

# Five Love Languages Discussed

Romania, Bucharest, Bong Moon Jeong - November 30, 2018



We are happy to report about our most recent event here in Bucharest, an open Hoon Dok Hwe discussion on “True Love and the Five Love Languages.”

First of all we want to express our gratitude to Heavenly Parent and True Parents for offering so much love and giving us the opportunity to organize JeonDo (witnessing) activities in our country.



On November 30, we concluded our week of JeonDo with an open HDH event in our CARP Center. Thirteen guests came to an open discussion about true love and the Five Love Languages that are described in a famous book by Rev. Gary Chapman.

We started our meeting by watching a video about Rev. Chapman’s classification of the ways in which we can express love to others. After counseling couples for many years, he discovered that for each person there is a certain thing that makes him or her feel loved (words of affirmation, gifts, acts of service, quality time or physical touch). We also took time to reflect about ourselves and

discover our love language by taking a short test.

Next, we made three groups and read a short HDH text of True Father’s words on true love. After we read it together, we discussed it. We explained what inspired us, and each person could explain his or her way of feeling and giving love.

We all liked True Father’s words, and we agreed that true love is unconditional and comes from our utmost sincere heart, when we want to “give, forget that we have given, and continue to give again without ceasing.” As we all experienced, to always give is not easy, but we also realized that by giving love we also receive a lot of happiness. It brings us peace and makes us forget all the pain and effort.

We also discussed how to practice love in our life and how sometimes our love can be misunderstood by others because we don't "use the same love language." So we concluded that it is very important to understand ourselves better and be more sensitive to others' needs when we are giving love and appreciation. Next, we made three groups and read a short HDH text of True Father's words on true love. After we read it together, we discussed it. We explained what inspired us, and each person could explain his or her way of feeling and giving love.

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