

The Sacrifice - What and Why?

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When Rev. Sun Myung Moon - our True Father - spoke of sacrifice, he was not speaking of misery, loss, or endurance for its own sake. He was speaking of *love*. Love so deep, so pure, so selfless that it forgets itself entirely for the sake of others. Give, give, forget you gave and give again.

To Father, sacrifice was not a grim duty but a holy offering - a way of returning everything to God with a grateful heart. He taught that when we give our time, our energy, our heart, even our most cherished dreams, we are not losing them. We are offering them back to their true Owner. "Return ownership to Heaven," Father would say. To sacrifice is to say with our lives, "*Heavenly Father, this life is Yours.*"

Each act of giving - each moment we surrender comfort, pride, or desire - opens a pathway to love more deeply. Father called us to become *living sacrifices* - people who live to give. In that way what we do - our thoughts, words, service, and perseverance, our lives become our prayers.

While True Father revealed the **what** of sacrifice - the tangible actions that restore Heaven's ownership - True Mother unveils the **why**. She does not alter Father's truth; she deepens it.

Mother leads us inward, to the sacred place of motivation. She asks us to examine *the heart with which we give*. For her, sacrifice is not something we *do* - it is something we *become*. It is not an external act alone, but an inner transformation of who we are.

She reminds us that the truest offering is not made with a heavy heart out of duty or reluctant obedience. True sacrifice, she teaches, is done with *joy* - a joy born from love, a joy that reflects God's own heart.

In this way, every act of giving begins to shine with new light. Each challenge transforms into an opportunity to love more deeply. When we give with joy and gratitude - freely and without hesitation - our sacrifice is no longer a burden but a blessing. It uplifts us, reshaping our hearts and lives.

True Parents have taught us this path: to sacrifice for the sake of humanity, not as victims weighed down by loss, but as victors who find joy and purpose through love in action.