

UPF Utah Hosts United Nation's International Day of Families Event

Wendy Stovall
May 15, 2016



Salt Lake City, UT – Families arrived in Sugarhouse Park, Salt Lake City on Sunday, May 15 to celebrate the United Nation's International Day of Families and were happy that the rain had stopped, as most had driven through torrential rain on their way to the park.

Wendy Stovall, Executive Director of the Universal Peace Federation (UPF) in Utah warmly welcomed all the guests and thanked them for coming out for a picnic in the park despite the weather. She went on to explain the significance and theme of the U.N. International Day of Families. Stovall also explained the five core values of UPF with the most emphasis on the Family, saying that the Family is the fundamental unit for building peaceful nations and ultimately a peaceful world. She continued saying that it is in our family where we develop four realms of heart, through a child's love, sibling's love, love for a spouse and parental love. It is through these relationships that we can learn how to relate to others outside our families and expand it to our communities. Stovall ended by saying that the goal for the day was to help strengthen our families and that we could do this by rededicating our marriages and invited those who were interested in doing so to speak with her.



Following the talk an icebreaker was held in which everyone was asked to gather at specific tables according to their Chinese astrological sign. Each of the groups was asked to come up to introduce themselves as well as something that we may not know about them. By this time we had about 25 participants.

Having broken the ice as it were, we enjoyed a delicious pot lunch and spent time chatting with each other. After lunch the children and some adults had fun playing Frisbee, soccer and other ball games, including an egg (ball) and spoon race for the younger children.

