

FFWPU UK: A Posture of Heart: Why I'm Excited to Attend This Holy Day

Bogdan Pammer
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I don't know about you, but my heart is really looking forward to this coming Sunday. The Holy Day celebrations feel different this year - not because of the schedule, but because of how I'm choosing to attend.

Attendance isn't just about showing up, like we once did in school. To attend to someone means to give care, help, and attention. It means being responsive to someone's needs - physical, emotional, or spiritual.

So when we gather this Sunday to celebrate Heavenly Parents' Day, True Parents' Day, and the Holy Wedding Anniversary, the question becomes simple and profound:

Whom are we attending?

We attend to Heavenly Parent.

We attend to True Parents.

We give our attention to God.

We offer care and support to True Parents.

We consider, with sincerity, what God may need from us.

This is a posture of heart - listening, feeling, empathising, and asking ourselves how we can truly be there on this special day.

"God, I am here for You."

"True Parents, I am here for You."

And even more beautifully:

"God, we are here for You."

"True Parents, we are here for You."

Practically, this means we don't do it alone. We come together as brothers and sisters in our communities or as families. We prepare holy tables and meals, choose clothing with intention, - I will certainly clean the car with the kids before driving to service - and we offer gifts or donations - not out of obligation, but love.

I don't know about you, but I'm deeply excited to come together this weekend and express our love for God - together. To celebrate the first marriage God could rejoice in with humanity, all those years ago in 1960.

Be well. See you there.