

## WFWP UK's Leadership of the Heart Programme Presenter Training

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On Saturday, 12th December 2020, WFWP UK held an online presenter training seminar for the Leadership of the Heart educational programme (a flagship education tool created by WFWP USA).

The training was led by Mrs. Angelika Selle, President of WFWP USA, and moderated by Mrs. Katarina Connery, Vice-President of WFWP USA and a young wife and mother. There was an attendance of about 20 ladies, all from the UK with the exception of Mrs. Selle and Mrs. Connery.

Starting at 2pm, the training was held as a series of 1 hour sessions with a 45 min break between each session.

The three main topics covered from the Leadership of the Heart programme were: Spirituality, Self Worth and Emotional Maturity. This programme is very much based on the principles set out by the Co-Founder of WFWP, Dr. Hak ja Han Moon.

It proved to be an incredibly spirit-filled, lively and joyful experience, with lots of guidance on being a leader of the heart ourselves first, and with lots of time for everyone to interact with each other and to try to put the programme into practice. Each one of us benefited from some very deep guidance from our two USA moderators.

There were also breakout room sessions, usually in small groups of 4 or 5 people, or pairs, and there was discussion and role-play, all in a very bright and encouraging spirit - all to prepare us to inherit and present the material in the UK.

By the end of the day, everyone felt spiritually enriched and empowered with a more enlightened way of reaching out to others and taking responsibility in embodying and teaching these principles.

It is the wish of WFWP UK to continue with this programme in the year ahead, but first to offer more presenter training and reach a wider audience.

Everyone felt very uplifted and grateful to Mrs. Selle and Mrs. Connery for their time and investment in sharing this valuable programme with those of us in the UK. A big thank you to them and all involved.

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