

## WFWP Oceania and SE Asia: Online Life Skills for a Purpose-Driven Life

Anne Bellavance  
November 27, 2024

Seminar 4 Theme: How Can Family Violence be Stopped?  
Online: Unlock Lasting Happiness: Life Skills for a Purpose-Driven Life?



The "Way2Happiness" seminar series offers holistic life education, focusing on wellbeing, nurturing good character, and global citizenship.

Centred on universal values of love and responsibility, the program promotes "living for others" as a path to happiness.

Participants gain practical tools for personal

**Saturday**

**December**

**7**

growth through engaging discussions and shared insights.

Find out more below, or contact us.

Seminar 4 Program [here](#)

Background Document [here](#)

Video [here](#)

Seminar Series Dates [here](#)

**10 - 12pm**

**AEDT**

**Online**

**Free**

**REGISTER**  
**to get the**  
**Online LINK**



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#### **Our mailing address is:**

42-46 Bartley Road, Belgrave Heights, Vic. 3160, Australia

**Regional Chapters:** Australia, New Zealand, Solomon Islands, Vanuatu, Fiji, Samoa, PNG  
Philippines, Malaysia



# Way2Happiness & Peacebuilding seminar 4\_2024



Get tickets



Fri, 6 Dec, 4pm - 6pm MST  
[Add to calendar](#)



Online Event



UPF | WFWP  
 30 followers · [Contact host](#)

## Event description

### Seminar 4 Theme: How Can Family Violence be Stopped?

The interactive seminar series, developed by the Women's Federation for World Peace (WFWP) and the Universal Peace Federation (UPF), is based on Dr. John Bellavance's research on the 12 Pillars of Meaning and Connection. This program offers a holistic approach to life education, designed to foster personal growth, positive relationships, and responsible global citizenship.

Grounded in the teachings of Rev. Dr. Sun Myung Moon and Dr. Hak Ja Han Moon, and enriched by moral and developmental psychology, Social and Emotional Learning (SEL), moral philosophy, and spiritual texts, the series promotes universal values that lead to a happy and fulfilling life.

Join our community and embrace the journey to lasting happiness!

POWERED BY



Tickets for good, not greed

Humanitix dedicates 100% of profits from booking fees to charity

## Online Event

This Online event is held via TEAMS. The access link will be delivered via email with your registration confirmation email.

## Refund policy

Refunds are available up to 1 day prior to the event

## Host



**UPF | WFWP**

30 followers

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A partnership between the Universal Peace Federation (UPF) and the Women's Federation for World Peace Australia (WFWP)

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**WOMEN'S FEDERATION  
FOR WORLD PEACE AUSTRALIA**

## **Way2Happiness & Peace Building Seminar Series**

### **Seminar 4: How Can Family Violence be Stopped?**

The interactive seminar series "Way2Happiness" offers a holistic approach to life education, aiming to foster individuals as good people, promote quality education, and cultivate responsible global citizens. Grounded in universal values such as consciousness, responsibility, and yes, love, the program advocates the philosophy of "living for the sake of others" as the key solution for achieving happiness and fulfilment in life. By joining the "Way2Happiness" community, participants engage in meaningful discussions, exchange insights, and acquire practical tools for personal development and positive social change.

Here's what you can expect from the "Way2Happiness" program:

**Holistic Life Education:** The program provides a comprehensive approach to personal development and fostering healthy families encompassing various aspects of life such as mental, emotional, and social well-being.

**Universal Values:** "Way2Happiness" is built on universal values that transcend cultural and geographical boundaries. Participants are encouraged to embrace these values as guiding principles for leading purposeful and fulfilling lives.

**Community Engagement:** The program fosters a sense of community and belonging, encouraging individuals to connect in their journey towards happiness and personal growth.

**Philosophy of Living for Others:** Central to the program is the philosophy of "living for the sake of others," emphasizing the importance of altruism, empathy, and compassion in enhancing individual well-being and promoting social harmony.

**Saturday 7 December, 10:00 - 12:00 pm**

**[Register Here](#)**

**Online Event**

<p><b>10:00 – 10:05</b></p>	<p><b>MC Welcoming Remarks</b></p> <div data-bbox="368 282 657 555">  </div> <p><b>Master of Ceremony – Rev Dr. Nelson Pervaz</b></p>
<p><b>10:05 – 10:20</b> (15 minutes)</p> <p><b>10:20 – 10:25</b> (5 minutes)</p>	<p><b>Topic: Mothers Can Change the Destiny of their Children's Life</b></p> <div data-bbox="368 663 657 1003">  </div> <p><b>Presenter: Tessa Jetson</b></p> <p>Tessa has helped thousands of people overcome limited beliefs, negative mindsets and procrastination to live their dreams.</p> <p>Tessa began her entrepreneurial journey early, launching into acting and modelling at 18, followed by running her own aerobics classes at 19. By 21, she owned a restaurant and bought her first home at 23. Despite her early success, she faced a major setback at 26, finding herself in a women's refuge with nothing but her three young children. They became her inspiration to rebuild, driven by her commitment to provide a stable life and achieve financial independence. Today, Tessa is the founder and CEO of the Tessa Jetson Foundation and the <i>Restart Your Life</i> program, empowering others to create lasting change.</p> <p><b>Q&amp;A</b></p>
<p><b>10:25 – 10:40</b> (15 minutes)</p> <p><b>10:40 – 10:45</b> (5 minutes)</p>	<p><b>Topic: The Foundations of a Good Marriage</b></p> <div data-bbox="368 1514 609 1809">  </div> <p><b>Presenter:</b> Dr John Bellavance is the Oceania Coordinator for the International Association of Academicians for Peace, and Vice-President of the Universal Peace Federation Australia.</p> <ul style="list-style-type: none"> <li>• Love - Treat your spouse like royalty</li> <li>• Be committed to the relationship and manage yourselves well</li> <li>• Know your spouse and support their aspirations</li> <li>• Gender equitable beliefs and behaviours</li> </ul> <p><b>Q&amp;A</b></p>

<p><b>10:45 – 11:00</b> (15 minutes)</p> <p><b>11:00 – 11:05</b> (5 minutes)</p>	<p><b>Topic: Sexual Ethics and its Influence on Attitudes Towards Women</b></p>  <p><b>Presenter:</b> Dr John Bellavance</p> <p><b>In this presentation:</b></p> <ul style="list-style-type: none"> <li>• The Negative Influences of Popular Culture on Male and Female Relationships</li> <li>• Fostering Sexual Ethics and Healthy Sexual Development</li> <li>• Risky Sexual Behaviours</li> </ul> <p><b>Q&amp;A</b></p>
<p><b>11:05 – 11:20</b> (15 minutes)</p> <p><b>11:20 – 11:25</b> (5 minutes)</p>	<p><b>Topic: SELF LOVE ENDS FAMILY VIOLENCE</b></p> <p><b>Presenter: Miranda Wills - Transformational Coach   Mindful Leader   Compass Visionary Leader</b></p>  <p>Certified by the Global Coaching Institute and trained in mindful leadership at Melbourne Business School, Miranda Wills is committed to empowering visionaries and changemakers to reach their highest potential for a peaceful, loving world. Specializing in heart-led leadership and trust-building, she draws on both professional expertise and a personal journey of resilience and inner peace following family violence.</p> <p><b>In this presentation:</b> "Self-Love Ends Family Violence" explores how self-love transforms family dynamics, promoting safety, respect, and compassion. By healing old wounds, embracing self-compassion, and recognizing our inherent worth, we break conflict patterns. Moving beyond limiting beliefs, we reconnect with a loving nature that shapes our reality, empowering intentional, peaceful interactions. With this approach, self-love not only heals but fosters environments where love, peace, and understanding can thrive, breaking cycles of violence for good.</p> <p><b>Q&amp;A</b></p>
<p><b>11:25 – 11:35</b> (10 minutes)</p>	<p><b>Topic: Advocating for the Implementation of Clare’s Law Nationally</b></p>  <p><b>Presenter:</b> Anne Bellavance President, WFWP Australia   WFWPI Regional President for Oceania and S.E. Asia</p> <p><b>In this presentation:</b></p> <ul style="list-style-type: none"> <li>• What is Clare’s Law and who was Clare Wood?</li> <li>• Can Clare’s Law reduce domestic violence in Australia?</li> </ul>

<p><b>11:35 –11:40</b> (5 minutes)</p>	<ul style="list-style-type: none"> <li>• What does it mean to be a partner in the advocacy campaign to implement Clare’s Law federally?</li> </ul> <p><b>What do Partners do?</b></p> <ul style="list-style-type: none"> <li>• Share Clare’s Law Aust. Gov. Petition with your networks to build and spread the national campaign.</li> <li>• Advocacy Support: Join us in meetings with policymakers.</li> <li>• Awareness Campaigns: Help spread the word through your networks.</li> <li>• Resource Sharing: Provide resources for informational and lobbying effort.</li> <li>• Attend monthly meetings to prepare for the Nov.-Dec. petition launch.</li> </ul> <p><b>Q&amp;A</b></p>
<p><b>11:40 –11:55</b> (15 minutes)</p> <p><b>11:55 – 12:00</b> (5 minutes)</p>	<p><b>Topic: The Role of Faith in Women’s Lives in Creating Loving Families</b></p> <p><b>Presenter: Tendai Togara</b></p> <p>Tendai is a leadership development coach and consultant at Leading Impact Now, dedicated to fostering inclusive, equitable organisations.</p>  <p>She is also the founder of Found by Grace Ministries, empowering women to embrace their purpose and rise from victims to victors. Her vision centres on developing female leaders rooted in their God-given purpose.</p> <p><b>In this presentation:</b> Empowering women to discover their purpose and grow in wisdom is essential for healthy families and society, as women’s unique influence and nurturing impact extend across generations and communities.</p> <p><b>Q&amp;A</b></p>

**This seminar series is presented by:**



**Women’s Federation for World Peace (WFWP)** is an NGO in General Consultative Status with the Economic and Social Council of the United Nations. We adhere to the principle that women, working together, taking initiative, and empowering one another across traditional lines of race, culture, and religion to create healthy families, are resolving the complex problems of our societies and world - [www.wfwpaustralia.org](http://www.wfwpaustralia.org)





**Universal Peace Federation (UPF)** is an NGO in General Consultative Status with the Economic and Social Council of the United Nations. We support and promote the work of the United Nations and the achievement of the Millennium Development Goals - [www.upf.org](http://www.upf.org)



**The Family Federation for World Peace and Unification (FFWPU)** is comprised of families from around the world striving to establish a world of peace and unity among all peoples, races, and religions as envisioned by Rev. and Mrs. Sun Myung Moon and to embody the ideal of true love, which is to live for the sake of others. FFWPU champions three ideals: family, peace, and unification. <https://www.familyfedaustralia.org/>

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# My Notes

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# Way2Happiness and Peacebuilding Seminar Series

## 4 face-2-face programs annually

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## 2024 Way2Happiness & Peacebuilding Calendar

April	<p><b>‘Way2Happiness and Peace Building Series’</b>  <b>Seminar 1 Theme ~ Part 1: Managing Our Relationships &amp; Self-actualization.</b></p> <p>DATE: Sat. April 6<sup>th</sup>          TIME: 10 - 3pm</p> <p>VENUE: Mount Waverley Community Centre (Lounge Space)          47 Miller Crescent, Mount Waverley.</p>
May	<p><b>‘Way2Happiness and Peace Building Series’</b>  <b>Seminar 2 Theme ~ Interfaith Blessing: UN Day of Families</b></p> <p>DATE: Saturday May 4<sup>th</sup></p> <p>TIME: 10 – 3pm</p> <p>VENUE: Mount Waverley Community Centre (Lounge Space)          47 Miller Crescent, Mount Waverley.</p>
September	<p><b>‘Way2Happiness and Peace Building Series’</b>  <b>Seminar 3 Theme ~ UN International Day of Peace</b></p> <p>DATE: Saturday September 21<sup>st</sup></p> <p>TIME: 10 – 3:00pm</p> <p>VENUE: Mount Waverley Community Centre (Main Hall)          47 Miller Crescent, Mount Waverley</p>
October	<p><b>‘Way2Happiness and Peace Building Series’</b>  <b>Seminar 4 Theme ~ Part 2: Managing Our Relationships &amp; Self-actualization.</b></p> <p>DATE: Saturday October 5<sup>th</sup>          TIME: 10 – 3:00pm</p> <p>VENUE: Mount Waverley Community Centre (Lounge Space)          47 Miller Crescent, Mount Waverley</p>

## Hosted by:



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**As international NGOs, both UPF and WFWP** support the realisation of the 2030 UN Sustainable Development Goals, which encompass the six following elements:

- Dignity: to end poverty and fight inequality.
- People: to ensure healthy lives, knowledge and the inclusion of women and children.
- Prosperity: to grow a strong, inclusive, and transformative economy.
- Planet: to protect our ecosystems for all societies and our children.
- Justice: to promote safe and peaceful societies and strong institutions.
- Partnership: to catalyse global solidarity for sustainable development.

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