

## IRFF UK: Jeffrey Bateman's 87 Mile Across The Ridgeway Walk Fundraiser

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[www.irff-uk.org](http://www.irff-uk.org)



## Thank you!

He did it! Jeffrey Bateman walked 87 miles across The Ridgeway.

IRFF UK wishes to express immense gratitude to Jeff for his magnificent effort to fundraise both for IRFF UK and for Peace Club!



IRFF UK is currently **improving the lives of 3,000 people** in three countries in

Africa in primary, secondary and tertiary education, as well as girls and women in period poverty and a soup kitchen feeding 500 hungry children and elderly people in a township in South Africa.

***100% of the funding we receive is passed to the project leaders in Africa to support their work.***

For example:

**£1 per month** provides one girl with disposable sanitary pads for one month plus menstrual health education; reusable pads (as distributed in Ghana) cost much more but last 2-4 years

**£4 per month** supports work to provide one child in South Africa with literacy education, opening up the whole world of learning to them

**£10 per month** supports a child at Destiny School in Uganda to receive an above-average primary education

**£25 per month** supports work to provide one young person in South Africa with a secondary education which they could never receive otherwise

***Every penny received is spent carefully on the project of greatest need at any one time.***

For more information please visit our [website](#) or get in touch at any time!

**We are always grateful for whatever you can give to IRFF UK so that together we can help those who are in great need of support.**



There's still time to support Jeff's efforts by clicking [here](#) and donating to his 'GoFundMe' page.

[Click here](#) to visit our website and find out more about our other projects.

International Relief Friendship Foundation

Account number: 96497645

Sort Code: 60-05-29

A Charity for Africa

# Breaking The Cycle Of Poverty

IRFF UK, a charity for Africa based in the UK, runs projects throughout Africa with a key focus on fighting poverty through education and tackling period poverty.



Help end period poverty. Donate now for girls' education and empowerment.

[Click to Donate to Period Poverty](#)



Your donation helps children access quality education and build brighter futures.

[Click to Donate to Education](#)

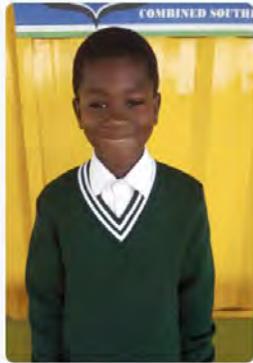
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## Supporting African Communities from the UK UK Based Charity for Africa

### Our Charity Is Focused on Period Poverty & Education Support In Africa

IRFF UK is a UK-based charity for Africa operating projects across Africa with a **dual focus on education and addressing period poverty**. We are breaking the cycle of poverty by ensuring access to education for all and **preventing female dropouts through the provision of menstruation products and education**. Through this communities and youth are empowered and Africans are given the best chance for a brighter future.



the best chance for a brighter future.

[Support Us Today](#)



[Come See What We Do](#)

## What Areas Does Our Charity Support In Africa?

[Education](#)

[Period Poverty](#)

[Emergency Relief](#)

### Menstruation Should Not Be An Obstacle In Life

As a charity for Africa, IRFF UK holds a strong promise to help underprivileged African girls facing challenges, especially period poverty, which makes it hard for them to go to school. We are dedicated to breaking down these barriers by making sure these girls have what they need for their periods. By doing this, we empower these young minds, giving them the chance to stay in school, learn, and break free from the cycle of poverty.

[What is Period Poverty?](#) | [Ending Period Poverty](#)



## A Small Glimpse At The Difference IRFF UK Has Made How IRFF UK has helped in Africa so far?

[Destiny Junior School](#)

[Jigger Removal](#)

[Home For Children](#)

Kampala, Uganda

**Destiny Junior School**



**IRFF UK built Destiny Junior School in 2009. The children in the local area have thrived ever since!**

IRFF UK built Destiny Junior School in Kampala, Uganda in 2009, and has gone on to see more than 500 students graduates go into further education which otherwise wouldn't have happened. £115,000 has been invested in total, starting from £330 a month and now at £1,150 with 206 students in total



[Why Choose IRFF UK?](#)

## What makes our charity for Africa unique?

What sets IRFF UK apart is our commitment to more than just being intermediaries in fund transfers.

We prioritise a comprehensive approach centred on education and empowerment to uplift individuals from poverty.

Our unique focus is on equipping people with the skills necessary for self-sustainability, fostering independence rather than dependence on Western donations.

We believe in creating lasting change by empowering individuals to build a better future for themselves and their communities.

[How Can You Get Involved?](#)

### How Can You Support Our Charities Work In Africa?

[Making A Donation](#) 

[Spreading Awareness](#) 

[Volunteering Your Time & Skills](#) 

## What Our Donors Are Saying

*Your efforts in the areas of education, health and sustainability are vital in certain countries and truly appreciated. My family will continue to sponsor a child at Destiny Junior School in Uganda, and will endeavour to support other causes that IRFF UK informs us about.*

**Marshall de Souza**  
**Destiny School Sponsor**

*The Women's Federation for World Peace, South London, has been supporting Destiny Junior School through IRFF-UK for more than 12 years. Our ladies sincerely had been helping to provide a better place for the children of Destiny Junior School in Uganda. We believe Education and health are the most important things for the life of the child.*

**Dolores Read**  
**Destiny School Sponsor**

*I have been happy to support projects that IRFF is running in Uganda. In particular, I have donated funds towards the building of a perimeter wall and a library at Destiny School. I really appreciate the good work IRFF has been doing over the years to help people/children in Africa.*

**Joyce Suda**  
**Destiny School Donor**

## Support IRFF UK With A Donation Today

Yes, I'll Donate!

## Subscribe To Our Newsletter

Enter email

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Empowering Communities and Changing Lives

Charity Number: 281776

98 Dyke Drive, Orpington, BR5 4LZ

### Period Poverty

[Period Poverty Intro](#)

[What is Period Poverty](#)

[Ending Period Poverty](#)

[Period Poverty Projects](#)

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