

Three New Ways to Celebrate Thanksgiving

Demian Dunkley
November 22, 2019



Photo by Priscilla Du Preez on Unsplash

Thanksgiving is just around the corner! We hope you're as excited as we are for a day of good food (did somebody say stuffing?) and family time. If you're searching for ideas to make this a year to remember, look no further. Below are some unique ways to welcome in the turkeys.



Go For a Turkey Trot

If you're tired of watching the Macy's Day Parade every year, change things up by venturing outside! Your community likely has a race, known as a Turkey Trot, on or near Thanksgiving. A pre-dinner workout is exactly what you need to erase the guilt associated with having seconds...or thirds. Plus, you'll impress your friends and family when you tell them you spent the morning running a 5K, the usual length

of a Thanksgiving Day run. There are [dozens of races](#) happening in cities near you, many of which donate their proceeds to charity. Use this opportunity to strike up a conversation with your fellow runners and make new acquaintances.



Photo by Priscilla Du Preez on Unsplash

Try a New Recipe

Of course, we love the tried-and-true holiday foods like mashed potatoes and pumpkin pie, but why not branch out by making something new? There's a [whole world of recipes](#) out there for you to discover. Make a dish you've never made before and you just might find something delicious to add to your repertoire. Better yet, swap recipes with your neighbors. You may find that a conversation about the holidays naturally segues into an opportunity for outreach.



Invite a Guest

Instead of finishing November by eating turkey sandwiches for a week straight, spread the leftover love by adding new friends to the party. The holidays can be a lonely time for people who are away from family, so if you know a college student or a neighbor who lives alone, call them up and ask them to join you. Take the time to get to know them and share some Thanksgiving stories and memories. And, of course, send them home with a Tupperware full of your Thanksgiving leftovers!

Whatever you decide to do this year, we wish you a day filled with family and fun. Happy Thanksgiving!