

## 2nd Global Top Gun Youth - Day 7: Continuing With the Divine Principle

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We have reached the one-third mark of our workshop. By now, we're really getting into the groove of things.

In the morning, Nina led us in another session of public speaking exercises where we learned how to effectively tell a story. We broke it up into four parts (beginning concept, challenge point, turning point, and new concept). We shared in pairs one concept in the Divine Principle that has changed over the years for us. By doing it this way, this gave structure to our story.



Then, Justin Okamoto gave another deep talk, this time on emotion, intellect and will. He basically told us that we can change our intellect by making proclamations, our emotion by asking questions, and our will

by shifting your body. We then practiced all of these things through physical exercises such as breathing, dancing, and proclaiming that we are God's children, Messiahs, and heroes that will change the world. This was a great way to let go of our shortcomings and really be inspired and move forward.



In the afternoon, we had lectures on The Fall and Restoration given by our own UPA staff. Afterward, we found key points from the lectures that we connected with the most (like yesterday), and created stories out of them, trying our best to connect them with the Divine Principle.



In the evening, like yesterday, we shared these stories in groups while other members gave feedback. In the end, some people had an opportunity to share their stories with our entire workshop. It was amazing how confident and passionate these people were in sharing, especially since some of them even did it on stage.

“The thing that stuck out to me the most were the lecture/public speaking practices. Seeing how so many people (1st and 2nd gen) have so much passion and be moved by the Principle inspired me so much.” – Michael, USA

The atmosphere is really starting to change now that we're at the one-third mark. In the beginning, it was laid-back and even confusing for some on what's going on, but now, things are becoming a lot more serious, but also a lot more close-knit. People are really starting to feel like family to each other, and they are setting higher standards for themselves, too.

These last 7 days were the formation stage. We enter the growth stage tomorrow.