

## FFWPU USA: Noah Ross's Authentic Living Webinar Changed My Life

Naokimi Ushiroda  
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"We are meant to be well, be loved, and live in a healthy world," said Mr. Noah Ross, a longtime Unificationist and renowned lecturer of the core teachings of the Unification movement. "This webinar will introduce you to the principles that will help you unlock life's full potential."

This Saturday, Sept. 25, Ross is offering a free two-hour [webinar](#) that he says has the power to transform lives. A course instructor since 1973, Ross has taught thousands of students about becoming their authentic selves. Now, "Discovering Your Authentic Self" is one of multiple webinar programs available to all people through the new [Blessing America](#) campaign rolled out in June by Family Federation for World Peace and Unification (FFWPU) USA.

"Starting out in life as a young professional, I struggled to find meaning and love in a very confusing time," said Ross. "I questioned the way the world is going and how I was going to make my way. The principles for authentic living changed my life. These principles - inspired by the teachings of [FFWPU co-founders the late Rev. Dr. Sun Myung Moon and Dr. Hak Ja Han Moon] - give clarity to just what we can be as a human family."

Participants have the opportunity to dive into a range of topics including becoming the person God made us to be; discovering the root of dysfunction; establishing a healthy self, relationships, and community; having hope for the future, and much more.

"Just as understanding scientific principles gives us the ability to live well physically, understanding God and spiritual principles is the key to personal well-being, lasting relationships, and a loving family," said Ross.

The program also examines why people suffer from hopelessness, destructive behaviors and unhealthy relationships, with Ross calling it both "a personal issue and a larger social challenge." In the US, about 19 percent of the adult population is affected by some kind of mental health issue, including depression and anxiety, according to 2021 [data](#) from Mental Health America (MHA).

"The very things that our heart longs for seem to be the hardest to find," said Ross. "[This webinar] presents principles that, when applied, help us realize our full potential... to live with tremendous meaning and value."

The program further outlines principles for healing and restoration that Ross says give participants real hope for change in their personal lives and futures. "For most people, including myself, [these principles] have been a life-changing experience," he said.

"Discovering Your Authentic Self" is available September 25 from 12:30 p.m. to 2:30 p.m. EST. Click [here](#) to register for free.

You can learn more about the Blessing America campaign and programs [here](#).

Thank you for taking the first step on your journey.

## Discover Your Authentic Self



### Discover Your the Authentic Self Webinar

We are meant to be well, be loved, and live in a healthy world. This webinar will introduce you to the principles that will help you unlock life's full potential.

#### What you will discover

- The secrets to become the person God made you to be.
- The root of dysfunction in our relationships and our society.
- Clear steps to restore a healthy self, healthy relationships, and a healthy community.
- Hope for humanity's future

**Saturday, September 25, 2021**

Free 2-hr Webinar

12:30pm – 2:30pm EDT

[Save My Spot](#)

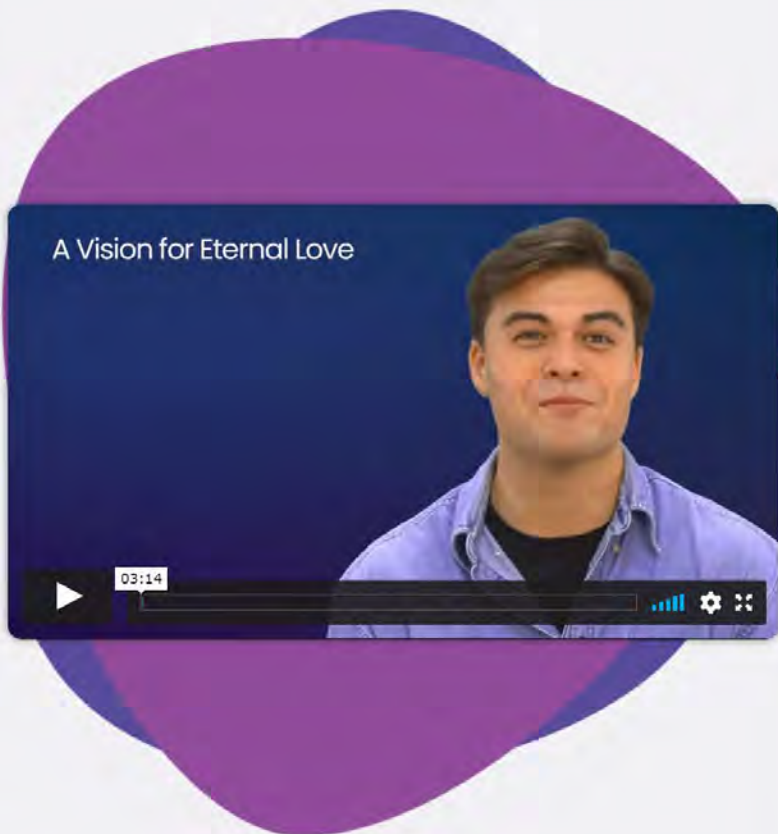
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Ilya & Diane Hack



"It's centered on God. You are not just living for your own sake but you're actually putting God in the center, and also trying to make a difference in the world as a couple or as a family...It's not just a physical experience, it's a life-changing experience."

[▶ Watch the Interview](#)

## Ryusei Taguchi

"Part of the Blessing is becoming the Blessing. And then your spouse and your family and your friends have to be like "damn, this dude is a blessing in my life."

[▶ Watch the Interview](#)



## Ryan & Tiffany LaBrooy

"It's more than just us. It's how we can connect to our parents. It's how we connect to our children. So it's a much bigger picture than just the two of us."

[▶ Watch the Interview](#)