the Most Holy Place). If anyone else entered, that person will perish. The love organ of humans is such a precious and serious place. Once you are married you are free to love each other to any extent. You can love to such an extent that you evaporate! The Bible warns us to not even look at the forbidden fruit, to not touch it and to not eat it. Only the rightful spouses are free to eat the fruit. You cannot possibly allow another person to enter the Most Holy Place.

Your conscience is directly connected to God himself, and God is telling you through the conscience to not see, nor touch nor eat. You may pledge and swear not to commit fornication, but you may compromise, justifying it to yourself by thinking that experiences before marriage are alright. So-called experts even tell you this. But they are completely wrong because the purpose of marriage, to resemble God and invite God to enter, is absent. If you truly love someone, you would want to give your most precious gift to that person. The most precious person for you is your future spouse and the most precious gift you can give is your virginity. Virginity cannot be exchanged for anything. Traditional Korean culture even encourages virgins to carry a knife and kill themselves rather than lose their first love to the wrong person. This is because love is more precious than life.

Conjugal or sexual love is unique in that it is reserved for one person only, whereas the other three loves can be practised with any number of people. Everyone would prefer a new car to a second-hand one. In the same way, the original mind of humans prefers a virgin man or woman to one with previous impure sexual experiences.

One of the marks of the chosen people is purity. You may think that you can keep your purity in this life, but have other choices in the spirit world, but that is stupid. We have spirit bodies with spiritual sexual organs, which are to be used to love each other as husband and wife in the spirit world. The spiritual senses are far stronger and more sensitive than the physical senses, so pure sexual relationships in the spirit world are very powerful.

We have only one partner for eternity. There is no violation of sexual love either in this life or the next. This is the true meaning of absolute sex. This is the core of human sexual ethics. If we can maintain this, other ethics will naturally arise. Through the Fall, other ethics were ruined. This has to be rebuilt in the Unification Movement. The Blessing enables us to restart a pure life, because the past can be forgiven through the Blessing.

Originally, man should not have committed any sexual sin, but this was violated. That is why this world is filled with sexual sins. Our original sin was forgiven and removed through the Blessing, but the other sins are not, nor is the fallen nature. These sins are like the trunk and branches after the root

has been cut off. I reported a fall to Father and he was silent and just said he was thinking of how to deal with that issue. Years later True Father introduced the forgiveness ceremony. There must have been tremendous conditions from True Father's side because the fall of a blessed family is more sinful than the fall of Adam. Adam fell at the top of the growth stage, but the blessed family is beyond the top of the growth stage; it is in the completion stage. So, if a blessed family falls from this higher place, it descends deeper than Adam and Eve; the depth of sin is deeper than the fall of Adam and Eve. Such an act is worse than that of Satan – Lucifer fell at the top of the growth stage. True Father said that he came to pay indemnity for the sake of the mistake of the First Adam and for the unaccomplished mission of the Second Adam, but he did not come to take responsibility for the mistake of his own lineage, the blessed families. True Father deeply laments the fall of blessed families. Even some of those who receive forgiveness repeat their sin!

Sadly, some mistakes have been made by the Second and Third Generations. Rev. Kwak and Dae Mo Nim begged True Father to forgive them, but True Father did not answer. Dae Mo Nim brought True Father a whip and asked him to please beat her. True Father said that he cannot do such a thing to such a devoted person, so Dae Mo Nim committed herself to offer 10,000 bows and with that condition returned to True Father. My understanding is that True Father himself then prayed desperately to God, asking forgiveness and the chance for a new start. Finally God agreed and even blessed children were forgiven.

Even if you are forgiven, the trace of your crime remains, just like a prisoner has a record of crime after being released from gaol. You will then have difficulties finding a job in future and reintegrating into society. But even that record itself could be erased. Dae Mo Nim recently came to Japan where holy burning ceremonies were conducted, including the burning of all the records of the transgressions of all members.

The Fall of Man is the violation of the Most Holy Place, the place at which God could have become most happy and joyful. Therefore, Satan destroyed the happiness of God and man at one stroke. Satan is therefore the enemy of all enemies; he is the archenemy who gave such a painful heart to God. He is an unforgiveable being.

Triple Realms of Love

Siblings love is an extension of children's love. Conjugal love is an extension of siblings love. When we marry we do not cast away our experience of love with parents and brothers and sisters. No, we carry those experiences with us in our heart as we enter the marriage, as well as the loving experiences we had with nature. Therefore, children's love and siblings love dwell within conjugal love. In the same way, parental love becomes the extension of conjugal love. We cannot be good parents if we are incapable of truly loving our spouse.

Point of Settlement of the Four Great Realms of Heart

The perfection of man takes place at the Point of Settlement of the Four Great Realms of Heart. Man has searched for this solution throughout the ages. True Father revealed that perfection is possible by perfecting love, that is, by perfecting the Four Great Realms of Heart.

God's love is a vertical love, absolute, eternal and unchanging. Man's love is horizontal. These two loves form the axes of the Universe. As man grows from below, God's love can enter him from above. At that point of intersection, man's love can be captured by the love of God and become inseparable. Then God's love and man's love become one and man's love becomes like God's – absolute, unchanging and eternal. Where is it possible for man's and God's love to come together? This was the question that True Father carried a long time in his heart as he searched for the answer in the depths of prayer. Finally God came and announced that love goes the shortest distance between two points (a straight line). Thus God's vertical love and human horizontal love should cross at exactly 90 degrees, perpendicularly, the central point between man and woman when they are united in marriage through their first love. This is where God's and man's love come together.

There are four loves. The one that touches God first is children's love, so it can be perfected first. Next, siblings love is perfected, followed by conjugal love and parental love. Finally, all four loves, the Four Great Realms of Heart are perfected, connected with the One God inseparably. This is the perfection of the love of man and the perfection of man himself.

The point of the perfection of man is the point of the fulfilment of the Four Great Realms of Heart, the place where the four loves are completed and become one with God. This is also called the Point of Settlement of the Four Great Realms of Heart. The settlement of the four loves means the perfection of family. The family is the institution where the Four Great Realms of Heart can be perfected, where love can be perfected, where the purpose of life can be fulfilled and the greatest joy and bliss can be experienced. The tragedy of the human race is to have missed this one point of Settlement of the Four Great Realms of Heart. This settlement is the beginning of everything. If Adam had not fallen, this point would not have been lost, rather true happiness would have been accomplished at that time and all family members would have become one with each other.

The purpose of Hoondok Family Church is to restore this point. This is the only way through which fallen persons can finally find joy and happiness eternally. The victory of home church is the victory of eldership. We are to become True Parents and a real messiah of our own tribe. Because True Parents attained kingship, we too are able to inherit kingship and hold a family level coronation ceremony.

Textbook of Parental love

God's desire for man is to become the living example and model of fulfilment of parental love. This was completely lost and True Parents came to set that standard. The responsibility of children is to inherit that standard through home church, tribal messiahship and Hoon Dok Family Church. The goal is to fulfil the four loves through the family and also include all things. The most important aspect of parental love is selflessness.

Conjugal love and the purpose of marriage

Mutual perfection

1. Without your spouse you cannot be perfected.
2. Without your spouse you cannot gain the heart of God.
3. Without your spouse, God cannot be perfected

God cannot have substantial feelings without substantial experience through a give and take relationship with his object partner (creation). The final internal creation was man. God has his own internal experience of the period of infancy through Adam and Eve, as well as the period of his childhood. God also experienced adolescence through Adam and Eve and would have gone on to experience pure love through marriage and complete joy through them if they had not fallen. If Adam and Eve had not fallen, God would also have experienced the love of grandparents.

After the Fall, God could in one sense not touch this world anymore. The world came under the dominion of Satan and Satan has been taking care of this world in his own way. It is no easy task for us to leave behind the fallen world and enter the original world, but God had surely provided the way – we have to be sure about that.

The three-generational family was supposed to have been built centering on Adam and Eve. The perfection of Adam is the point of perfection of God himself. This family would have expanded into the world, the universe and spirit world. The perfection of God and man is the point of the fulfilment of the Four Great Realms of Heart, the point where all four loves are perfected, the perfection of family.

Therefore it is not God Himself, but man who makes God perfect. Originally, therefore, there was supposed to be no possible separation between God and man. That is why Hyun Jin Nim is talking so much about God's dream – the family. Once the family standard is set, it can be expanded to embrace the entire world and spirit world.

Inheriting True Parents' victory cannot be unconditional, but takes place through home church, tribal messiahship and Hoon Dok Family Church. This is the fundamental principle of restoration. After the fulfilment of tribal messiahship, there is no providence of restoration any more. When providence changed from home church to tribal messiahship, I asked True Father a question: Can the contents of home church also be applied to the providence of tribal messiahship? He replied, "Yes". I believe that the same contents can be applied to the final providence as well: Hoon Dok Family Church.

The Three Original Temples

1. Original Temple of True Love This is found at the crossing point of God's love and Adam and Eve's love at a 90 degree angle. The first true conjugal love between Adam and Eve was supposed to be the starting point of all true love.

2. Original Temple of True Life Life stems from conjugal love, so conjugal love is more essential than life. If someone violates that love, it is more serious than the violation of life. In this world, the violation of life – murder – is the most serious crime, but in the heavenly world, the violation of love will be an even more serious crime against God than the destruction of physical life. This fallen world is the original world turned on its head where a person is strange if he does **not** violate conjugal love. Frankfurt is so clean and neat but there is a large red-light district. There is even a prostitution tax in some countries; then prostitution is accepted as a normal occupation. Yet violating the love organ is even more evil than murder.

3. Original Temple of True Lineage The blood lineage is a continuation of the parent-child relationship. The total essence of the parents is given to the children. From birth, children have the same essential nature as their parents. This is scientifically shown through the genes. If Adam and Eve had fulfilled their responsibility and become true parents, they would have inherited the nature of God completely, as would all their descendants through them. Thus God's DNA was supposed to have been expanded to the world and the Universe. This is the meaning of the ideal world.

There was only one Adam and one Eve. This had to be so because God is one and he starts the ideal - the human race - from one. If there had been more than one couple, there would have been multiple races, cultures and worlds. In the same way, the Messiah can only be one as the starting point, but can then multiply to produce many, just as Adam and Eve could multiply to produce many couples.

When one generation is over, love and life are finished, but lineage bears the fruit of love and life and is therefore so essential.

Three Great Rights and Royal Familyship

The three great rights are eldership, partnership and kingship; kingship embraces the other two. To fully understand kingship, we need to briefly consider again the Four Great Realms of Heart; these consist of children's love, siblings love, conjugal love and parental love. The fulfilment of man's purpose is to fulfil these four fundamental loves. The First Blessing includes children's love but also siblings love. True Father mentioned that in Exposition of Divine Principle, siblings love is missing. Thus individual perfection is not complete perfection.

The Second Blessing includes conjugal love and parental love. Thus perfection of family is complete perfection and the way to enter the Kingdom of Heaven. Furthermore, the family members can only enter Heaven together. The Second Blessing embraces the First Blessing. Therefore, originally, we should not marry until we have reached individual perfection.

Third Blessing: We are not qualified to have dominion over creation until we have established a true family. The Total Living Offering (16,000 dollars) is a condition toward fulfilling the Third Blessing. Satan usurped God's dominion, including both the heart and body of man. God had nothing and suffered continuously. We were born into such a world, ignorant of what kind of crimes had been perpetrated. Satan is the worst thief in history. Being born as his descendants, we are not aware that everything was stolen by our ancestor, Satan. Through Divine Principle we discovered that my ownership is not mine at all. Originally, God is the owner. We were ignorant of the fact that our ancestor was a big thief. Therefore, we must go the way to restore what was stolen. Thus we must give back everything to God. This is the internal meaning of the Total Living Offering. It is conditional, because we would not even be able to survive if we were really to give back everything to God. Through True Parents, everything would then be given back to us, and that ownership can be approved by God.

Through True Parents' victory in restoring eldership, we ourselves can restore it. Through True Parents' restoration of parenthood, we ourselves can become true parents of our families and our tribes. Furthermore, True Parents have restored kingship, therefore we ourselves can now restore kingship and become family and tribal kings. Kingship must be restored up to the world and even cosmic levels.

Three Great Kingships

These refer to the Kingships of the Past, Present and Future. The Three Rights include eldership, parenthood and kingship. Kingship must be fulfilled for God, Adam and Eve and future generations. In other words, kingship must be fulfilled for the parents' generation, children's generation and grandchildren's generation.

The Point of Settlement of the Four Great Realms of Heart is at the centre of the Four Position Foundation. We pass through elder sonship, parenthood, then kingship. Kingship includes all other rights, therefore kingship is the fulfilment of the Four Great Realms of Heart and the restoration of creation. The First Kingship exists within God, so it is God's Kingship. The Second Kingship is substantiated through Adam and Eve and is called the Kingship of Parents. The Third Kingship is the Kingship of the Children. The First Kingship represents the Kingship of the Past, the Second Kingship is the Kingship of the Present and the Third Kingship is the Kingship of the Future, which is still to come.

In order for us to attain parenthood, children must become parents. Only when grandchildren are blessed can we accomplish the fulfilment of the three generations. It takes much time, effort and investment of love to achieve this. If we really love our grandchildren we would not feel it as a heavy burden to guide them to the Blessing, rather it would be our delight and pleasure to guide them. It is better for young people to become blessed earlier rather than to wait too long. In this way, dangers can be better avoided. Furthermore, if your children wait too long to have children, you may never even live to see your grandchildren blessed! It is such a delight to experience grandchildren! True Father mentioned that children should be blessed between the ages of 18 and 24.

Adam and Eve received love from their invisible parents (God) but they did not have physical parents. The Second Generation receive both the love of the Heavenly Parent and the love of physical parents. In the first family, Cain was supposed to be the eldest son and inherit the position of the parents. Since the children received love from substantial parents as well, the point of settlement in the first family was actually centred on the *children* of Adam and Eve, not on Adam and Eve themselves. True Parents can complete Kingship only through their children's generation. Without including the future, Kingship cannot be complete.

Conscience

By "conscience", True Father explained that we are referring to the original (or divine) mind as explained in Exposition of Divine Principle. All of us have conscience. We always hear the voice of our conscience; it always tells us to do good things; it does not make mistakes. We can distinguish it from Satan's voice; conscience is always right.

Is there anything that your conscience does not know? Can you escape from the voice of conscience? Your conscience even tells you over and over you did a small thing wrong. Only conscience, and no one else, takes complete care of you. We do not know what is on other people's conscience; even a husband and wife do not know.

When was conscience born? It was with you from the day of birth and stays with you forever. You cannot exchange it for another conscience. You cannot be free from whatever you did while you were living on earth. All the contents of your life are recorded in the conscience, from childhood, through marriage and the rest of your life. Some cracks are in each of our emotional hearts and Satan invaded us while we ignored the voice of our conscience and committed acts that violated God's heart. These things are all recorded within us and there is no way to escape from our shameful deeds. Judgement comes not from God but from our own conscience.

After you go into the spirit world it is too late to rectify sin because the sin was committed through the physical self. In the spirit world, you no longer have that physical self and so there is no way for sins to be solved. All you can do is be guided by your conscience to the place where you can dwell in spirit world. We cannot live in a bright place in the spirit world with a badly stained spirit. You can only find peace in a place where your stains show up less, that is, in hell. How can you solve your sins on earth? You have to receive forgiveness from God and True Parents. This is the meaning of Blessing and special forgiveness ceremonies.

Conscience is the Second God. It is not God Himself, but there is no divergence from God. The conscience is directly connected with God, therefore the voice of conscience is the voice of God; it is a small God which guides my life completely.

Is it easy to live up to the expectation of conscience? Supposing you are in a desert with two companions and almost dying of thirst. One cup of water would be a life and death issue. The desire to drink water is not evil, but a voice says from the inside, "Save two thirds of the water for your two companions". The conscience of all people, whether European, American, Asian or African, would say the same beyond race. The conscience of all people of the past and as yet unborn people in the future would say the same thing too. This is astonishing and shows us that the conscience has an absolute standard of goodness. This standard of goodness comes from God, who has a single absolute standard. Indeed, this characteristic of conscience is a proof of God's existence. The ultimate request of the conscience may be to sacrifice your life for the sake of others. In that moment, conscience would be completely satisfied. God is the Absolute Subject and conscience is the object.

Declaration of Conscience

1. The conscience is closer to you than your parents. This is because your parents do not know everything about you, but your conscience does. Furthermore, your conscience lives together with you every minute of your life and beyond the earthly life forever. Unlike your parents, conscience can take care of you constantly and knows everything about you. Parents may make a mistake when guiding you, but conscience does not.

2. Conscience is closer to you than your teachers. Even though teachers love you, they have limits. They may make mistakes in their education. If, for example, children were exposed to sex education when underage, which often happens today, they would begin to cry, not knowing any other way to express spiritual pain. This is the expression of conscience in children. Furthermore, like parents, teachers cannot always accompany their pupils. Conscience is closer to you than the Messiah; the Messiah cannot be with you all the time.

3. Conscience is closer to you than God. The conscience is independent of God himself, even though it shares God's qualities. Conscience is not an individual truth body with dual characteristics, but functions like an individual truth body. God put all his trust in the conscience and gave it responsibility and freedom to guide His children. Responsibility and freedom are two aspects that are insepa-

rable; the greater the one, the greater the other becomes. The conscience was given tremendous responsibility and so it has tremendous freedom as it takes care of you. Especially during the growing period, conscience plays a vital role, as God cannot have direct dominion over us during that time. Thus God takes care of us through our conscience.

The wounded conscience

Is there anyone who has no pain of conscience? Whenever we make mistakes, we experience pain of conscience. The wounds may be old or new, deep or less deep; wounds have healed but scars remain. Why do we have the sting of conscience? To understand this, it is important to understand the concept of growth of the conscience. Conscience grows together with man; therefore, conscience should also reach perfection. When we reach the direct dominion of God, at that point the conscience can no longer be wounded because no satan can invade you. From that point onwards, your conscience will be endlessly happy and the desire of your conscience can be fulfilled without hindrance.

The conscience was wounded within the realm of the indirect dominion, the time of the growing period; it was first wounded at the moment of the Fall of Man. At that point, the conscience struggled with temptation, clearly saying “no”. Conscience responds to reason, but temptation responds to emotion. However, emotion is stronger than reason in man. Both Adam and Eve and Lucifer had grown up to the top of the growth stage. At the time of the Fall, the conscience was deeply wounded and bled. The first ancestors could not solve the problem of sin; if they could, they would have been freed from the pain of conscience. All of us inherited this pain; we add to that pain as we commit more sins.

Would you not like the conscience to be freed from pain? It is working so hard for us, yet we have given so much pain to the conscience. Our conscience deserves to be freed from its pain. True Father gave the prescription: the first strategy is to strengthen the force of conscience and the second strategy is to weaken the force of the physical body. In the first case, the Word of God is needed. Even in the Garden of Eden, God gave words to strengthen the conscience. If we know nothing, it is hard to cope with temptation. Once we know the Principle, the force of conscience becomes stronger and Unificationists should make far fewer mistakes than others. This is the reason that it is necessary to teach our children well, giving the Word of God clearly and understandably and in a way that it can be accepted. Furthermore, without prayer, we cannot feel the full impact of the Word of God; with prayer the influence of the Word of God becomes strong and inspires us to resist temptations. Thirdly and most important is practice, actualization. When you actually experience victory, you are much more strongly motivated to resist temptation in future.

The second strategy is to control well eating, sleeping and sexual desire. This weakens the dominance of the physical body. However, the truth of God is much more powerful if you actualize it than if you weaken your body. That is, the first strategy is far more powerful than the second. True Father mentioned that if you live the way of actualization of truth for 3 to 5 years, you can overcome temptation. And the longer you live this way, the greater joy you will feel as you cut off temptation and obey the voice of conscience. Finally you will become completely free to realize your human potential. We call this point “high noon settlement”. From then on, whatever we want, we are free to work to attain it. From the Time after the Coming of Heaven, True Father began to emphasize the liberation of conscience. Whatever we do as we obey our conscience will be the right choice. First, however, people from the fallen world need to receive the Blessing in order to be freed from Satan.