

WFP Jordan Empowers Women Through Sweets Preparation Training Course

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In May, WFP Jordan organized a training course to help women develop skills in preparing various types of sweets. The course was designed to teach participants how to make desserts for personal use or as a foundation to start their own businesses.

Training Curriculum:

- Introduction to preparing sweets and the necessary tools
- Teaching recipes for basic desserts such as cakes, cookies, and biscuits
- Training in essential baking techniques



Throughout the course, participants learned a wide range of dessert recipes, from simple treats to more complex confections. This training enabled them to offer local dessert preparation services or make sweets for personal enjoyment. The course helped enhance their self-confidence and ability to innovate and create in the field of dessert preparation, encouraging them to explore self-employment opportunities.

The participants included women of various ages and social backgrounds, all eager to acquire a new skill or improve their existing abilities in sweet-making. The course lasted for one week, with an average of six sessions, each session lasting two to three hours. This diverse and supportive environment allowed the women to share their experiences and learn from one another, fostering a sense of community and collaboration.

Through this initiative, WFPW Jordan aims to empower women by providing them with practical skills and knowledge that can improve their economic opportunities and contribute to their personal growth.