

# Open HoonDokHae Discussion

Bucharest, Romania, 9. September 2016



**B**una ziua! Good afternoon!  
On the 5th of September 2016, Romania CARP started the 10th 40 day JeongSeong Condition for JeonDo. As part of the activities, on the 9th of September we organized in the Peace Center – Bucharest, the weekly HoonDokHae meeting. This week’s discussion topic was: “How to find life’s beauty”. The focus of the activity was set on finding value in our life and ways to be happier.

As HoonDok material we used passages from True Father’s Words that emphasized the ideas that we can find joy in our relationships with the others and that our self-centeredness is blocking us from realizing the true joys in life. “Nothing exists for its own sake. All created beings in this world exist for the sake of their counterparts. Happiness is possible only in a relationship with a partner. When we realize that our life is not ours alone but is meant to be for the

sake of the other, we begin to follow a path different from the one we were on. To live well means to live a life that has meaning.” True Father’s autobiography is always an amazing source of inspiration and essential guiding line to understand the Principle from his life example.

Also we used small passages from the books “Zorba the Greek” and “Tuesday with Morrie” in order to reach out to the participants through materials that they have already heard about before. In the first book there were mentioned Confucius words: “*Many seek happiness higher than man, others beneath him. But happiness is the same height as man.*” Adding that “the soul of man is transformed according to the climate, the silence, the solitude or the company in which it lives.” The second book takes a more emotional perspective about life “*The way you get meaning into your life is to devote yourself to loving others, devote yourself to your community around you and devote yourself to creating something that gives you purpose and meaning. ...the big things – how we think, what we value – those you must choose yourself. And one more thing: there is no such thing as “too late” in life.*”



To understand deeply the words of True Father and in order to share our thoughts on the topic, we separated in three teams and we discussed the topic centered two different questions:

1. Do you think that happiness lies within you or does it depend upon other people and external things?
2. What is there to be happy about in the world today?

After everybody shared their opinion with the other members of the team we gathered together for the conclusions. From each team a representative offered the final points.

Even though the opinions were different, a common point was that happiness is coming first of all from the spiritual part of life and less from the material one,

and nobody said we can find happiness only in material things.

Because we are unique individuals, the way we can find joy and beauty in life is not the same; some find joy in their relationship with God or with others. One of the guests said that in order to receive we have to give first, and even if we think we don't have what to offer, because of the give and take that is happening between us, joy appears and we become happier. Another opinion was that happiness depends on others until we reach a certain point where we can be happy without depending on others and this is a state that cannot be destroyed by anyone.

A final idea was that we live in a blessed era when we have many freedoms and benefits: we can interact with people

around the world, the medicine developed very much, and we can learn by ourselves from the internet.

We had a good time together and we were happy to be able to meet again with our old guests and also with some new ones, in order to spread the teachings of True Parents. We received a good feedback and the guests said they will return to the center with other occasions. Hopefully we can meet them again next week for an introduction concerning the CARP vision and the Divine Principle.

We pray that we can always transform the Peace Center into a cradle of positive spiritual atmosphere, of inspiration and brotherly affection.

Thank you so much our Heavenly Parent and True Parents!



*Getting to know each other – Raluca's peaceful team – Ancrei's happy team*



*Silviu's excited team – "What do you believe?" – Free thinking !*