

## How our physical mind (brain) mislead us? Questions And Answers

Yulian Marianov

March 14, 2011



Physical Mind and Spiritual Mind are in constant give and take. But the whole difference after the fall is, that physical mind does not follow the spiritual mind command; It stands in command; It questions whatever spiritual mind says; It opposes it; It fights vigorously with it.

### Question

**Evgeniya:** I don't understand about brain - you explain it as a part of the Physical mind? Then what about intellect, emotions and will - they are part of our spirit. Or this intellect differs from that of the brain?

### Answer

**Yuliuts:** Good question! So how do you understand it? Can the physical mind think and feel without the spiritual mind? Can animals think and feel and how much?

**Evgeniya:** Yes i think animals can think and feel. I can see it in the home cat, staying with us for some time. But of course they can't think and feel like humans. They don't have such a developed intellect

**Yuliuts:** Can the physical mind catch the thoughts and feelings of the spiritual mind?

**Evgeniya:** It can follow its commands i think

**Yuliuts:** No, Physical Mind and Spiritual Mind are in constant give and take. But the whole difference after the fall is, that physical mind does not follow the spiritual mind command.

It stands in command

It questions whatever spiritual mind says

It opposes it

It fights vigorously with it

But as it is limited in understanding... so it catches information from the spiritual mind, but is misinterpreting it in external, humanistic, self-centered, wrong way.

For example if you meet a new person and suddenly feel incredible love, the spirit mind may know that you're sensing the love of his ancestors who want to tell you how precious he is. Probably they want you to witness to him.

But your physical mind does not know that, so it concludes that you're madly in love and starts rationalizing and exaggerating that wrong direction. At the end physical mind will lead you to sin

and finally to Hell.

As you see, physical mind constantly catches information, thoughts and feelings from the spiritual mind, but is misinterpreting them.

**Evgeniya:** true, the question is how to not to be misled by it

**Yuliuts:** Physical mind has no choice but to mislead you, because it can never see the spiritual viewpoint - God's viewpoint. But once your spirit mind develops and stands on top, that will be impossible, because spiritual mind always knows where and why the information comes from. Spiritual Mind, on the other side, never misinterprets things. It always leads you to feel and act according to God's will.

That's why I explained previously how the physical mind being a subject is the root the 4 fallen natures and the Humanistic culture. But that affects even Blessed families. Many of them are also dominated by their physical minds. For this reason some of the vicious games observed in Hell are observed also in Blessed Families that didn't develop their spiritual mind.

**Evgeniya:** I see clearly now how my physical mind have misinterpreted... and ph.mind always finishes with self-centered love. I can see that when sp.mind is on top, a person has selfless attitude, but how to develop our spiritual minds?

**Yuliuts:** You can never pray and meditate correctly ignorant of the truth. Don't forget growth comes gradually... not at once - a baby looks the same size day to day, but in one year the difference is big. Yet, to grow one has to eat every day. Spiritually we need vitality elements (good actions) and life elements (reading and prayer) every day. That's our food to grow.