WFWP USA: Women, Carriers of Heaven's Blueprint - Start Owning What's Yours

Adia Lancaster November 15, 2025



Lately, I've found myself at a crossroads. Looking back over my life, I can see how I've spent years in the space of "helping" - being the one who said "yes" when others hesitated, the one who filled in the gaps, carried the weight when systems didn't exist, and made things happen simply because someone "had to do it." And for a long time, that felt right. It felt meaningful...even loyal.

But deep inside, there was a restlessness. Although the work I did was good, it still felt like there was a misalignment somewhere - a hollowing ache I couldn't put my finger on, one I didn't see as clearly then as I do now. While I was being appreciated for my care and output, the deeper calling within me remained untouched, unclaimed, unfulfilled.

This feeling and experience isn't just something that is unique only to me. So many women, especially mothers, have lived in that space for years. We are the ones quietly carrying the emotional, spiritual, and relational load of our families, communities, ministries and more. We are celebrated for our endurance, for our selflessness, for our ability to "just get 'er done." People assume it comes naturally. And because we don't complain, they assume it doesn't cost us anything.

But the truth is, we are exhausted.

Not because we are weak, but because we are over-functioning in roles that are no longer ours to carry. We've come to believe that being needed is the same as being called - treating endurance like it's anointing - turning sacrificing into our identity. We've unknowingly slipped into a life where we are praised for our usefulness while the fire of our true purpose grows dim within.

Before I go further, I want to be clear: I'm not saying that helping is wrong, lesser than or meaningless.

Helping is good. It's holy. It's beautiful. It matters. Helping is how we learn to serve with compassion, humility and sacrifice. It is a place where we are strengthened in love and faithfulness.

And some women are still called to serve in that role where their work is immensely valuable. But this message is not for every woman. This is for those who feel the shift - the quiet inner knowing that the role of helper has run its course because its purpose has been fulfilled.

If that's you, then here's what I want you to know: helping says, "Tell me what you need and I'll do it." It responds to gaps in order to fill them. It adapts and serves the moment. It carries the task, which often means doing everything yourself.

Stewarding, on the other hand, says "God, show me what you've given me to build and I'll take responsibility for it." It builds, leads and serves the greater mission. It does not operate from reaction, but from assignment.

Stewardship is not the glorified version of helping either. It's not doing more or doing everything. In fact, true stewardship is not putting in more effort, but taking on more ownership.

True stewardship requires three things: delegation, alignment and partnership. Delegation in terms of discerning what is yours to carry and releasing what is not. Alignment that doesn't come from ego but from spiritual responsibility. And partnership that requires co-creating with God and calling in gifted allies who are meant to build with you.

So, the real shift happens when we stop asking, "What do they need me to do?" and start asking, "What did God entrust me to build?"

There is a spiritual repositioning happening among women right now. We are not being called to do more. We are being called to rise into what has always been ours to carry.

As Holy Mother Han boldly declared, "The time has come for the power of true womanhood to save the world." Here, she's not referring to "womanhood" as we once knew it to be - as endless sacrifice, quiet usefulness or invisible service - but as stewardship of families, of culture, of spiritual climate, of Heaven's blueprint.

We are not entering an era where women take over. We are entering an era where women take their place.

So if you feel the stirring - the calling that you're not supposed to stay quiet, hidden or play small anymore, then know this: you are not being called to carry more, God is calling you to stand in who you already are - to embody it, to be it, to own it.

This is a threshold moment. Your season of silent carrying is ending and your season of stewarding is beginning.

May you trade your exhaustion for assignment and busyness for spiritual authority.

May you lay down the label of helper and receive the mantle of owner.

May you know that your calling is to carry the blueprint and Heaven is waiting for your "yes."

And may every woman who feels this shift have the courage to follow it.