

FFWPU USA: We Celebrate Springtime in the Northern Hemisphere

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March 20 officially marks the beginning of spring in the Northern Hemisphere, with celebrations held around the world to usher in this season of longer days, warmer weather, and nature in full bloom.

As we celebrate springtime, let's remember True Parents' teachings to "love nature as your parent." True Parents shared how God created the natural world for humanity's enjoyment, and that we, as stewards of the earth, are tasked with the responsibility of preserving the beauty and well-being of the environment.

Below is an excerpt from True Father's 1979 speech, "Nature is Our First Parent," in which he implores us to respect and love nature, as well as recognize the sacred interconnectedness of human beings and the natural world.

Speech Excerpt:

Each man is a microcosm of the universe. Your body is made of all the elements of the world. Nature supplied the entire ingredients that make your body, which means that the universe made you by giving itself. If nature demanded that you repay everything that nature loaned you, would there be anything left of you? You can feel that the universe gave you birth and made you.

Therefore, nature is your first parent. Do you feel good that you are a microcosm of the universe? All the universal formats or formulas can be found in you. You could accurately say that you are

a small walking universe that can move, whereas the cosmic universe is stationary. Since you are able to move and act, then you can govern the universe. The universe would want you to exercise dominion over it, so your first duty would be to love nature. Then, wherever you are, you can love the creation and appreciate it.

Since you feel such an urge to love the grass, trees, and flowers, the birds and running water, how can you not love your fellow man? When you lie on the beach, you can feel that you are lying in the bosom of your parent, or that when leaning against a tree you are leaning against your own brother. Would nature protest you for doing that? Or, would it sense that you truly love and appreciate it? All things exist for you. When you observe it, you can take pleasure in them for that reason. As a man, you are the only begotten son of the universe, and as a woman you are the only begotten daughter of the universe. Then how much love would be possible between the two?

You have your own physical parents, but ultimately you have one most important parent who created you - God. Your parents were the instruments that God used to create you. The journey in search of the True Parent begins by loving nature, which is the first parent, then loving your physical parents, and then to the ultimate parent, God, who is our creator. God is the ultimate destination, our eternal Parent...

The moment of death, which everyone now fears, is actually the moment of fulfillment. If you live your life in the right way here on earth, then your life leads ultimately to the one common Parent. Then the moment of death actually liberates you to live with that parent for eternity. He is the True Parent to us all, who has true love with no end. Life with God is what we call the Kingdom of Heaven in heaven.

You can learn more about the Spring Equinox and ways to celebrate the season [here](#).

[Timeline](#)[Importance](#)[Celebrate](#)

Feb	March							Apr
SUN	MON	TUE	WED	THU	FRI	SAT		
		1	2	3	4	5		
6	7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31				



**NATIONAL ANIMAL
POISON PREVENTION
WEEK**



**POISON PREVENTION
WEEK**



FRENCH LANGUAGE DAY



**GREAT BRITISH SPRING
CLEAN DAY**



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The Spring Equinox, also known as the vernal equinox, is one of the four solar festivals of the year. The equinox — which translates roughly in Latin to “equal night” — is when the sun sits vertically above the equator, making day and night equal across the planet. The Spring Equinox officially marks the beginning of spring in the Northern Hemisphere, and there are celebrations around the world to usher in longer days and springtime. In some cultures, this day also marks the beginning of the new year, which in Iranian culture is called Nowruz. The Spring Equinox is a brilliant time for new beginnings, no matter how you celebrate on March 20.

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SPRING EQUINOX TIMELINE

1600 B.C.

Beginning of a Legacy

Chinese rulers believe the Spring equinox marks the start of their line.

12th century

The Vernal Equinox

Some believe that this is when the practice of celebrating the spring equinox began.

1868

The Meiji Era

The March equinox becomes and is celebrated as a national holiday in the Meiji period.

1945

The Stance Changes

After World War II, General Macarthur declares Japan's celebration of the vernal equinox as secular in an attempt to separate church- from state power.

SPRING EQUINOX ACTIVITIES

- 1. Host a Nowruz party**

Celebrate the Spring Equinox and Iranian New Year with a Nowruz party. Prepare the Haft Seen, the traditional table setting for celebrating Nowruz in Iran, and have your guests gather around it until the exact moment of the Spring Equinox. The table includes seven traditional items: greenery (sprouts grown in a dish), samanu (a sweet germinated wheat pudding), dried oleaster fruit, garlic, apples, sumac berries, and vinegar.
- 2. Bring flowers into your home**

Nothing says spring like flowers! Celebrate the Spring Equinox by bringing some flowers into your home. Buy a bunch of cut flowers from your local market — daffodils and tulips should be in season now — or buy a little plant to keep in your window. Buying flowers for yourself is a happy and small indulgence.
- 3. Call your mom**

In many Arab cultures, the Spring Equinox is a day to appreciate mothers. Take a page from their book, and use this day as a day to call your mom! Take it a step further by sending her flowers to celebrate the first day of spring.

5 REASONS WHY WE LOVE SPRING EQUINOX

1. It brings all the baby animals to the yard

And they're like, "animals reproduce in the spring because our biology says there's more food available."

2. Everything turns green

Spring: the time to enjoy the rebirth of flowers, trees and grass before summer zaps them into a fried crisp.

3. Shorter utility bills

Warm up or cool down your house just by opening your windows.

4. We get to say "Sprang Break, sprang break foreva"

Spring break is the one week out of the year you're allowed to do... well, anything you want.

5. It lets us detox

It's called Spring cleaning for a reason! Spring also gives us a chance to "clean out" our bodies before summer swim suit season.

WHY WE LOVE SPRING EQUINOX

A. It signals the changing of seasons

Astronomically, the Spring Equinox signals the beginning of spring in the Northern Hemisphere and the beginning of fall in the Southern Hemisphere.

B. It's a universal moment

During the equinox, the Southern and Northern Hemispheres receive equal exposure to the Sun's rays. This moment happens at the same time around the world!

C. The Earth is perfectly balanced

On the other 363 the year, the Earth's axis is tilted at an angle of about 23.4° relative to the Earth's path around the Sun, which means one hemisphere always receives more sunlight than the other. But on the Equinoxes, the tilt of the Earth is perpendicular to the Sun, meaning the Southern Hemisphere and the Northern Hemisphere are hit with equal amounts of sunlight.

SPRING EQUINOX DATES

Year	Date	Day
2021	March 20	Saturday
2022	March 20	Sunday
2023	March 20	Monday
2024	March 20	Wednesday
2025	March 20	Thursday

SPRING EQUINOX FEATURED VIDEO



It's Finally Spring!



2,957
Days celebrated

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MONTHS

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8,871
Ways to celebrate



1,000,000+
Happy users

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- [June](#)
- [July](#)
- [August](#)
- [September](#)
- [October](#)
- [November](#)
- [December](#)

UPCOMING

- [Today](#)
- [Tomorrow](#)
- [Monday](#)

ALL MONTHS

- [National Day Calendar](#)

- [Day of the Dead](#)
- [Thanksgiving](#)
- [Sweetest Day](#)
- [Daylight Savings Day](#)
- [Marine Corps Birthday](#)
- [Giving Tuesday](#)
- [Small Business Saturday](#)
- [Remembrance Day](#)
- [Cinco de Mayo](#)
- [First Day of Fall](#)
- [National Sandwich Day](#)
- [Singles Day](#)
- [Mexican Independence Day](#)
- [National Cat Day](#)
- [Labor Day](#)
- [National Dog Day](#)
- [National Safe Sun Week](#)
- [National Friendship Day](#)
- [St. Patrick's Day](#)
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