

WFWP Iceland: Mastering the Art of Loving & Our Creativity and Expressing it

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WFWP Iceland - Two Events - Lecture: "Mastering the Art of Loving" and Painting Course: "Learning About Ourselves, Our Creativity and How to Express it"

9th and 14th March 2026



1) We continued lecturing from the WFWP and Europe and Middle East Peace curriculum.

This time we used Modul 2a with the title "Mastering the Art of Loving", modified it to a 40-60 minute presentation, simplified the English language and formed the text in easy to read and easy to follow text boxes of the PowerPoint.

In this way our audience with different language backgrounds could easily follow the presentation by reading.

Our focus was to reach out for younger and elder as well as men and women, so that the content would speak to them all.

With 50 slides we could show the many aspects of love and how to learn and apply it for a better attitude, communication and improved relationships.

The audience was delighted and inspired by learning about the different aspects and values of love. Getting into a deeper awareness, aiming for progress by practice, and looking forward to mastering a life with true love.

The content of the lecture is written in a positive and encouraging way, reflecting the loving heart of parents.



2) Painting course: in 2026 we held 2 painting sessions in January and March.

In both meetings we could receive new beginners and work now in 2 groups. One for beginners and one for advanced students.

The teacher gave us basic instructions on the theme and technique, and further challenged our creativity and skills to put it in paint and on paper.

Through this, everybody could discover their ideas, and create personal works of art according to his/her unique character. Furthermore, it created a new level of community spirit, with a lot of fun and sharing together.

Now our capacity of 12-14 people per session is reached. Most of them decided to stay with this course and possibly other activities as well.

Signing up with WFWP membership will result in a reduced participation fee by paying the yearly membership and also receiving information about WFWP activities regularly.

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