

Reflecting On The Celebration Of Easter: We Are Risen

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May 5, 2024

Photos: Kate Tsubata



This year, reflecting on the celebration of Easter, I found myself seeing it as a time for personal renewal.

Resurrection is a real thing. It's not just about Jesus overcoming the tomb. When we overcome pain, tragedy, loss, devastation, addiction, brokenness - we gain a new life. God's reviving love and healing power is available to each of us.

Recently, my son and I were discussing scientific theories like Relativity, Wave or Particle theory, etc. He mentioned that science is searching for a universal theory that explains all these things. What popped out of my mouth was, "What they'll find out is that it's all powered by love." Even I was surprised by that idea. Then, as I thought about it more deeply, I realized, "It's true!"

Science tells us that the universe is made up of energy, and energy can't be created or destroyed, only transformed. So, something transformed into all the energy (and, therefore, all matter) that became the stars and planets and earth and plants and animals and us. I believe that the connecting force, the guiding force, is Love.

If love is the directive energy of all things, then by focusing and living in love, we become one with that energy. If God is love, then by loving, we share God.

Jesus taught love. Not just normal love, but radical love - loving the enemy, the oppressor, those who do us harm. He lived that love: washing feet, breaking bread, forgiving his torturers, and even those who betrayed him.

Such love can't be killed. It can't die. It illuminates parts of humanity that were unseen. It heals. It transforms. It keeps going, despite the passage of time, or the extent of space.

Imagine: you are made of that love! You are a carrier of that love. And someone who was the embodiment of that love...loves you.

So, Easter is not just "He is risen," but "We are risen."

Blessings!