## CARP BAY AREA

A MONTHLY NEWSLETTER



#### OCTOBER 2019

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#### October Overview

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- -UP Seminar

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Announcements





"Happy Halloween" Club Meeting - October 30th, 2019



'Friendship' UP Seminar - Saturday, Oct 19th , 2019

#### **BUILDING MOMENTUM**

This month, we focused on the intangible realm of growth and the spirit in our discussions. Our club meetings became a place for everyone to share what they thought and have led to deeper discussion based on the principles we were learning. Our club meetings and Ignites built momentum, leading to our well-anticipated UP Seminar!

### OCTOBER OVERVIEW

#### **CLUB MEETINGS**



We held four incredible club meetings with topics prepared by our students:

- · Where Does Our Value Come From?
- How Can I Become a Person Who Truly Loves Others?
- · God or No God? (part 2)
- Is There a Life After Death?

We mixed things up this month in our club meetings. Every other week, we introduced a principle, supported by quotes from various scholars, scientists, authors, and leaders. Using different perspectives gave everybody a new way to understand the principles we share and how we relate to them. Every discussion was an opportunity to think more deeply about these important but often ignored topics.



#### MAKE A DIFFERENCE DAY



Rise and Shine!

Difference Day! As CARP we partnered with the city of Hayward and the Keep Hayward Clean and Green Task Force on an annual community service event to keep #HaywardBeautiful. The Hayward Councilman Francisco Zermano, also a faculty at Chabot came out to serve with students. CARP members cleaned up Palma Ceia Park, Palma Ceia Elementary School, and the surrounding neighborhood. Service projects are a great way to apply what we learned in ignites, club meetings, and seminars. We all felt great (and tired) after serving the community and working hard Thank you all that came out!

Saturday, Oct 26 was National Make A





# 2

### OCTOBER OVERVIEW

#### IGNITE

For this month's IGNITEs, we invited Bento Leal and Markus von Euw to present on the following topics:

- · God or No God?
- · Our Invisible Lives

Our Ignites are an incredible opportunity to hear from guest speakers and take more time to discuss and bond. This month was incredibly powerful leading to Novembers events.



Excitement for our evening guest speaker event has grown this month. We jumped into topics that had many different viewpoints: the existence of a God and the relationship between our physical selves and internal selves. Many viewpoints mean much more sharing, and that leads us towards better understanding of the principles we commonly share. Every Ignite so far has been an incredible opportunity for many different people to come together to have their thoughts and hearts heard. Thank you for participating and we hope to see you in the next Ignites!

#### NIFICATION RINCIPLE SEMINAR



It's always thrilling to be a part of a group that wants to learn about and apply Unification Principles! This time, we split off into two tiers for the seminar. Seeing the student leaders give introductory talks to our eager participants was an exciting experience.

We had our second UP Seminar this semester on October 19th, and, this time, our students leaders gave presentations to newcomers! The presentations they covered were:

- Overview of Unification Principles
- The Purpose of Our Lives
- · The Origin of Evil





## **TESTIMONIES**

#### Abdullah A .:

"I myself have gone to every Ignite meeting for this semester so far. Usually I don't think I've gone to many events at all and it's not something I'm accustomed to, but in CARP I really do feel like it's something that's worth time and effort to go to, especially Ignite. I have a great time hearing different interests and ideas and putting my thoughts out in the open without any bad judgement. Really puts me at ease that I don't have to fight for what I say, just simple discussions and nice people to chat with. ... The fact that actual speakers who've done things through their lives talk and present makes it's worthwhile, the fact that they took their time for a club and really strive on the belief of CARP and talking in Ignite puts a perspective of how much CARP really means to people and gets me pretty excited and happy to be there."

#### Chunyan L.:

"...I felt like I am part of the club as well even [when] I haven't gone to their meeting[s]. CARP is a magic place that makes me want to return. I found my most real self there. Everyone is friendly and trustworthy which reminded me of who I was when I was in high school. I was much happier because I cared about people around me and I helped out the community, and need to worry whether had I been taken advantage of. CARP is a place for you to heal yourself by loving others."



#### Grace T.:



"We live everyday as thinking and choosing something, but we rarely think why we think, and if our choices follow our conscience. Through Unification study I could be reminded that these points are most important factors in our life and reconsider my life from a deep viewpoint. Also, while discussing with other CARP members, I really enjoyed knowing their thoughts or perspectives because they always gave me inspirations and deeper understanding of our life as new sights. Thank you for giving me a great opportunity."



## TESTIMONIES

(CONTINUED)

#### Jose H.

"I feel CARP has really given me hope. I am extremely grateful for the club. It has given me the opportunity to meet new people and make new friends, I am forever grateful."

#### Judith Nyambega

" 'What everyone wants from life is continuous and genuine happiness.' -Baruch Spinoza

Truth is, it's not hard being happy.
Happiness is a choice I could make every
day, but in some circumstances, I won't
be able to. This doesn't mean that it all
ends here. It doesn't have to.



By attending the [UP] seminar and listening to the many testimonies we had, I realized how strong this thing called love is. It not only connects me to my own happiness, but also the happiness of others around me.

...The impact of my genuine love will uplift somebody else's heart and as they will be glad, and so will I. Getting the personal satisfaction that I am doing good in the world, means I am doing good by me. And it's all based on genuine love for others. Bottom line is, I can use love to cut off suffering, or pain or fear and even shame. This can be the healing we all need."

#### Maria Barragan

"The past CARP club meetings, Ignites, and the UP seminar have been amazing. They go into depth with things we don't really commonly think about but leave you on a positive note. I feel like I've learned so much and I've truly felt inspired and excited to learn the next topic or attend the next meeting. The other CARP members are also very warm, nice, and supportive. They are also good listeners, and they make you feel at home. I feel as though I will become a better person and learn how to form better connections with others with CARP."

## LOOKING INTO NOVEMBER

SAVE THE DATES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 Club Meeting 12-1	7 IGNITE 7:00pm	В	9
10 Sports 12-1/30	11	12	13 Club Meeting 12-1	14	15	16
17	18	19	20 Club Meeting 12-1	Peace Starts With Me - Campus Wide Event	22	23 UP Seminar
24	25	26	27 Thanksgiving Break	28 Thanksgiving Break	29 Thanksgiving Break	30

#### IGNITE

Thursday, November 7th, 2019

Join us in our biweekly evening program and hear from guest speakers who share about issues in our culture and offer a CARP perspective in finding a positive solution. Presentations are followed by discussion in small groups.

#### PEACE STARTS WITH ME - CAMPUS EVENT

Friday, November 22nd, 2019

Don't miss out! We're hosting our semesterly wider campus event next month. We'll have amazing cultural performances and a message of peace. Watch our social media pages for more info!

#### UP SEMINAR

Saturday, November 23rd, 2019

Missed our last seminar? Not to worry. We host one every month! Join us for study and learning of the Unification Principles. These principles are the driving force behind all of CARP's activities that provide a clear vision in creating a world, family, and life we love.

#### A SNEAK PEAK INTO DECEMBER!

End of Semester Family Night, Thursday, December 19th, 2019
Save the Date! Join us to conclude the semester as one CARP family together with
food, entertainment, testimonies, and friendship. Invite your family to share the
CARP culture!





visit ecarpbayarea for more pictures, details and updates on future events

contact: carpbayareaegmail.com